

# HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

Minutes of a meeting held Tuesday 18<sup>th</sup> April 2017 Committee Room 1, Kensington Town Hall, Hornton Street, W8 7NX

### Chair: Joy Beishon Minutes taken by: Gülten Fedayi

Attendance list attached

1	Welcome, Introductions and Apologies		
	Joy welcomed everyone to the forum and invited attendees to introduce		
	themselves and their organisations.		
	Apologies: Jamie Renton, ADKC, Sylvia Nissim and Olivia Leu, KCSC.		
2	Minutes of meeting held 24 <sup>th</sup> January 2017 and matters arising		
	Minutes were agreed as a true record and there were no matters arising.		
3	3 Complex Needs JSNA, Jonny Pearson-Stuttard and Colin Brodie, Public Hea		
	A presentation was given on the JSNA in regards to Special Educational Needs and Disability [SEND].		
	The SEND JSNA shows that there is:		
	<ul> <li>Inequity in services such as speech &amp; language therapy</li> </ul>		
	<ul> <li>A lack of pre-school provision for children with learning</li> </ul>		
	disabilities before they can be placed in a special school		
	A lack of pre-school support for children with autism in		
	Hammersmith and Fulham and Westminster		
	A risk of children falling off a 'cliff edge' at transition stages		
	Public Health is keen to find out:		
	<ul> <li>What are the biggest issues/problems affecting health and care for people with special educational needs?</li> </ul>		
	<ul> <li>What local services (in education, health, councils, or charities) are you aware of for children and young people with SEN?</li> </ul>		
	<ul> <li>What are your experiences of using these services?</li> </ul>		
	What good practice locally do you know of?		

 What is the role of the third sector for children and young people with SEN?

More information can be found via the following link:

- \* www.jsna.info
- \* www.jsna.info/online

#### Or you can email:

Colin Brodie: <a href="mailto:cbrodie@westminster.gov.uk">cbrodie@westminster.gov.uk</a>

• Jonny Pearson-Stuttard : - jpstuttard@westminster.gov.uk

#### 4 Sustainability Transformation Plan update – Joy Beishon, KCSC

A presentation was given on the Voluntary Sector Transformation Programme which is a key investment plan to assist the Voluntary and Community Sector to develop capacity and competences in managing contracts.

The programme aims to:

- Underpin the work of the Self-Care Pilot for the CCG
- Support the third sector to build on work already undertaken around: Unit costing; Service Delivery; Maintain and improving quality services.
- Support the VCS in building resilience\_for the future and helping to
  ensure the long term sustainability of the sector in the ever changing
  funding landscape across health and social care and public health.
- Encourage new ways of working, particularly in relation to Whole
   System and integrated working
- Support high quality service design and delivery through innovation and potential expansion of services to match identified needs
- Target support to all health and well-being delivery organisations
- Promote leadership by VCS Health & Well-Being organisations in the development of responsive activities that meet patients' needs

A **Programme Board** has been set up to maintain a strategic oversight for the Programme which is chaired by the Senior Responsible Officer (SRO) for the Programme, the WLCCG Self-Care Commissioning Development Manager.

A designated **Steering Group** (key health and care staff, together with patient and voluntary sector representatives drawn from partners – 19 members) has also been established to support the Board in delivering the Transformation

Programme for 17/18 and ensuring progress against the key streams of work and agreed outcomes. Who will benefit? Elements of the programme will be open to the wider Health & Well-Being VCS, whilst specific targeted development will be made available to existing Self Care Providers. What will we do? 1. Infrastructure development: Provide infrastructure support to assist the development of compliance conditions to ensure the VCS is contract-ready e.g. Information Governance – level 2; understanding commissioning and the associated requirements to demonstrate competence and capabilities to deliver against NHS contracts. 2. Organisational strategic development support - including staff development and leadership; identifying skills support through training, peer support and leadership programmes. 3. **Service Quality** – outcomes based commissioning and designing services around outcomes, quality standards relevant to service area For more information please contact Olivia Leu, Transformation Programme Manager, KCSC. Telephone: 020 7243 9898 or Email: olivia@kcsc.org.uk 5 **Health policy review** – Joy Beishon, KCSC (Deferred to next meeting) 6 Emotional Wellbeing Partnership for BME communities – Nafsika Thalassis, BME Health Forum Nafsika Thalassis gave a presentation of the project which is attached. 7. Know Your Health project- Dega Salad, Hear Women Dega Salad gave a presentation of the project which is attached. Attendance and feedback from other forums including: 8. 1 Borough Voluntary Organisations Advisory Group (BVAOG) 2 Main Voluntary Organisations Forum **Health & Wellbeing Board** Age UK gave a presentation at the last meeting on the work of the Dementia Action Alliance [DAA] and the small number of partners involved in RBKC. DAA is seeking support from RBKC to improve dementia friendly services

across all sectors. DAA is encouraging VCS involvement. Generally the first step is to raise awareness.

#### WLCCG

**GP out- of- hours appointments:** Patients registered with a GP in the WLCCG areas can access a planned GP appointment in the evening and week-end. Appointments are offered via two hubs: St. Charles and Violet Melchett. At the moment the sessions are not being fully utilised, especially in the south of the borough.

There is a push to encourage patients to use GP appointments via the hubs rather than the A&E services which are overly stretched for a planned GP appointment. This service is being advertised via the GP websites and Community Champions, and patients can request an evening or weekend appointment via their GP reception.

**Self-Care Providers – My Care, My Way**: Training opportunities e.g. Breathing Techniques are being rolled out and the CCG will be sending out information on how to access the training in due course via the HWB-VOF.

Yoga – pilot service: If any organisation has capacity to host a weekly yoga session then please contact Kalwant Sahota, CCG via email: <a href="mailto:kalwant.sahota@nw.london.nhs.uk">kalwant.sahota@nw.london.nhs.uk</a>. The yoga programme is currently under construction. The aim is to measure the use of yoga in the NHS to support patients with long term conditions and promote self-management and confidence for individuals around their wellbeing needs.

**Healthwatch**: *Mental Health Awareness Event* – 12.30pm-4pm, 26<sup>th</sup> April 2017, at The Tabernacle. Speakers, breakout sessions, share experiences, Q&A session, networking etc.

Signposting Event -11/4/17: Questionnaires about people's experience of accessing services, where to go for help and information, how they prefer to receive information etc. High percentage reported that face-to-face and online being most favoured methods for communication. The speaker from POWER [an advocate agency] reported gaps in provision in relation to self-care and advocacy support.

#### 9 Agenda items for next meeting:

- 1. Updates on the Transformation Programme [KCSC]
- 2. **Dementia Action Alliance** presentation on the promotion of social action in to improve services and policies through collaborative and partnership approaches [AUK]
- 3. Care homes for elderly residents in RBKC raising the standards in response to the recent reports that 50% of care homes in RBKC have

	been rated as 'inadequate' in recent CQC inspections [RBKC & KS-WLCCG]  4. Health Policy Review [KCSC]  5. Maternity Community Champion  6. Report back from HWB [NT-BME Forum]  7. Report back from AS – CEO, KCSC on VOG, BVAOG, JSNA Steering Group, H&WB Board	
10	Any other business: None	
11	1 Date of next meeting:  11 <sup>th</sup> July 2017 10am-12.30pm  Location: Committee Room 1  Kensington Town Hall, Hornton Street London W8 7NX	

## **ATTENDANCE LIST**

	Name	Organisation
1	Anna Porta	Westway CT
2	Bonnie Studd	Healthwatch Central West London
3	Carrie Hirst	Volunteer Centre Kensington & Chelsea
4	Colin Brodie	Public Health
5	Deqa Salad	Hear Women
6	Derek Neale	Thrive Tribe
7	Emily Engel	Citizens Advice Kensington and Chelsea
8	Emily Mailes	Turning Point
9	Gabriela Soltysik	Carers Kensington & Chelsea
10	Gladys Jusu-Sheriff	WAND UK
11	Gulten Fedayi	Kensington & Chelsea Social Council
12	Hannah Starr	The ClementJames Centre
13	Heidi Riedel	Woman's Trust
14	Iqtadar Hasnain	Open Age
15	Jenny Greenfield	Octavia Foundation
16	Jonny Pearson-Stuttard	Public Health
17	Joy Beishon	Kensington & Chelsea Social Council
18	Kalwant Sahota	West London Clinical Commissioning Group
19	Kathe Jacob	Age UK Kensington & Chelsea
20	Laura Radley	Kensington and Chelsea Forum for Older Residents
21	Linda Thomas	NHS Kensington & Chelsea
22	Lucy Warren	Westminster Arts
23	Muskaan Khurana	Mother Tongue Counselling Service

24	Nafsika Thalassis	The Health Forum
25	Ray Johannsen-Chapman	NWLCCG
26	Sam Aldridge	West London Clinical Commissioning Group
27	Stephen Duckworth	Notting Hill Methodist Church
28	Vittoria De Meo	The Advocacy Project