



HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

Minutes of a meeting held Tuesday 24 January 2017
Committee Room 1, Kensington Town Hall, Hornton Street, W8 7NX

Chair: Joy Beishon

Minutes taken by: Sylvia Nissim

Attendance list attached

1	Welcome, Introductions and Apologies	ACTION
	Joy welcomed everyone to the forum and invited attendees to introduce themselves and their organisations. Apologies: Isabella Niven, ACAVA, Mary Godwin, Healthier Homes and Olivia Leu, KCSC.	
2	Minutes of meeting held 18 October 2016 and matters arising	
	Minutes were agreed as a true record except for the fact that Jamie Renton was present. Action points from previous meeting: feedback from consultation for the H&W strategy collected at the meeting to be passed on. This was done by Angela on the day as the deadline was the 18 th .	
3	Healthier Homes – Justine Dornan, Royal Borough of Kensington and Chelsea London Borough of Hammersmith and Fulham	
	<p>A presentation was given on the Healthier Homes project run by bi-borough environmental health.</p> <ul style="list-style-type: none"> • Aim of the project is to reduce GP visits resulting from cold homes and fuel poverty. • Fuel poverty in RBKC at 14.3% is highest in London, which has a mean of 10.6%. • An estimated 2.2 million children in the UK live in Fuel poverty. • In RBKC, 11,274 people are at risk of fuel poverty. It is one of the contributory causes of winter deaths through respiratory disease. • The project provides emergency heating when heating systems break down, it provides grants to install or upgrade heating, it offers fuel debt advice, and works with advice agencies to inform residents on what support is available. • A warmth fund is available to over 60s and to the over 55s for residents living with disabilities. The warmth fund is advertised through various advice agencies. • For more information on the project in K&C email Justine at healthierhomes@rbkc.gov.uk or call 0808 202 6204 or for Westminster email Sue Beaghan sbeaghan@westminster.gov.uk 	
4	Community Mental Health Care Consultation results and discussion – Joy Beishon, KCSC	

	<p>A presentation was given on the Community Mental Health Consultation results.</p> <ul style="list-style-type: none"> • Each year the Care Quality Commission (CQC)– the health and social care regulator collects information from people who use adult community mental health services. Out of the 58 providers surveyed, 4 scored significantly lower than other providers for community mental health including the West London Mental Health Trust (WLMHT). • West London underperformed in two key areas – communication and giving support to access additional services and advice. Service users did not feel their views and opinions were being listened to or that they had been actively engaged in their care. In addition, for those with a physical as well as a mental health concern, there was a lack of support in accessing other services and a lack of support given to find financial advice or benefits. • CQC has been in contact with WLMHT asking it to reflect on the results and to come up with an action plan to address weaknesses. <p>A discussion followed on those results and how they fit with the groups experience as well as what the room would like the Social Council to feedback to the WLMHT to improve the services they offer.</p> <p>Feedback from the room was that this was not a surprise and that they could see an increase in people with mental health needs accessing their services. The room agreed that a more holistic approach and less pill pushing was needed and for the groups to work together to support those service users with multiple and community based options.</p> <p>A small number of groups indicated a desire to be part of a group, led by KCSC, to create a response to WLMHT. Joy will be in contact with these groups to take this work forward (joy@KCSC.org.uk).</p> <p>Healthwatch will plan an event for service providers to discuss more partnership work on mental health and will let the VOF know about it when date and agenda available.</p>	
5	<p>Health Transformation project– Kalwant Sahota WLCCG</p> <p>A presentation was given on the new Health Transformation project run by the Social Council.</p> <ul style="list-style-type: none"> • The project is part of a larger programme of work to help prepare for changes in the NHS. • 3 leading documents setting out the journey are the Sustainability& Transformation Plan (STP), the Accountability Care Partnership (ACP) and the Five Year Forward View (FYFV). • The CCG is conscious of the important role the third sector has to provide in meeting health needs and supporting people to take more control over their health and is keen to support it to prepare for changes in how the NHS operates and delivers services. • As part of this, the next steps are to continue to develop a robust voluntary sector infrastructure, mobilise and enhance the skill set of voluntary and community groups. 	

	<ul style="list-style-type: none"> • A steering group has been set up. This is composed of representatives from a number of local voluntary organisations, WLCCG, Adult Social Care, Public Health and a patient representative. • The steering group took part in a moderated workshop which resulted in a number of key themes for further development: <ul style="list-style-type: none"> ○ leadership and governance ○ organisational culture/capacity ○ financial/risk management ○ information/data management ○ impact/evaluation • For more information, contact Olivia Leu olivia@kcsc.org.uk 	
6	<p>Door to door transport solutions– Richard Yeatman, Westway Community Transport</p> <p>A presentation was given on the Door to Door transport solutions. Westway CT provide:</p> <ul style="list-style-type: none"> • Community Car Scheme, available to residents of RBKC and Westminster, provided by volunteers. • Mobility Scooters, available for FREE to residents of RBKC and Westminster. Mobility scooters can be collected either at 240 Acklam road or from a location in Holland Park. • Shopper Service, available to residents of RBKC and Westminster and delivered in a fully accessible minibus. • More information: Richard Yeatman, T: 020 8964 4928, RichardYeatman@westwayct.org.uk 	
7	<p>Sing to live, live to sing presentation and taster- Jennifer Wood, Royal Borough of Kensington and Chelsea</p> <ul style="list-style-type: none"> • Sing to Live, Live to Sing is a singing for health programme in Kensington and Chelsea, initiated by the Council's Arts Service • Singing can help to improve breathing, relieve stress, develop core muscles and improve posture, as well as boosting confidence, encouraging a feeling of belonging, and improving overall mood? 90% of participants said they had improved their health as a result of joining the group. • Workshops are normally free, and open to all residents aged 18 years and over. No previous singing experience is necessary. • Groups available at Venture Centre, Chelsea Theatre, Dalgarno Community Centre, Latymer Community Church, Response Community Projects and St Cuthbert's Church • More information on www.rbkc.gov.uk/singtolive or at arts@rbkc.gov.uk 	
9	<p>Attendance and feedback from other forums</p> <ol style="list-style-type: none"> 1. Borough Voluntary Organisations Advisory Group (BVOAG) Elections results for the Board were presented at the Main VOF in December and the Health representatives are Karimah Bint Dawoud and Helen Leech. 2. Main Voluntary Organisations Forum 	

	<p>The Main VOF on Thursday 8 December saw the election results for the BVOAG as well as the elections for the Health & Wellbeing Board: Nafsika Thalassis was elected.</p> <p>3 Health & Wellbeing Board</p> <p>The Board met in January and discussed the Young Adult JSNA as well as the STP and GP practices profile.</p> <p>3. Joint Strategic Needs Assessment (JSNA) Steering Group</p> <p>The JSNA steering Group now developing a young people's JSNA.</p> <p>4. WLCCG VCS Stakeholders Group</p> <p>The Stakeholders Group is still on hold but now that the new strategic health lead has started (Joy) this should start again.</p> <p>5. WLCCG</p> <p>My Care, My Way event on the 31 January and a new Patient Public Engagement commissioner started on the 23 January. Her name is Sam Aldridge and she will be joining the forum of behalf of the CCG.</p> <p>4 Healthwatch</p> <p>Bonnie is the new Engagement and Volunteer Coordinator for Healthwatch and her details are as follow: 020 8968 7049, bonnie.studd@healthwatchcentralwestlondon.org</p>	
9	<p>Any other business:</p> <ul style="list-style-type: none"> • Stephen Duckworth mentioned a good reality TV series on BBC2 called 'Hospital', featuring St Mary's hospital. • The Volunteer Centre K&C are having a 'Take Time to Talk' event on mental health for providers and charities on the Thu 2 February at 4pm at Latymer Community Church. • ADKC is running a Disabled People's Question Time on 23rd Feb 2017 at Latymer Community Church <p>Date of next meeting 18 April 2017</p>	

ATTENDANCE LIST

	Name	Organisation	Email
1	Jonathan Bell	Kensington & Chelsea Mind	jonathanbell26@hotmail.co.uk
2	Karimah Bint Dawoud	Karimah's Cuisina	karimahscuisinaa@gmail.com
3	Zohra Davis	Al-Hasaniya Moroccan Women's Centre	zohra@al-hasaniya.org.uk
4	Justine Dornan	Healthier Homes	justine.dornan@rbkc.gov.uk
5	Stephen Duckworth	Notting Hill Methodist Church	stephenduckworth@btinternet.com
6	Esma Dukali	Royal Borough of Kensington and Chelsea	esma.dukali@lbhf.gov.uk
7	Aysha Esakji	London Borough of Hammersmith & Fulham	aysha.esakji@lbhf.gov.uk
8	Jane Ferguson	West London Action for Children	team@wlac.org.uk
9	Justin Gaffney	MSH Health & Wellbeing CIC (MSH@Home Division)	justin.gaffney@mhw-cic.org.uk
10	Maria Carmen Garrido Montoya	Healthwatch Central West London	mcgmontoya@talktalk.net
11	Bez Haile	Dalgarno Trust	bez@dalgarnotrust.org.uk
12	Iqtadar Hasnain	Open Age	ihasnain@openage.org.uk
13	Muskaan Khurana	Mother Tongue Counselling Service	mkhurana@wwmind.org.uk
14	Derek Neale	Thrive Tribe	derek.neale@thrivetribe.org.uk
15	Anna Porta	Westway CT	annaporta@westwayct.org.uk
16	Laura Radley	Kensington and Chelsea Forum for Older Residents	alfradley@btinternet.com
17	Jamie Renton	Action Disability Kensington & Chelsea	chiefexecutive@adkc.org.uk
18	Kalwant Sahota	West London Clinical Commissioning Group	kalwant.sahota@nw.london.nhs.uk
19	Robin Snook	Dalgarno Trust	robin@dalgarnotrust.org.uk
20	Gabriela Soltysik	Carers Kensington & Chelsea	kandc@carersuk.org
21	Helen Stokes	Help Counselling Centre	info@helpcounsellingcentre.com
22	Bonnie Studd	Healthwatch Central West London	bonniestudd@healthwatchcentralwestlondon.org
23	Nafsika Thalassis	The Health Forum	nafsika.thalassis@bmehf.org.uk
24	Valeria Villa	Volunteer Centre Kensington & Chelsea	valeria.villa@vckc.org.uk
25	Pete Westmore	Public Health	pwestmore@westminster.gov.uk
26	Jennifer Wood	Royal Borough of Kensington and Chelsea	arts@rbkc.gov.uk
27	Richard Yeatman	Westway CT	richardyeatman@westwayct.org.uk