



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Support and recognition for promoting employee wellbeing

LONDON HEALTHY WORKPLACE CHARTER

Anna Brown

Healthy workplace business advisor



You already know...



2 in 3 adults are either overweight or obese



1 in 6 workers is dealing with a mental health problem



1 in 4 adults are physically inactive



An average London firm of 250 employees loses around £250,000 a year due to ill health calculated by sickness absence.
- *GLA Economics report, 2012*



Physically active workers take 27% fewer sick days than their non-physically active counterparts
- *NICE, 2012*

Reap the benefits of promoting employee wellbeing...

The business benefits of having healthy, fit and committed staff are now well recognised by employers:

- improved productivity
- fewer accidents
- lower absence rates
- staff who are engaged and committed to the business
- fitter employees as they grow older

...and gain recognition for it



What is the LONDON HEALTHY WORKPLACE CHARTER?

1. a structured framework for action / self-assessment tool
2. an accreditation scheme



*all about employee health & wellbeing
and being recognised as a great place to work*
FREE of CHARGE

What does the LONDON HEALTHY WORKPLACE CHARTER cover?

A free **framework for action** and **accreditation** scheme, covering:

- corporate support for wellbeing
- attendance management
- health and safety requirements
- mental health and wellbeing
- tobacco
- physical activity
- healthy eating
- problematic use of alcohol and other substances



Three levels: Commitment (*online application*)

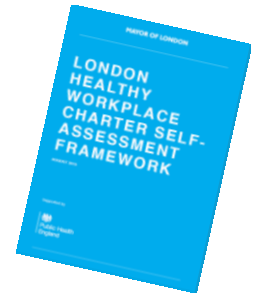
Achievement; Excellence (*portfolio & verification day*)

WHAT ARE THE BENEFITS?

- *A clear, established, good practice **framework** endorsed by*



Public Health
England



- *Get the **best** out of your workforce (higher productivity, higher engagement, lower sickness absence)*
- ***Stand out** with prestigious accreditation
3 accreditation levels: commitment / achievement / excellence*
- ***Free local support**, including...*



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WHAT LOCAL SUPPORT IS AVAILABLE?

- **Advice and signposting** as you review and develop all that you do to promote employee wellbeing
 - free of charge
- **Guidance** to ensure you attain your preferred accreditation level
 - free of charge



WHAT LOCAL SUPPORT IS AVAILABLE?

- **Heavily subsidised mental health & wellbeing training for line managers**

- *subsidised rate of £15pp for half day course*



- **Free employee health check packages (for up to 40 employees)**

- *charges only apply if appointments are missed*



You are invited to join the growing number of employers

Work towards **LONDON HEALTHY WORKPLACE CHARTER** accreditation



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Reap the benefits

Anna Brown

Healthy workplace business advisor

e: anna.brown@lbhf.gov.uk

t: 07584 389 249

www.rbkc.gov.uk/healthyworkplace | www.london.gov.uk/healthyworkplace

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Thank you for listening!

Questions very welcome.



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