



HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

**Minutes of a meeting held Tuesday 18 October 2016
Committee Room 2, Kensington Town Hall, Hornton Street, W8 7NX**

**Chair: Angela Spence
Minutes taken by: Sylvia Nissim**

Attendance list attached

1	Welcome, Introductions and Apologies	ACTION
	<p>Angela welcomed everyone to the forum and invited attendees to introduce themselves and their organisations.</p> <p>Apologies:</p>	
2	Minutes of meeting held 5 July 2016 and matters arising	
	<p>Minutes were agreed as a true record except for the fact that Healthwatch was present and represented by Maria Carmen.</p> <p>Action points from previous meeting: both consultations for the H&W strategy and the JSNA have been circulated. The H&W strategy consultation is on the agenda as the deadline is today.</p>	
3	Mental Health Research and CNWL: how you can help?	
	<p>Charlotte Green, CNWL NHS Foundation Trust and Ivan Moore service user and volunteer at K&C Mind and Healthwatch</p> <p>A presentation was given on the Mental Health Research done by the CNWL.</p> <ul style="list-style-type: none"> • importance of the involvement of people with lived experience and carers in all aspects of research • They can give invaluable advice to researchers based on their own lived experience • CNWL always looking for service users to comment or help as researchers • Researchers and volunteers, get to share their experience but also gain skills and meet people. Some researchers are also paid. • Contact Charlotte charlottegreen@nhs.net to be added to the mailing list of service users and carers receiving research opportunities <p>If anyone is interested in their service users getting involved, contact Charlotte at the above email.</p>	
4	Community Champions Programme	
	<p>Linda Thomas, Public Health (Westminster Council) and Carrie Hirst, Volunteer Centre K&C</p> <p>A presentation was given on Community Champions Programmes.</p> <ul style="list-style-type: none"> • Community champions projects running since 2012 with now 15 projects in the tri borough area. 	

	<ul style="list-style-type: none"> • Always linked to a specific area (housing estate or neighbourhood) • 2 new projects opened in April 2016 funded for 5 years in Golborne and Notting Dale • Community champions are all local volunteers, rooted in the community and trained extensively on all issues and signposting available locally. • Last year K&C had 50 champions and touched more than 3000 residents. • Community Champions Conference, 24 November, Kensington Town Hall • Contact Linda if you know of a potential community champion or want to register for the conference lthomas@westminster.gov.uk 	
5	<p>Health and Wellbeing Strategy – consultation Angela Spence, KCSC</p> <p>A presentation was given on the new Health and Wellbeing Strategy for 2016-21.</p> <ul style="list-style-type: none"> • Discussion on what could be missing in the strategy to be reported • Lack of feedback and retrospective analysis over the last strategy was highlighted • Support for the sexual health is being cut • Service user involvement and mental health first aiders needed • Need for better information sharing and referral system within the sector 	<p>KCSC to submit response to consultation by the end of this week – 21 Oct</p>
6	<p>Your workforce’s health & wellbeing: London Healthy Workplace Charter Anna Brown, Hammersmith and Fulham & RBKC</p> <p>A presentation was given on the London Healthy Workplace Charter.</p> <ul style="list-style-type: none"> • Healthier staff means a better ambiance at work and lower absence rate • For health charities it’s about doing what we preach • The workplace charter is a self-assessment accreditation scheme fully supported in K&C with free help and dedicated review and guidance • Contact Anna anna.brown@lbhf.gov.uk for information or to get started 	
7	<p>Disability Connect Simone Galloway, Action Disability Kensington and Chelsea (ADKC)</p> <ul style="list-style-type: none"> • Project run by ADKC for isolated local disabled people between 18 and 49. • Help with social services and transport to support increased participation and activity. • If you know of anybody this could help please contact Simone on 020 8960 8888 or disabilityconnect@adkc.org.uk • To find out more about the project online go to http://adkc.org.uk/projects-services/disability-connect-2/ 	
8	<p>Health Transformation project Lin Gillians, KCSC</p> <ul style="list-style-type: none"> • Sustainable Transformation Plans which will define how health and care services will be delivered over the next 10 years across North West London are being submitted to central government. • VCOs can and should play a key role in the delivery of the plan 	

	<ul style="list-style-type: none"> • VCOs are being asked to transform alongside statutory health and care services. • When asked what be needed to help their organisation transform some responses included training and development for staff, closer collaboration, better sharing of data and referrals, improved marketing of services. 	
9	<p>Attendance and feedback from other forums</p> <ol style="list-style-type: none"> 1. Borough Voluntary Organisations Advisory Group (BVOAG) Elections for the Board are now open. Anybody interested can have a colleague nominate them before the 18 November. The results will be presented at the next Main VOF. 2. Main Voluntary Organisations Forum The next Main VOF will take place on Thursday 8 December with a Christmas networking buffet for the sector. 3 Health & Wellbeing Board The Board also has a representative seat election coming with a deadline on 18 November. 3. Joint Strategic Needs Assessment (JSNA) Steering Group The JSNA steering Group now developing a young people’s JSNA. 4. WLCCG VCS Stakeholders Group The stakeholders Group is still on hold but KCSC is now recruiting a new manager to lead on this work. 5. WLCCG New branding for the Whole system over 65 project: The My Care My way campaign just started. Week-end and evening appointments are now available at the Violet Melchett Health Centre. Self Care week is coming with an event on 10 November. 4 Healthwatch Guy Stevenson is the new director for Healthwatch. There is now a new strategy in pace and there has been a lot of change in staff over the past months with some new staff still schedule to start before the end of the year. 	
9	<p>Any other business:</p> <ul style="list-style-type: none"> • ACAVA has a new walking photography project and activities in St Charles and at the Venture centre • Shared Lives are looking for Carers. They have regular recruitment evenings. More info on http://www.sharedlives3b.com/ <p>Date of next meeting January 2017 TBC</p>	

ATTENDANCE LIST

10.00am, Tuesday 18 October 2016

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	Name	Organisation
1	Nour-eddine Aboudihaj	Moroccan Community Forum
2	Gazala Alvi	West London Action for Children
3	Maria Andreotti	Kensington and Chelsea Forum for Older Residents
4	Jonathan Bellini	
5	Zohra Davis	Al-Hasaniya Moroccan Women's Centre
6	Vittoria De Meo	The Advocacy Project
7	Stephen Duckworth	Notting Hill Methodist Church
8	Jane Ferguson	West London Action for Children
9	Maria Carmen Garrido Montoya	Healthwatch Central West London
10	Allison Garton	MSH Health & Wellbeing CIC (MSH@Home Division)
11	Zara Ghods	Kensington and Chelsea Forum for Older Residents
12	Mary Godwin	Royal Borough of Kensington and Chelsea
13	Charlotte Green	CNWL
14	Carrie Hirst	Volunteer Centre Kensington & Chelsea
15	Gladys Jusu-Sheriff	WAND UK
16	Helen Leech	Open Age
17	Ciara Litchfield	Mytime Active
18	Helen Mann	Healthwatch Central West London
19	Ivan Moore	Healthwatch Central West London
20	Isabella Niven	
21	Anna Porta	Westway CT
22	Catherine Pymar	Open Age
23	Jane Raine	Grace Eyre
24	Kalwant Sahota	West London Clinical Commissioning Group
25	Gabriela Soltysik	Carers Kensington & Chelsea
26	Hannah Starr	The ClementJames Centre
27	Guy Stevenson	Healthwatch Central West London
28	Linda Thomas	NHS Kensington & Chelsea