

## Disability Connect Kensington & Chelsea

## Are you:

- A Kensington & Chelsea resident?
- A disabled person or someone with a long term condition?
- Aged 18 to 49?
- Hoping to become less isolated and get out and about more?



## **Disability Connect:**

- Works at your pace.
- Gives one to one support to decide and plan what you want to do.
- Provides peer support, a range of advice, information and workshops.
- Is run by a disabled people's organisation.

## For more information contact:

Disability Connect Co-ordinator
Action Disability Kensington & Chelsea
020 8960 8888
disabilityconnect@adkc.org.uk