

# STEPPING STONES PROJECT

VOLUNTEERING IS FOR EVERYONE!



**Volunteer Centre**  
Kensington & Chelsea



# WHAT IS STEPPING STONES?

- ▶ Stepping Stones aims to make volunteering open to everyone in the borough of Kensington & Chelsea.
- ▶ We are part of the Volunteer Centre, Kensington and Chelsea.
- ▶ We work with adults who have learning disabilities, physical disabilities and people who have mental health issues.
- ▶ We want to support people to reach their goals and dreams through helping them to access volunteering opportunities.

# THE AIMS OF THE PROJECT

- ▶ To increase our clients confidence in order to be able to shape their own future including around employment;
- ▶ To gain new employment related skills;
- ▶ To expand understanding of their options about training/education/employment;
- ▶ To increase friends and social skills;
- ▶ To increase sense of wellbeing;

# WHAT WE DO?

- Give people individual and tailored support from the first day of registration
- Find out about local volunteering opportunities
- Match opportunities with people's interests and support needs
- Help with initial contact with organisation
- help our clients write the CV, application forms, cover letters
- Accompany people to their first visit
- Give ongoing support to volunteers to make sure they settle in and feel comfortable at the project
- match our clients with well prepared buddy / mentors to get support if is need it

# SUPPORT FOR THE ORGANISATION

At the same time we are supporting the **Volunteer Organisations** to expand their work and make it more inclusive for all residents.

- ▶ Guidance to accommodate and include volunteer with particular needs
- ▶ Training
  - Mental Health Awareness Training
  - Mental Health & Volunteering
- ▶ Develop new opportunities, new partnerships, best practice exchange meetings
- ▶ Keep informed
- ▶ Create and advertising volunteering opportunities
- ▶ Evaluate and develop the policies or practice in involving volunteers
- ▶ Enhance the diversity of their team
- ▶ Promote your success in offering accessible and inclusive volunteering opportunities

# WOULD YOU LIKE SUPPORT FROM STEPPING STONES?

- Stepping Stones can work with people who live in the borough of Kensington and Chelsea and are known to Kensington and Chelsea Adult Social Care who feel ready to start voluntary work.
- Referrals can come from any support agency, social services teams or families. People can also self refer.
- The Stepping Stones Coordinator will invite the person to come and meet with her to discuss ideas for volunteering. She will also complete a brief registration form with the person.
- We will then be able to start actively looking for a placement.
- Please call Iuliana Dinu to make an appointment on 020 89603722 or email [iuliana.dinu@voluntarywork.org.uk](mailto:iuliana.dinu@voluntarywork.org.uk)

# QUESTION TIME



# THANK YOU VERY MUCH!

IULIANA DINU

STEPPING STONES COORDINATOR

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