

WHO ARE THE MENTEES?

- ▶ Residents from the Royal Borough of Kensington and Chelsea
 - ▶ Individuals over 18
 - ▶ Individuals who live with disabilities – learning, physical and mental health issues
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WHAT DO MENTORS DO?

Help someone at the transition period of their life:

- ▶ **Personal development**
 - confidence
 - social skills
 - communication skills
 - decision making skills
- ▶ **Employment skills**
 - Job searching
 - CV writing
 - Job application
 - Interview skills
- ▶ **Volunteering placement**
 - Charity shops
 - Voluntary organisations

- ▶ How much hours does it take per week?
- ▶ When is it?
- ▶ Where does the mentoring take place?
- ▶ Who do I mentor?
- ▶ How do I help the mentees?

FLEXIBLE



WHAT CAN MENTORS GET FROM THE EXPERIENCE?

Social and communication skills

Confidence

Learn new skills

Gain relevant working experience

A new vision into their personal and professional lives

CONTACT US

Xiaoyan Fu

Mentoring Programme Coordinator

020 8960 3722

Canalside House

383 Ladbroke Grove

London W10 5AA

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