

Improving air quality

protecting our health

- > New resources and updates
- > Managing projects in the voluntary sector

- > Interview with WAND
- > Health and wellbeing news

- > News from the local sector
- > Social Council news and diary

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At Kensington & Chelsea Social Council we aim to improve the quality of life for residents of the borough by supporting locally focused voluntary and community organisations.

We provide:

- organisational development advice, guidance and training including fundraising, governance and leadership
- co-ordination and representation at strategic meetings with the local authority and health services
- information and resources including a website, newsletter and fortnightly e-bulletin
- support to network and collaborate including through the organisation of a number of borough forums
- facilitation to develop a strong voluntary sector voice to influence decision makers and support for voluntary sector representatives

Sign up online to receive regular news by email:

- Fortnightly E-Bulletin
- KC Poverty & Inequality Network News
- Trustee E-News
- VOF News & Updates
- Sexual Health Providers Forum News
- Safer Neighbourhood Board News

www.kcsc.org.uk/mailling-list-sign-up

Viewpoint

In 2016 we need to take bold action to tackle the problems we face. Whether you are running for Mayor, or running a voluntary or community organisation

Angela Spence, Chief Executive Officer

WELCOME to the first edition of Link of 2016. Last time round we began the year anticipating what lay ahead with a General Election on the horizon.

■ This year we have the Mayoral Elections, and we know that it will mean a new Mayor for London. If like me you wonder how the new Mayor will be able to tackle some of the key issues for Londoners, such as housing and transport, it is with hope that whoever it will be will implement policies that can work for the Capital.

■ In our last issue we highlighted major concerns about the private rented sector – the fastest growing housing sector in London. We would like to see the new Mayor offer bold solutions to strengthen regulations around rental costs and fees. Our report, *Private Renters' Rights*, provides clear recommendations that support both local and regional approaches to tackling some of the issues that affect people living in privately rented accommodation.

■ Since the launch of the report we have lobbied decision makers to support its findings. This has included a meeting in the House of Lords where peers are currently debating the Housing and Planning Bill.

■ 2016 is also the year for us to be bold in the voluntary and community sector. You may need to make those decisions that you were able to avoid making in 2015, decisions that you have put off for one reason or another or couldn't face making.

■ If you lead a voluntary or community organisation and constantly think about the future and how you can continue to meet the needs of the beneficiaries of your service, then you will have an understanding of the importance of making sure your organisation is run as effectively as possible.

This may mean a number of things that are worth asking yourself questions about. If you can answer yes to every question then you are in a minority and you could probably teach the rest of us a thing or two! But I suspect many of you will answer no to at least one of the following questions.

- **Are you certain that your organisation is strong and robust enough to withstand the economic climate we are in and will remain in for at least the next 3 years?**
- **Is your organisation agile enough that it can respond quickly to social change taking place within the community?**
- **Do you have the necessary skills, knowledge**

and competencies within your staff team that will support the success of your organisation into the future?

■ Let 2016 be the year for honest self-assessment. As the year rolls on hopefully plans will be clearer, new ideas are forthcoming and challenges can be overcome – but if you start planning now you will be in a better position

embrace or deal with issues as they arise.

■ There has been some negative reporting in the media about charities which tarnishes the very good work that most of us do. I want to celebrate the voluntary and community sector as we all should. I want to thank all the workers; those who volunteer and those who are paid, for the commitment they show in trying to make a difference.

■ I meet many people in my working life but the passion of people working in the voluntary and community sector is second to none.

■ Keep up the great work and all the best this year.

Being bold does not mean taking a slash and burn approach to ensure survival it means being honest about the viability and the necessity of your organisation.

CEO and managers support

Did you know that we facilitate a CEO Peer Support Network? If you run a local voluntary and community organisation in Kensington and Chelsea why not get in touch? We can also offer confidential advice and mentoring to voluntary sector leaders.

Angela Spence
angela@kcsc.org.uk
020 7243 9803

News and resources for voluntary organisations

Information and new support resources to help you run your organisation

Join SpaceHive

A new online crowdfunding platform has been set up to help voluntary and community groups in Kensington and Chelsea raise money.

Spacehive, is supported by the Royal Borough of Kensington and Chelsea who have initiated a 'Hive' for local organisations to list their projects.

Whether you want to transform a playground, bring an old building back to life, spruce up a park, or create something completely new, Spacehive aims to help you attract support for projects that make places distinctive, lively and loved.

Experience from elsewhere shows that people who pledge

to projects really do feel like they made it happen. They have a sense of ownership over the project and often become ambassadors for them.

As crowdfunding projects are public, local businesses and larger organisations like to be involved too and will often pledge or offer support. Crowdfunding is also appealing to trusts and charities, and has the potential to generate a wide variety of local match-funding opportunities.

The Kensington and Chelsea Hive will provide a platform for a variety of groups to showcase the best ideas for improving the local area and getting lots of people involved.

Visit spacehive.com/initiatives/rbkc to start your crowdfunding project.

Sign up and share your idea today!



The team at RBKC Community Engagement are hosting a workshop for organisations to find out more on:
Thursday, 31 March 2016, 6.30pm - 8.30pm

Register at:

www.eventbrite.co.uk/e/kc-crowdfunding-workshop-tickets-22266330193

National Living Wage payable from 1 April 2016

A **National Living Wage** will come into effect on 1 April 2016. It will be compulsory for all working people aged 25 and over, and will be set at £7.20 per hour.

The **National Minimum Wage** rate will still apply for workers under the age of 25. It is currently set at £6.70 for workers 21 and over, with lower rates for younger workers.

The National Living Wage will be enforceable by law with fines of

up to £20,000 per worker for non-compliant employers.

The National Living Wage should not be confused with the **Living Wage** which is set independently by the Living Wage Foundation. It is a voluntary scheme and is intended to reflect the basic cost of living across the UK.

The current hourly Living Wage rate for London is £9.40.

More info:

acas



www.acas.org.uk
www.livingwage.org.uk



Charity Commission updates financial guidance

Following the well publicised collapse of Kids Company and accusations of financial mismanagement, the Charity Commission has reviewed key guidance for Charity trustees.

The Commission, which is the independent regulator for charities in England and Wales has said, *“Charity trustees must engage with and use finance guidance from the regulator if they are to run their charities effectively”*

They have reiterated that trustees are ultimately responsible for their charities finances. The updated guidance emphasises the importance of trustees regularly reviewing the charity's financial position, having a good reserves policy and it covers how trustees can manage periods of financial difficulty.

www.gov.uk/government/news/trustees-must-engage-with-finance-guidance-says-charity-regulator

VCSE Strength Checker

The Cabinet Office and the Big Lottery have come together to launch VCSE Strength Checker, a free diagnostic tool to help analyse and identify areas in your organisation that may need strengthening.

The self-assessment tool is predominantly aimed at small-to-medium sized organisations and is available on-line as a set of questions.

Following completion you will receive a personalised report highlighting your organisation's strengths, and areas to develop to build core effectiveness.

The areas assessed by the tool are:

- Sustainability
- Marketing and opportunities
- Strategy and planning
- Track record and capability
- Quality and impact



Measuring Up

An alternate self-assessment tool also available for free online is Measuring Up; provided by Inspiring Impact, a partnership of seven organisations including the Charities Evaluation Service and NCVO.

Measuring Up is more focussed than VCSE Strength Checker, concentrating on impact practise. It assesses the way you plan, evidence, communicate and learn from the difference your work makes.



www.vcsestrengthchecker.org.uk
www.inspiringimpact.org/measuringup

Constructive Voices aims to help charities tell their story

Tired of stories in the papers bashing charities? Constructive Voices is a new initiative from NCVO which aims to link charities with journalist and to encourage constructive journalism.

The project is intended to help counteract negative press by pitching journalists positive stories that illustrate the great beneficial work that charities do. It is also intended to boost responsible journalism that encourages a more-solutions focused approach to news.

You can sign up to Constructive Voices online although the project is initially focusing on a limited set of areas. More will be added as the project grows. The initial themes are:

- Building cohesive communities
- Combatting domestic violence
- Encouraging youth volunteering
- Fostering positive mental health
- Growing old positively
- Promoting LGBT equality
- Reducing reoffending



www.blogs.ncvo.org.uk/2016/02/26/helping-charities-to-get-their-stories-heard

Managing projects in the voluntary sector

Project Management refers to the way you initiate, plan, deliver and evaluate a specific piece of work. On these pages we highlight some top tips and resources to help you along the way.

Regardless of the type, or size of the project you are managing, some basic principles can help you manage the process. By following these simple guidelines you can better plan, deliver and evaluate your projects and improve your chances of success.

Identify your stakeholders and get them 'on board'

Stakeholders include all the people that will be affected by your project. Those who benefit and the people who will help you deliver it. This can include service users, staff, partners or funders. Involve them early on and in decision making if appropriate. Get them on side at the outset, their support can be crucial.

Be clear about your goal and define your objectives

This will make it easier for you to assess your achievements and measure success. A well-defined goal and clear objectives will help you prioritise and prevent your project going off track, a problem often referred to as "mission creep".

Allow adequate time to plan

It is tempting to launch straight into your first tasks without prior planning but it pays to spend time carefully thinking about how you will deliver your project. Consider the time it will take, the resources required, assess the risks and your



contingency plan in case things don't run smoothly. Discuss your plan with your stakeholders, they may help you improve it.

Assemble your project team

Who will be involved in the project? Do they have the necessary skills and the time to contribute? You will need to make sure everybody understands their role and be clear on just how much autonomy each person has. It is important that everybody works together and you will have to provide an appropriate level of 'leadership'.

Identify the external resources you will require

Your project may or may not have a dedicated budget. Either way you will need to carefully consider what tools you need to do the job and

associated costs. If new ways of working or new equipment mean training is required costs can spiral. Research and shop around carefully but make sure you have the systems in place to support your work.

Have a plan for when things go wrong

It is not always possible to plan every last detail. And even if you do, things don't always work out as you'd hoped. Consider the risks associated with your project as part of the early planning process. What scenario will cause the most damage? How likely is it to occur? Once you have assessed the risks formulate a plan to deal with such eventualities. Have a Plan B!

Staying on course

Occasionally, other issues crop up and demand your attention but hopefully the time you spent in planning will pay off here. Have realistic expectations of what is achievable in your timescale. Review progress as you go along and remember the plan needn't be set in stone. Make adjustments if necessary, to adapt to new information or delays.

Keep Communicating

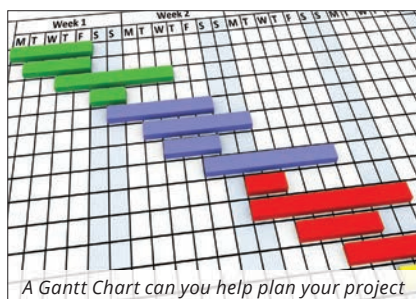
You may have started your project in a blaze of publicity, but now everything has gone quiet! Sound familiar? Do your funders, service users, partners, work place colleagues need to be kept in the loop? It is better to give too much information than too little.

Review your project and learn lessons for next time

At the end of your project it is important to evaluate your work. It is useful to know, not only whether you met your goals, but also whether you could improve your processes. Consider the good and the bad, write it down, and use it to improve your planning for next time.

Celebrate your achievements

Capture the difference your project has made, and publicise it! Who knows? Your success could lead to support or funding for the next project.



Common tools to help in project management

SWOT

An exercise you can do at the outset to help you consider your Strengths, Weaknesses, Opportunities and Threats. It can help you assess your competency as an organisation.

PERT Diagrams

A PERT diagram or chart is a tool to map a sequence of interdependent tasks. A simple way to get started is to write each task on a post-it note and then place related tasks in order. Consider the time each task will take to deliver and create a timeline.

■ The set of interdependent tasks that takes the longest to complete is called the 'Critical Path'. Any delays in delivering tasks on your Critical Path can delay your whole project.

Gantt Chart

A Gantt Chart looks similar to a bar chart and can help you schedule work. Timescales in hours, days, weeks or months can be plotted on a horizontal axis under which you list project tasks. You set expected start and finish times for each element of your project. The visual presentation of the Gantt Chart gives you a quick overview to see if you are on track.

Risk Analysis

A risk analysis can help you identify the issues that may pose a risk to your project. In carrying out a risk assessment you will be considering (i) the impact things will have if they were to occur, (ii) the likelihood of them occurring.

■ Following a risk assessment you can consider contingency action to take in certain eventualities. Anything that is high risk and likely to happen should be your priority.

TRAINING

Happy Learning

Introduction to Project Management

www.happy.co.uk

Directory of Social Change

Practical Project Management
Designing and Managing Fixed Term
Projects in Voluntary Organisations

www.dsc.org.uk/training

NCVO

Project Management in the
Voluntary Sector

www.ncvo.org.uk/training-and-events

RESOURCES

www.wrike.com/project-management-guide

Improving air quality

Pollution has a serious detrimental effect on health and is a major cause of premature deaths. Here we examine the issue and the Royal Borough of Kensington and Chelsea's new Air Quality and Climate Change Action Plan

A new report released by the Royal College of Physicians in February has estimated that 40,000 people die each year across the UK, due to exposure to outdoor air pollution.

In the Royal Borough of Kensington & Chelsea, this accounts for an estimated 200 premature deaths every year.

Figures from Public Health England quoted in the Guardian newspaper, suggest Kensington and Chelsea has the most polluted air in London and in 2010, 1 in 12 of all deaths were *"attributable to tiny particles of soot largely emitted by diesel engines."*

It is clear that urgent action is required to address this issue.

It's not only premature deaths; air pollution is known to have a serious impact on health from a baby's first weeks in the womb all the way through to old age.

Research indicates exposure to high levels of pollutants in the air effect growth, intelligence, and development of brain and coordination. From gestation, in infancy and in early childhood, when the young body develops rapidly the impact is particularly high. Adults with long-term conditions are also amongst the most vulnerable to the effects of poor air.

Inequality plays a part, with deprived communities facing greatest harm. A tendency to live in tightly packed areas with high levels of pollution contributes to an average life expectancy gap of nearly 10 years between the most and least affluent communities.

What are the main causes of air pollution?

Road traffic is responsible for up to 70% of air pollution in the UK. The two pollutants of most concern are Particulate Matter (PM₁₀) which are microscopic airborne particles, and Nitrogen Dioxide (NO₂).

NO₂ is extremely harmful to health and is associated with respiratory symptoms, inflammation of the lung lining and susceptibility to bronchitis. The largest source of emissions is from diesel cars and vans where there has been significant growth in numbers over the last 10 years.



Number of premature deaths each year in the Royal Borough of Kensington and Chelsea.

66 Caused by PM₁₀

133 Caused by NO₂

Tackling the problem

Earlier this year, the Supreme Court ordered the UK government to formulate a plan to clean up air pollution. London and several other British cities have failed to comply with EU safe levels of NO₂ since 2010.

The government plan, published in September, has been criticised for its lack of ambition. Under its proposals, London's air will still breach of EU NO₂ safety levels every year until 2025. The report has also been accused of passing the buck to councils, with the threat that EU fines for breaching limits will be passed down to local authorities too.



Road transport contributes 49% of all Kensington and Chelsea's air pollution

RBKC Air Quality and Climate Change Action Plan 2016-2021

The Royal Borough of Kensington and Chelsea is publishing a new action plan aimed at tackling poor air quality and longer term climate change

The Air Quality and Climate Change Action Plan 2016-2021 will detail measures to address pollution caused by transport, existing and new buildings, domestic energy use, business and the community.

■ It will aim to reduce harmful emissions, better informing residents and visitors of ways to minimise exposure and try to influence longer term behavioural change.

■ Its proposals on transport include reviewing the council's vehicle fleet, measures to boost car clubs and the use of electric vehicles, and increases in the diesel surcharge to encourage less polluting vehicles. It will also review parking policy to encourage lower emission vehicle choice and promote cycling.



■ Kensington and Chelsea is one of the most densely populated boroughs in London and access to green space in parts, is limited.

■ By 5th February 2016, Knightsbridge had exceeded annual EU NO₂ hourly limits 33 times. Cromwell Road had breached the hourly limit 22 times. More than 18 such hours a year is in breach of the annual EU limit.

■ Other parts of the borough where pollution is measured include Earl's Court, King's Road and Westway. All will exceed the EU limit in the coming months.

■ On the Westway, the health damage caused by pollution is now clearly recognised. Local air quality campaigners have long called for more action to be taken to reduce the air pollution threat from the flyover and in January,

a two-metre high ivy wall was installed beside the Westway Trust Sport and Fitness Centre. This follows the installation of a similar screen to protect St Cuthbert with St Matthias School in Earl's Court where it has reduced NO₂ by 36% and PM₁₀ by 40%.

■ The Westway Trust have also reaffirmed a commitment to making the area under their control greener and to incorporate more public spaces. They are currently seeking funding to find innovative ways to add greenery to the Westway estate.

■ Transport for London is currently consulting on its plans to extend its network of cycle superhighways westwards, via the Westway.

■ Despite these efforts and others to improve air quality, it is felt that a greater sense of urgency is required to tackle poor air and improve health. The Royal College of Physicians wants to see stronger action being taken, including giving council's the power to close roads and divert traffic when pollution levels are high.

■ They say *"as a community, we must act now, and with urgency, to protect the health, wellbeing and economic sustainability of today's communities and future generations."*

RBKC

Air Quality and Climate Change Action Plan 2016-2021
www.rbkc.gov.uk/climatechange

The Royal College of Physicians

Every breath we take: the lifelong impact of air pollution
www.rcplondon.ac.uk

How polluted is my road?

Check local pollution levels on this website
www.howpollutedismyroad.org.uk



Chelsea's NO₂ emissions, mostly from diesel engines

Interview with Women's Association for Networking and Development (WAND)

WAND was set up in 2005 to work predominantly with African female asylum seekers, refugees and migrants. Its services now reach across the community

WAND is a small charity based in North Kensington. We spoke to Director Gladys Jusu-Sheriff about their work, particularly in relation to sexual health.

What provision does WAND provide around sexual health?

We provide culturally sensitive awareness raising around sexual health. We deliver this mainly through running seminars and workshops where we arrange for a HIV positive member of the community to come and talk and share their experiences. We also have on occasion, speakers from clinics or NHS clinical staff involved in testing.

What is the aim of these sessions?

Our aim is to educate attendees in order to tackle the stigma around HIV and also to encourage them to recognise risky behaviour and change their patterns of behaviour to prevent the chances of catching a sexually transmitted disease.

■ In order to reach out to more members of the community we also hold stalls in various community setting such as libraries. We provide peer support to help women access services such as clinics where we know there is a barrier to access. And we work to raise awareness of women's rights and help them to recognise if they might be in an abusive relationship.

Have your activities changed overtime?

We started working with bringing HIV positive and non-positive women together but we realised that the real need was for education in the wider community so we decided to focus our efforts more in that area. We did some research on information available to the African community in sexual health and found that people's preference for receiving information was through workshops.

Are there new services you would like to deliver?

We would like to work more on promoting testing and early diagnosis in the community as well as condom distribution. We would also like to do more work with girls.

What is your view on the changing commissioning/funding environment for sexual health services?

The consultations that have been held with service users were good, I attended a focus group with HIV positive people.

■ I would like to see self-management programmes included in the commissioning. These would help improve HIV positive people's quality of life. Community organisations could provide services such as peer support as well as advice on other issues to help improve a person's wellbeing like housing, benefits, employment or digital inclusion.

■ We could also deliver holistic health assessments in community settings where HIV testing is a small part as this would help increase access to testing.

What do you feel your organisation has to offer?

I think that we have a good reach into the community. We have strengths in helping women with practical, social and emotional support and advocacy as well as confidence building.

What are your thoughts on the future of sexual health services?

I feel that there needs to be more support put in to the area of sexual health, it needs to be a priority. In particular there needs to be more of an emphasis on prevention and early diagnosis.



Health & Wellbeing news

Details of new JSNAs, an opportunity to be part of the Self-Care programme and our Health and Wellbeing Forum

Joint Strategic Needs Assessments (JSNAs) bring together local authorities, clinical commissioning groups (CCGs) and other partners including the voluntary and community sector to jointly describe the current and future health and wellbeing needs of the local population and identify priorities for action. The two latest JSNAs were published in February 2016.



Childhood Obesity

The extent and nature of childhood obesity in Kensington and Chelsea, Hammersmith and Fulham, and Westminster is explored in this new JSNA that summarises:

- How childhood obesity is defined
- The causes and consequences of childhood obesity
- The local prevalence of childhood obesity
- The national response
- The local response

Do you deliver services for people aged 65+?

If you deliver services for people with complex health needs and they are aged 65 or older you may be able to receive funding for additional places if you require it.

■ We, at the Social Council are managing the Self-Care programme as part of Whole Systems 65 plus and are looking for organisations that would like to participate.

■ If you think that your organisation could be a part of the Self-Care programme please get in contact with **Olivia Leu** olivia@kcsc.org.uk

End of Life Care

This JSNA provides a comprehensive evidence base and information about end of life care needs of the local population. It will inform future commissioning intentions and strategic approach across the three Boroughs.

■ Both JSNAs, as well as previous research are available on the Three Boroughs JSNA website.



www.jsna.info

Health and Wellbeing Forum

Our Health and Wellbeing Forum brings voluntary and community sector organisations together to share information, discuss topical issues and liaise with commissioners across WLCCG, Adult Social Care and other health professionals.

■ At our last meeting voluntary and community organisations were able to have input into the

development of the older people and housing Joint Strategic Needs Assessment (JSNA). We also heard about the work of Spectra (previously the Gay Men's Project) and a new programme called Healthy Hearts.

■ If you would like to present the work of your organisation at the forum or want the opportunity to consult on the development of services then please get in contact with Jon Woolfe jon@kcsc.org.uk

Sector roundup

A roundup of news from local voluntary and community organisations

Refugees Welcome – but support needed



Local landlords are needed to house refugees

Following the council decision to accept 50 refugees from Syria as part of the government's Vulnerable Persons Relocation Scheme (VPRS), progress has been made towards finding suitable homes and identifying key services that will help their integration into the community.

■ The RBKC Welcome Committee, a coalition of voluntary and community groups, faith organisations and individuals is working alongside the council to formulate plans.

■ Migrants Organise are acting as a secretariat for the Committee which is coordinating offers of support from the community.

■ Most urgently, Refugees Welcome is seeking private landlords in the borough who can house refugees. Under the scheme, rent will be paid at the level of the Local Housing Allowance. Social housing, for which there is high demand already, will not be offered.

■ Alternate offers of support are also welcome, and one additional avenue that is being explored is private sponsorship, whereby individuals may be able to make a pledge to cover the full or partial resettlement costs for a refugee.

■ Voluntary and community organisations are encouraged to offer support too. Whether it's help to learn English, find employment, meet cultural needs

or to integrate, all offers are welcome and can be discussed with the Committee.

■ Refugees who come to Britain under the scheme will have been referred by the United Nations High Commissioner for Refugees (UNHCR). It will prioritise some of the most vulnerable refugees, with funding for the first 12 months coming from the Overseas Development Aid Budget.

Offers of support can be made by to:
welcomecommittee@mrcf.org.uk
020 8964 4815

www.rbkc.gov.uk/rbkc-refugees-welcome-committee

Healthy Hearts launches in Kensington and Chelsea

Healthy Hearts is the newly launched Cardiovascular Disease Prevention Service for the London Boroughs of Hammersmith and Fulham, Kensington and Chelsea and Westminster.



■ The service is commissioned by the Three Borough Public Health Team and provided by ThriveTribe. It aims to help over a thousand local people each year with intensive programmes focused on weight management, healthy eating, physical activity and other cardiovascular disease risk factors.

■ There are clinics at a variety of venues across the boroughs, including sports centres, hospitals and community centres.

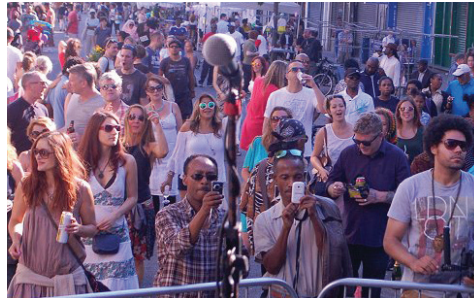
■ Cardiovascular disease is London's biggest killer. Residents with moderate to high risk i.e. at 10% or greater risk of CVD over the next 10 years can be referred into the service, or can self-refer. Patients with diabetes, obesity and other health conditions which increase risk are also accepted.

www.healthyhearts.org.uk

Be part of the Golborne Road Festival

This year's Golborne Festival will be held on Sunday 10 July. The family-orientated fun day is now firmly established in the annual calendar, with the event attracting both local communities and visitors from further afield.

Once again, a mix of live entertainment including music and dance will feature on the stage whilst stalls will offer information, crafts, sports and activities. There will be international food and plenty for people of all ages to do.



Your chance to be involved!

The local community is an important part of the festival and as ever we want voluntary and community groups to join in.

If you have ideas for a fun activity, want to run an exhibition or a showcase of your work please get in touch. This is a great opportunity for you to promote

your organisation in North Kensington.

You will soon be able to book a stall space online. In the meantime you can register your interest by email to kuldip@kcsc.org.uk

Chelsea Theatre host new IT Hub

A new IT suite was opened at Chelsea Theatre in February by the Mayor of Kensington and Chelsea, Cllr Robert Freeman.

The IT Hub is free to access and one-to-one support is being offered to help people access the internet and a number of courses with NOVA New Opportunities.

Opening times:

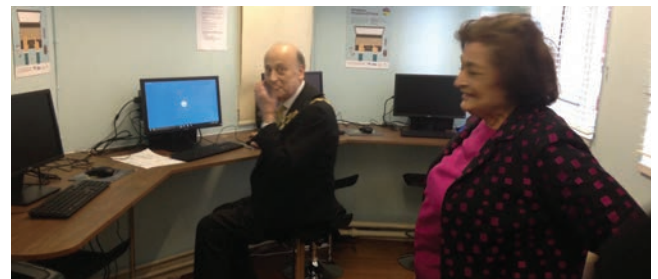
Wednesday 1pm – 3pm

Saturday 2.30pm – 4.30pm

Sunday 11am – 1pm

Contact: **Chelsea Theatre** 020 7352 1967

This initiative has been supported by City Living Local Life – Chelsea Riverside. Local community groups can access ward based funding from the Royal Borough's City Living Local Life programme for projects that benefit local people.



www.chelseatheatre.org.uk

www.rbkc.gov.uk/subsites/citylivinglocallife.aspx



Cultivating K&C

Cultivating K&C has become a Community Interest Company and now supports over 55 kitchen gardens and over 1000 local food growers across the borough.

Initially a project of Groundwork London, set up in April 2014 with funding from the Royal Borough of Kensington and Chelsea's Innovation Fund, the project has gone from strength to strength.

The collective host a stall in Portobello Market where they sell locally grown fresh produce including preserves and condiments.

In recognition of their success the Mayor of Kensington & Chelsea, Councillor Robert Freeman hosted a celebration event in the Mayors Parlour.

www.facebook.com/cultivatingKC

Social Council update

A round up of some of the existing projects the Social Council is working on

Supporting Sexual Health Providers

The Sexual Health Providers Forum brings together voluntary organisations and NHS providers from across Kensington and Chelsea, Hammersmith and Fulham, and Westminster. The annual conference of the Forum took place on Tuesday 9 February. Entitled (Safer) Sex 2016, the event was supported by the Social Council and attracted over 50 participants.

A wide range of interesting speakers covered topics such as consent and coercion, male rape, substance misuse and risky behaviour, sexual exploitation, and Chemsex.

Presentations from the day are available at www.kcsc.org.uk/sexualhealth

The Social Council is also providing support to members of the forum to prepare for the upcoming tri-borough Sexual Health commissioning process with a particular emphasis on working in partnership.



Support is also available to help organisations develop other funding applications in the field of sexual health and wellbeing services.

For more information please contact Siobhan Sollis.

siobhan@kcsc.org.uk

020 7243 9802

Are your service users experiencing hunger poverty?

K&C PIN update

Following the publication of *Private Renters' Rights*, the report on findings from our study into private rented housing in Kensington and Chelsea, the PIN is turning its attention to hunger poverty.

In Britain the richest 1% own the same amount of wealth as 54% of the population. Whilst the rich benefit millions of people across Britain live below the breadline. Nowhere is this reality more clearly illustrated than in the emergence of food banks across the UK.

In 2013/14 Oxfam and Child Action on Poverty, calculated that over 20 million meals were delivered to people in food poverty, this was a 54% rise on

2012/13 when the same providers distributed 13 million meals.

We understand that there are many more food banks that fall outside the scope of those counted in the figures above. Our project aims to better understand where these food banks are in Kensington and Chelsea. We want to understand who they serve, what support they require, and what the future holds for them and their users.

KCPIN meeting

At the next Poverty and Inequality Network meeting, we will be holding a roundtable discussion on our future work on hunger poverty. 24 March 2016, 10am-12.30pm,

Kensington Town Hall

Join us and tell us how you think we can better support the work of local food banks.



amina@kcsc.org.uk

www.kcsc.org.uk/KC-PIN/meeting

Help residents quit smoking

Smoking remains one of the UK's biggest killers. Since 2014 we have been working with Kick-It Stop Smoking to help residents kick the habit with the support of local voluntary and community organisations.

■ The organisations who are part of our project deliver advice to residents to help them successfully stop smoking. They also hold educational campaigns and activities to increase awareness about the harmful effects of smoking.

■ Nine voluntary organisations were awarded funding in August last year and are running projects until the end of March 2016.

■ They are each targeting traditionally hard to reach groups in Kensington and Chelsea, Westminster and Hammersmith and Fulham.

■ If you know of local residents in the three boroughs who would like to access support they can contact one of the organisations listed below:

Abbey Community Association Ltd

Targeting hard to reach Arabic & Bengali speaking people by providing stop smoking clinics as well as promoting stop smoking services in Westminster.

020 7227 0646

tania.faraj@theabbeycentre.org.uk
www.theabbeycentre.org.uk/
community

Chinese Information and Advice Centre

Providing a weekly stop smoking clinic in Westminster aimed at the local Chinese speaking Community.

0845 313 1868

www.ciac.co.uk

Healthier life for you

Raising awareness of the harmful effects of smoking through stalls and workshops in Westminster and Kensington and Chelsea

0207 372 3355

healthierlife4you@ymail.com

MSH Health & Wellbeing CIC

Providing stop smoking advice alongside their sexual health clinic sessions at Queens Park Health Centre and various other locations

020 697 1050

www.mhw-cic.org.uk

The Pepper Pot Centre

Helping African-Caribbean older people (over 60) and their families to quit smoking in North Kensington and surrounding areas

020 8968 6940

ruth.morrison@
pepperpotdaycentre.co.uk

SMART

Helping people across the three boroughs who have a mental illness, quit smoking.

020 7376 4668

www.smartlondon.org.uk

West London Gay Men's Project

Providing a stop smoking drop in clinic for gay men and promoting stop smoking services across clubs and bars popular with men, particularly in Soho.

020 3322 6925

oscar@westlondongmp.org.uk
www.gaymensproject.org.uk

Polish Psychologists Association

Promoting a stop smoking clinic which targets the Polish Community across the three boroughs. kamilaszumowska@gmail.com
https://www.kick-it.org.uk/index.php/polski/

LEAF EDUCATION

Running stop smoking workshops in the three boroughs as well as providing one to one support for the Arabic speaking community.

020 3674 8927

info@leafeducation.net



For west London's voluntary and community sector

Funders Fair 2016

Wednesday 13 July
Hammersmith Town Hall, Kings Street, W6 9JU

Funders Fair is your opportunity to talk directly to funders and voluntary sector development agencies.

This year once again, we are teaming up with Sobus Hammersmith and Fulham and One Westminster to offer you a mix of exhibition stalls where you can discuss one to one and a range of workshops where you can learn about new initiatives and pick up hints and tips to help you better fundraise and manage your organisations.

Booking will open in late May but please put the date in your diaries now!

Promote your activities on the KCSC Community Noticeboard

Did you know that you can post directly on our website?

Post your news, upcoming events or job and trustee vacancies, advertise items or the services you have to offer.

Every fortnight we include notices in our ebulletin.

www.kcsc.org.uk/noticeboard



Upcoming Voluntary Organisations Forums

Children, Young People & Families

Tuesday 17 May, 10am - 12:30pm

A meeting for children, young people and families service providers in Kensington and Chelsea to address the well-being of service users.

Main VOF

Wednesday 29 June, 10am - 1pm

A meeting that brings together voluntary and community organisations in the borough to discuss strategic matters and share information on local and national developments.

Both Forums are held at Kensington Town Hall, Hornton Street, W8 7NX

For full details of all the events we have coming up and to register please visit our website:

www.kcsc.org.uk/events