

# Welcome to North Kensington

## Expressing yourself with writing

18+ session communicating our mental health and wellbeing on paper

# Monday's at 12 - 1pm

For all registered club members

If you're not a club member sign up on the website:

[www.mindsunitedfc.com](http://www.mindsunitedfc.com)

Phone number: 07400 100207



**Inclusive  
Recovery  
Fund** 

