

# Virtual Health & Wellbeing Voluntary Sector Forum

18.05.2020

# Forum ground rules



In order to run a forum online with a large number of people we have put together some ground rules:

- Please mute your microphone throughout the whole forum unless you have been asked to speak
- The forum will be recorded so let us know if you have any issues with this
- If you would like to ask a questions during a presentation please do this in the chat box and someone will read this out when it is appropriate
- If you want to speak, press the 'raise your hand' button and someone will let you know when you can speak

Please let us know if you do not know how to do any of the above and we will help you





**10.30 Welcome and Introduction -** Angela Spence, KCSC CEO

**10.40 RBKC / Covid Hub update –** Sophie Ellis, RBKC Director of Customer Delivery

**11.05 Local community needs & identified gaps in provision –** Group discussion facilitated by Angela Spence

**11.25 WL CCG / NHS update –** Carrie Hirst, WL CCG Engagement & Partnerships Manager

#### **11.50** Any other business

Healthwatch update

**12.00** Close of meeting

Service	Target Group	Ways to Access	
Shopping Offers People that <u>can</u> afford food but cannot leave their house and have no available support networks.	Shielded Vulnerable	Option 1: If you are a <b>professiona</b> l call 020 7243 9804 or email <u>health@kcsc.org.uk</u> with a referral form	Option 2: NHS Volunteer scheme – GoodSam Refer someone via this link, your email
		Or if you are a <b>resident</b> call the Covid Hub number on <b>(TBC)</b>	address will need to be approved first https://www.goodsamapp.org/NHSreferral
	'Non vulnerable' wider hub	Option 1: Contact your local Mutual Aid Group <u>https://www.mutualaidkc.com/</u>	
Food Offers	Under 65	Option 1:	Option 2:
People that <u>cannot</u> afford food and have no available support networks and are vulnerable.		Visit RBKC hub online: <u>https://www.rbkc.gov.uk/coronavir</u> <u>us-covid-19/covid-19-hub-and-support-</u> <u>residents/support-food-and-other-essentials</u> Click on 'I am under 65' Click on 'Start now' to fill in online referral form.	Contact Covid-19 Hub on <b>020 7361 4326</b> to submit a referral over the phone. (Monday to Sunday 9am to 5pm)
	65 and over	Option 1: Contact Covid-19 Hub on <b>020 7361</b> <b>4326</b> to submit a referral over the phone. (Monday to Sunday 9am to 5pm)	Option 2: Contact Age UK Kensington & Chelsea on <b>020 8969 9105</b> for more information.
Food Banks		Keep up to date on changing information via KCSC website <u>https://www.kcsc.org.uk/news/f</u> oodbanks-still-open-kensington-and-chelsea	

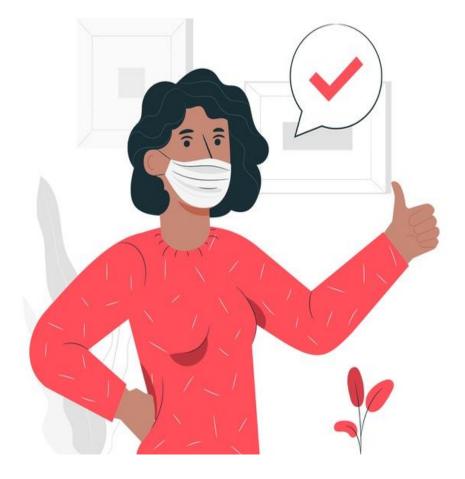


# **RBKC** Updates

• Sophie Ellis, RBKC Director of Customer Delivery







How has your organisation adapted since the Coronavirus outbreak?

# Summary of needs

Notes taken from the 'Scoping the VCS' event



- Limited access to technology
- Fear of going out/Anxiety
- More people at food banks
- Hard to get children motivated
- People with a disability even more isolated
- Language & literacy barriers





# Your questions & concerns



## **NHS Updates**

• Carrie Hirst, WL CCG Engagement & Partnerships Manager





BME Health Forum, West London CCG & Imperial College

Created a video encouraging residents to use the NHS when they need it

Currently translated in; Arabic, Farsi, Sylheti, Kurdish





GPs are open - just working differently

GP appointments available online and over the phone



What to do if you feel unwell?

West London

**Clinical Commissioning Group** 

- Call your GP or 111
- Visit 111.nhs.uk
- Call 999 if an emergency

West London Clinical Commissioning Group

#### St Charles Urgent Care Centre

#### TEMPORARILY Closed

as an emergency measure during Covid-19

#### For medical help:

- Visit www.111.nhs.uk
- Call your GP, or 111
- If your life is in danger, call 999

Not registered with a GP? Visit: www.nhs.co.uk to find out how

For more information:

💟 wlccg.integratedcare@nhs.net 💦 🕻

020 3350 4363

West London

**Clinical Commissioning Group** 

Changes to St Charles Urgent Care Centre

www.wlccg.nhs.uk





#### North West London Volunteering Programme

Across West London CCG we're working with Volunteer Centre Kensington & Chelsea, One Westminster, the RBKC Covid Hub and Westminster Connects





Do you know where to signpost people to if they need help?





How can we continue to keep in touch?





• Any other business

#### Thank you!

