

Autumn Social Cycling Programme

4 September to 14 December 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 12:00	<p>B</p> <p>Drop-in Women Only Westway Sports Centre</p> <p>Beginners</p>	<p>B</p> <p>Drop in Chelsea Theatre</p> <p>Beginners</p>	<p>B</p> <p>Drop-in Westway Sports Centre 10 – 11:30am</p> <p>Beginners</p>	<p>L</p> <p>Social Cycling Club</p> <p>10am depart 2.30pm finish</p> <p>Design Museum</p>	<p>I</p> <p>Drop-in Westway Sports Centre</p> <p>Social rides</p>	<p>B I</p> <p>Drop in Westway Sports Centre</p> <p>Beginners & Intermediate</p> <p>10am – 1pm</p>
12:30 2:30	<p>I</p> <p>Drop-in Westway Sports Centre</p> <p>Easy & local on-road rides</p>	<p>I</p> <p>Drop-in Chelsea Theatre</p> <p>Easy & local on-road rides</p>	<p>A</p> <p>Drop-in Westway Sports Centre In partnership with Open Age 12:00 – 2:30pm</p> <p>Social rides</p>	<p>224-238 Kensington High St, W8 6AG</p> <p>Bring your own bike</p>		

* Bikes available at Westway and Chelsea Theatre venues.
**Bikes NOT available at the Design Museum

Term time only.
There will be no sessions during half term: from 21 to 26 October 2019.

4 cycle skills levels

- B** **Beginners** (off road)
- I** **Intermediate** (on road)
- A** **Advanced** (on road)
- L** **Longer rides**

Westway Sports Centre:

1 Crowthorne Rd, London, W10 6RP

Chelsea Theatre:

World's End Place, 7 King's Rd,
London SW10 0DR



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

All sessions are FREE, but booking is required. Please email cycling@rbkc.gov.uk or call Marina Kroyer on 020 7361 4259