Winter

Social Cycling Programme

Mon 6 January to Fri 3 April 2020



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 12:00	Drop-in Women Only Westway Sports Centre Beginners	Drop in Westway Sports Centre Beginners	Drop-in Westway Sports Centre 10 – 11:30am Beginners	Social Cycling Club 10am depart 2.30pm finish Design Museum	Drop-in Westway Sports Centre Social rides	We will offer sessions on Saturdays again in the spring 2020.
12:30 2:30	Drop-in Women Only Westway Sports Centre Easy & local on-road rides	We will start sessions at Chelsea Theatre in spring 2020	Drop-in Westway Sports Centre In partnership with Open Age 12:00 – 2:30pm Social rides	224-238 Kensington High St, W8 6AG Bring your own bike		
A social ability levels						

- * Bikes available at Westway and Chelsea Theatre venues.
- **Bikes NOT available at the Design Museum

Term time only. No sessions during half term from 17 to 21 February 2020

- 4 cycle skills levels
- B Beginners (off road)
 - Intermediate (on road)
 - Advanced (on road)
- Longer rides

Westway Sports Centre:

1 Crowthorne Rd, London, W10 6RP

Chelsea Theatre:

World's End Place, 7 King's Rd, London SW10 0DR

