

Spring - Adult Cycle Skills Programme - from 16 April to 26 May 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1st Saturday of every month
9.30am – 11:30am		Beginners Intermediate Drop In CHELSEA THEATRE			Intermediate WESTWAY SPORTS CENTRE		
10.00am – 12:00pm	Beginners Drop in WESTWAY SPORTS CENTRE		Beginners Drop In WESTWAY SPORTS CENTRE	10:30am – 2:30pm Longer Ride WILL TO WIN CAFE, HYDE PARK		Intermediate CHELSEA THEATRE	10am -2pm Longer Ride CHELSEA THEATRE
12.30pm – 2:30pm		Beginners Intermediate Drop in CHELSEA THEATRE		Bring your own bike			Bring your own bike 5 May / 2 June
1.00pm – 3:00pm	Beginners Drop in WESTWAY SPORTS CENTRE		Advanced Drop in WESTWAY SPORTS CENTRE			Beginners Intermediate Drop In WESTWAY SPORTS CENTRE	

**** Bikes available at Westway and Chelsea Theatre venues. Bikes NOT available at Will To Win Cafe, Hyde Park.****

We will stop for half term, so there will be no sessions from Monday 28 May to Friday 1 June. We will start again on Saturday 2 June.

4 cycle skills levels: **Beginners (off road) **Intermediate (on road)** **Advanced (on road)** **Longer rides****

Westway Sports Centre: 1 Crowthorne Rd, London, W10 6RP / **Chelsea Theatre:** World's End Place, 7 King's Rd, London SW10 0DR

All sessions are FREE, but booking is required. Please email cycling@rbkc.gov.uk or call Marina Kroyer on 020 7361 4259



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA