



# CENTRAL WEST LONDON SEXUAL HEALTH PROVIDERS FORUM

Wednesday 15<sup>th</sup> November 2017, 10.00am – 12.30pm  
St Paul's Centre, Hammersmith

Chairs: Sion Davies and Shaun Watson

Item	Notes	Action
<b>1</b>	<p><b>WELCOME AND INTRODUCTIONS</b></p> <p>Sion Davies (SD) &amp; Shaun Watson (SW) , Chairs</p>	
	<p>Shaun Watson welcomed everyone to the forum and gave an outline of the forum Agenda. The minutes for the last forum were checked and approved.</p>	
<b>2</b>	<p><b>Programme Zero</b> Dr Alan McOwan(AM), Chelsea and Westminster Hospital NHS Foundation Trust</p> <p><a href="#">Download Programme Zero Presentation</a></p> <p>Dr Alan spoke about programme Zero, a new programme which is designed to help get new HIV diagnosis to 0%. Dr Alan works at Dean Street and reported that the HIV rate at the clinic had dropped in the last 15 months. They want to attack HIV from every possible angle. At the Clinic, if you hit certain criteria, you can be a Prime member and choose from 5 options, as detailed in the presentation. The options range from taking a break from sex to using PrEP. The Clinic found that those on Prime had an outcome of 1.37 compared to non-Prime members' outcome of 1.83. Plan zero is an idea to apply Prime to everyone. Dean Street recognize the need to see who is testing HIV positive, so that they can target those groups more effectively. They have found that of those testing positive, 30 percent are Latino. Language can be a barrier when promoting programme Zero so an <a href="#">online resource</a> has been created in different languages. It helps people look at what they can do to stay safe and goes through a series of questions.</p> <p>One attendee asked if the Heterosexual HIV rate has dropped and AM answered that it had dropped by 10%. He mentioned that the challenge is to get BME groups to take up the programme but it may need to be redesigned to reach hard to reach groups.</p> <p>An attendee asked if the PrEP trial was being taken up at the Clinic. AM said that the key issue with PrEP for women is that they have to use it every single day for vaginal sex in order for it to be effective. He also mentioned that the PrEP trial has 10,000 places and 1,000 have been reserved for BME groups. Clinics have reported that they are finding it hard to reach these groups.</p> <p>Another attendee asked about how we could engage young people. AM said that Young people are not quite as focused on their health so they have to be reached through other ways then going online or going into a clinic.</p>	
<b>3</b>	<p><b>Transgender Sexual Health</b> Dr Tara Suchak (TS), Chelsea and Westminster Hospital NHS Foundation Trust</p> <p><a href="#">Download Transgender Sexual Health Presentation</a></p> <p>TS started the presentation by discussing how there are now famous trans people in the media and how this has gotten people talking and promoted discussions on topics like trans health, which is good. TS describes how the trans umbrella has a lot of</p>	

	<p>identifiers and trans people do not expect people to understand all of the terms used, so if people are curious, they can just ask. TS works at CliniQ, which is on the second floor of the Dean Street Clinic. CliniQ is open every Wednesday from 5-7pm. It is seen as a safe space and for some, the only space that they feel safe. There are lots of services available, as detailed in the presentation. Unlike A GP surgery, the clinic can give time to trans people and help them to feel comfortable.</p> <p>TS showed some examples of the trans experience for both men and women. She mentioned that trans surgery for women is more easily available than for trans mens. Some patients come in to just be reassured that the results of their surgeries are good. When complications from surgeries occur, many would rather go to the clinic than a GP Surgery as they don't want to be outed. The Clinic has found it a challenge to get trans people to take part in the PrEP trail at the clinic.</p> <p>TS mentioned that Future developments for the clinic include extending opening hours as well as having a dedicated phone line and helping clients with hormone management. Most of the staff are volunteers. There is no age limit for clients.</p>	
4	<p><b>Preparing for Statutory Sex and relationship education changes</b> Allison Garton(AG), Curriculum4Life</p>	
	<p><a href="#"><u>Download Preparing for RSE education changes presentation</u></a></p> <p>AG is an Education and Training Consultant who delivers Sex and relationships education (RSE) lessons to schools and provides training in RSE to all professionals working with young people. AG gave a presentation on the changes being made to RSE across England. The Government on March 1st this year tabled amendments to the Children and Social Work Bill which will make it a requirement that all Secondary Schools in England teach RSE. Until now RSE has only been compulsory in council run schools. Parents will still have the right to withdraw their children from these classes. AG gave an overview on how RSE in schools is inconsistent and often outdated. She explained that there was a lack of education on key issues which was having a negative effect on how young people viewed sex and relationships.</p>	
5	<p><b>Roads to wellbeing map and Innovation Fund</b> Lisa Harston (LH), SASH</p>	
	<p><a href="#"><u>Download SASH presentation (Peer mentor presentation attached at end – was not presented at forum)</u></a></p> <p>SASH is a partnership between Metro, Naz, Marie Stopes and London Friend led by Turning Point which opened its doors on Monday 3rd April. It will promote good sexual health in West London while continuing to offer accessible and responsive services to those with specific needs. LH gave a presentation on the Roads to Wellbeing Map and Innovation Fund. The Roads to Wellbeing community asset map is an online resource, showing what activities are going on in your local area. It shows wellbeing activities (e.g. volunteering, sexual health services, befriending) within the tri-borough area; however anyone across London can use the map. LH explained that anybody can add to the map but it is monitored closely by admin to ensure that all content is suitable. LH explained the Innovation Fund to the group. The Fund is an opportunity for community groups and individuals to access funding of up to £2500 to develop projects and activities in their local area. LH explained that this funding is not repeated for groups/projects that have been granted funding before as SASH wants to create as many opportunities as possible. Funding is specifically for people within the three boroughs and the initiative has to be supporting people within the three boroughs.</p>	

<b>6</b>	<b>Providers Feedback and discussion</b> Chaired by Sion Davies (SD) & Shaun Watson (SW)	
	<p>As the meeting overran it was agreed by the Chairs that the Sub Groups could all come together and participate in a discussion about suggestions for future forums and deliberate any other business. Some of the topic suggestions for future forums included:</p> <ul style="list-style-type: none"> <li>• The attitudes of males towards females in gangs (particularly around contraception)</li> <li>• The mental state of males participating in chemsex</li> <li>• Sex education for BME groups</li> <li>• An FGM specialist coming to do a presentation at a forum</li> <li>• An update on how clinics are progressing with the Prep implant trial</li> <li>• Drug use within heterosexual relationships</li> <li>• Cultural impacts on sexual health e.g. cultural boundaries</li> </ul> <p>A gentleman suggested that other members of the forum could use the London Safeguarding Boards website for free resources and events/meetings on issues such as Child sexual exploitation and trafficking (<a href="#">link here</a>).</p> <p>SD informed the group that the Sexual Health Conference is going to be on the 14<sup>th</sup> March 2018 and that it is currently in the initial planning stages. SD asked whether anybody would want to assist in planning the event; AG and Laura Pham (LP) said she would be able to.</p>	
<b>7</b>	<b>Date of next meeting:</b>	
	Sexual Health Conference – 14 <sup>th</sup> March 2018, 10-3.30pm St Paul's Centre, Hammersmith	

## ATTENDANCE LIST

	Name	Organisation
1	Alan McOwan	Chelsea and Westminster Foundation Trust
2	Alice Lowry	Kensington & Chelsea Social Council
3	Allison Franks	African Women's Care
4	Allison Garton	MSH Health & Wellbeing CIC
5	Brenda Nambooze	Kensington & Chelsea Social Council
6	Chris Woolls	The Cara Trust
7	Ian Ross	Outside Chance
8	Jared Johnson	River House Trust

9	Laura Pham	CNWL NHS Foundation Trust
10	Lisa Harston	SASH
11	Monty Moncrieff	SASH
12	Shaun Watson	Chelsea and Westminster Foundation Trust
13	Sion Davies	EPIC
14	Sylvia Nissim	Kensington & Chelsea Social Council
15	Tara Suchak	Chelsea and Westminster (Dean st clinic)
16	Tristan Griffiths	NHS Westminster
17	Wadi Baker	Cara Trust