

Asset Based Community Development

Mapping Assets and Funding Innovations

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Asset Based Community Development

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ABCD – or Asset Based Community Development draws upon existing community strengths to build stronger, more sustainable communities for the future.



Asset Mapping www.roadstowellbeing.com

ROADS TO WELLBEING
YOUR FIRST STEP ON A NEW JOURNEY

HEALTH ZONE · INNOVATION FUND · RECOVERY NETWORK · CONTACT · VISIT THE MAP

WELCOME

The Roads To Wellbeing community asset map is an online resource, showing what activities are going on in your local area.

Following the principles of the 'Five Ways To Wellbeing' the map links directly to local activities and events that encourage people to connect, learn, be active, give and take notice of the environment around their own communities.

[Click here](#) to go directly to the map and start your search. Alternatively continue to scroll the page if you would like to find out more about using the map and see some of the featured events and activities.

- USING THE MAP -

Roads to Wellbeing Community Asset Map

- BECOME A CONTRIBUTOR -

Contributing to the Asset Map

Contributing to the map

Follow

We especially like to fund initiatives that try to do things a bit differently, uses existing resources in new ways and offer opportunities for our service users to get involved (volunteering etc).

The decision on funding is made by a panel of service users, peer mentors and community champions

You can apply for £500-£2500

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Innovation Fund

We want to help local people to launch ideas and programs that will help to reduce social isolation and improve 5 ways to wellbeing for people in the local area.



Innovation fund criteria

- We are looking to fund projects from residents (aged 18+) or charities/ not for profit groups located within the boroughs of Hammersmith and Fulham, Kensington and Chelsea, and Westminster.
- Idea meets one or more of the 5 ways to wellbeing (must include GIVE)
- Provides opportunities for people who have been affected by substance misuse.



Some Inspiration



Here are some examples of the types of Innovations that have been applied for/funded so far.



Project Bootcamp*
12 sessions to 'metamorphosis'
Rebecca Tallon de Havilland and friends
& SASH partnership

WOMEN'S EVENING
For women recovering from addiction
Mondays 4-8pm
Drama group 4-6pm
Social group 6-8pm
Drama Activities
Games
Complementary Therapies
Hot Food
We operate an abstinence on the day policy
61 Munster Road
London
SW6 3RE
Get in touch: 020 7571 8020 / admin@edgetc.org

We have an announcement!
Auricular acupuncture @The BOOST HUB! This Friday! 11am-2pm!

OUTSIDE EDGE THEATRE
the FIRM

Any Questions?

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“Peer Mentors are positive role models who can use their lived experience to inspire, motivate and promote health and wellbeing”.



- From The Peer Mentoring Handbook

Peer Mentor Profile



1. Priority to people from 3 London boroughs of H&F, K&C and WCC

2. MSM HIV+, LGBTQ+ BAME communities

3. Willingness to share skills, knowledge, and expertise.

4. Demonstrates a positive attitude and acts as a positive role model

5. Approachability, availability, and the ability to listen

Training Modules



- Introduction to SASH Peer mentoring
- Confidentiality , Safeguarding and Boundaries
- Interpersonal Skills and Difficult conversations

- Gender, Race and Equality
- Sexual Wellbeing and Healthy Relationships
- Substance Misuse Awareness

On completion PM's will receive an Open Awards Level 2 Award in Skills for Further Learning and Employment (SFLE)

Areas covered include...

- The key concepts and principles of peer mentoring
- How to build rapport and manage self disclosure
- Change and motivation - cycle of change, motivational strategies
- STI's and risk taking
- HIV, testing and treatment
- Relationships and Communication
- Positive Sex
- Assumptions, Stereotypes and Prejudices
- NPS (“Legal Highs”) and Chemsex

Pick and Mix

We have followed the established Metro Peer Mentor model for the Peer Mentors to deliver support on a one to one basis

These include themes such as
HIV History Sharing
Self Esteem
Goal Building
Social Roles and Responsibilities



Any Questions?

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