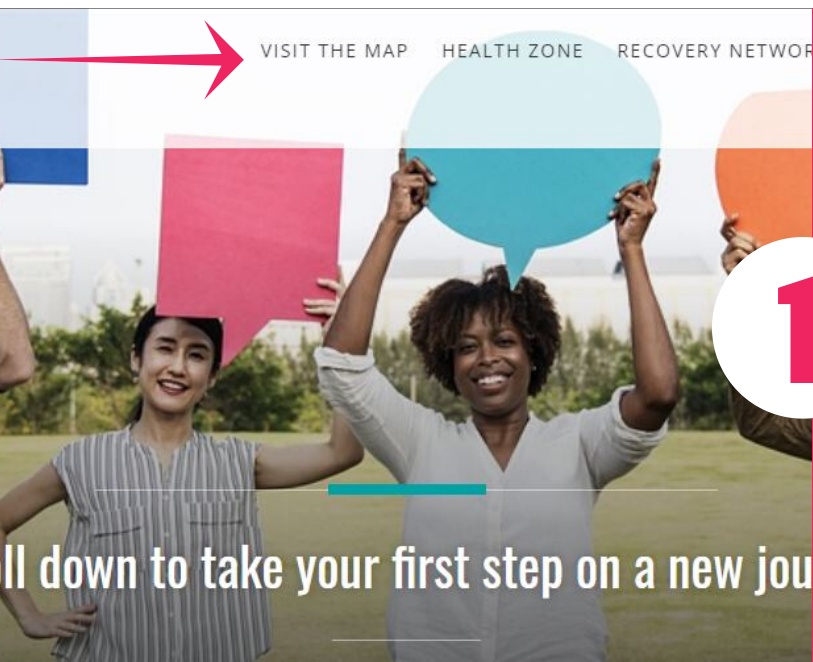


# HOW TO USE

## The Roads to Wellbeing Asset Map

[www.roadstowellbeing.com](http://www.roadstowellbeing.com)

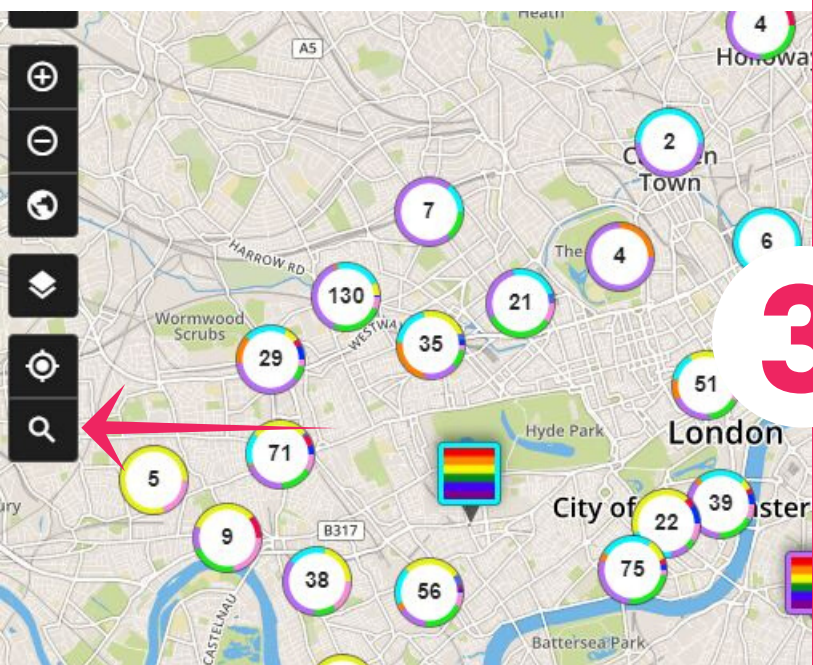
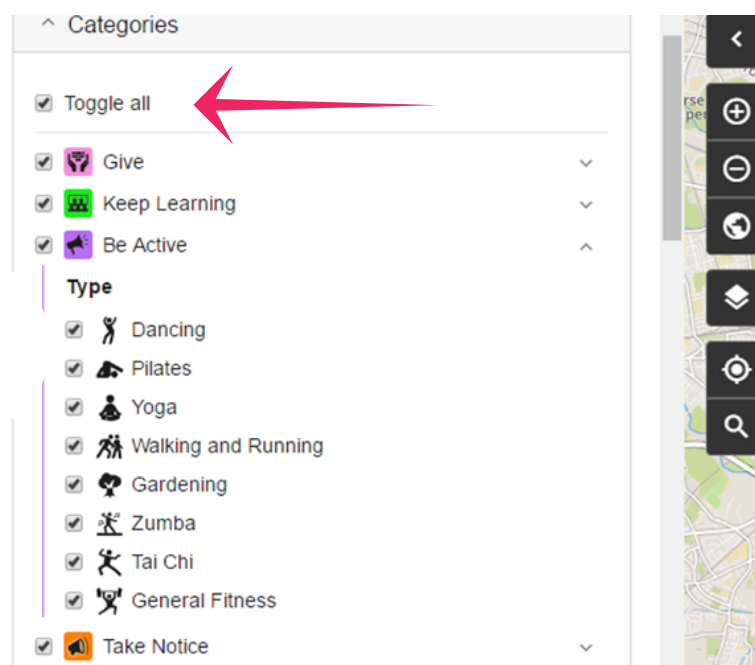


1

Click on the link for the map

You can filter the list of activities on the left hand side to find something you are interested in. Or leave all of the options ticked.

2

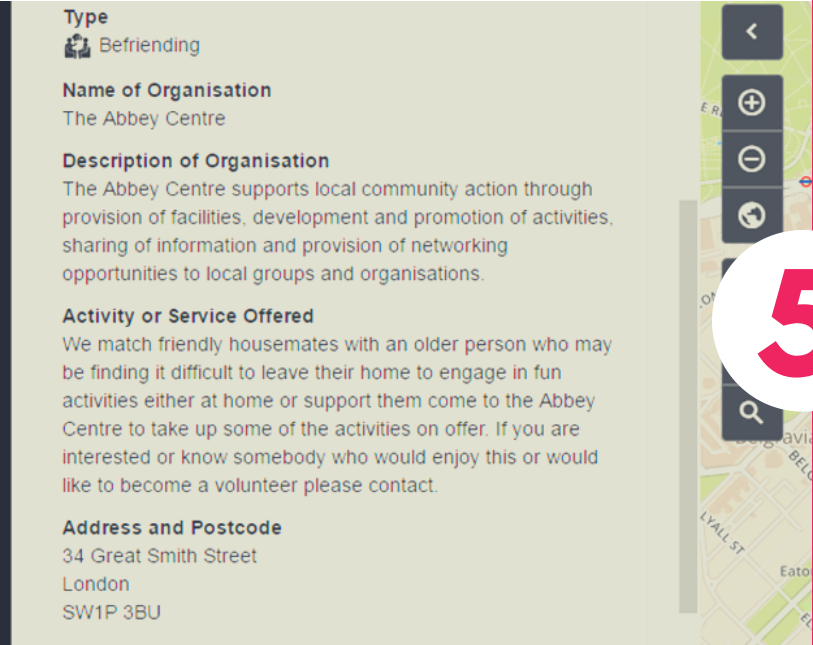
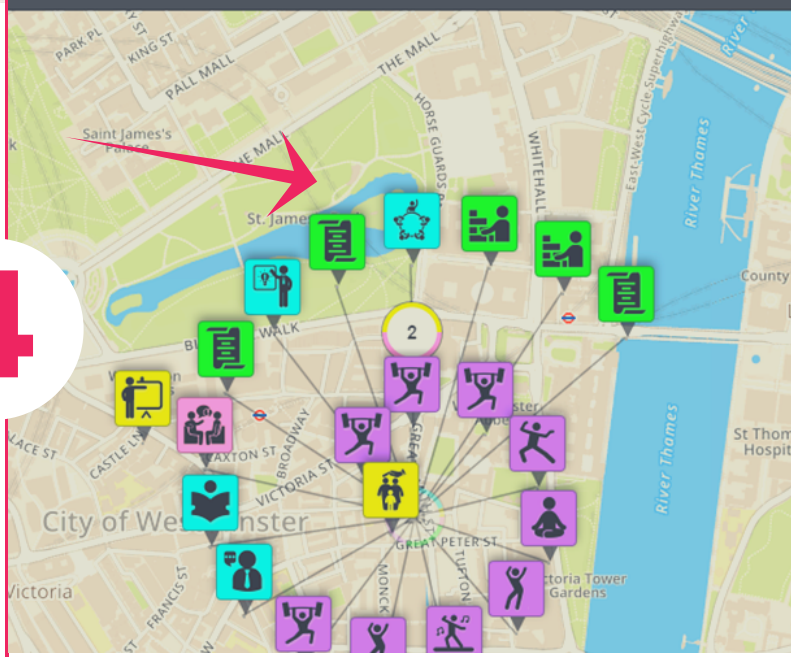


3

Enter your postcode to find out what exists locally to you.

Click into one of the icons to find out more about the activity.

4



5

Information about each activity is then available at the left of the screen

For more information: [lisa.harston@turning-point.co.uk](mailto:lisa.harston@turning-point.co.uk)

# HOW TO ADD TO

## The Roads to Wellbeing Asset Map

[www.roadstowellbeing.com](http://www.roadstowellbeing.com)



1

Do you know about an activity or service that supports the 5 ways to wellbeing?

Is it located within Hammersmith and Fulham, Kensington & Chelsea or Westminster?

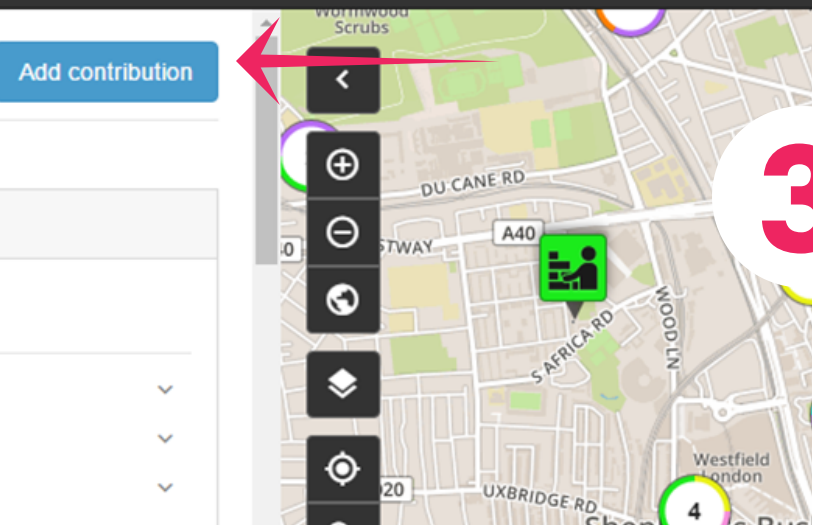
Set up a free account by clicking on the log in button

2

Roads to Wellbeing Map

The map encourages people to explore activities and services that support wellbeing and reducing social isolation across the three boroughs of Hammersmith and Fulham, Kensington and Chelsea.

ing



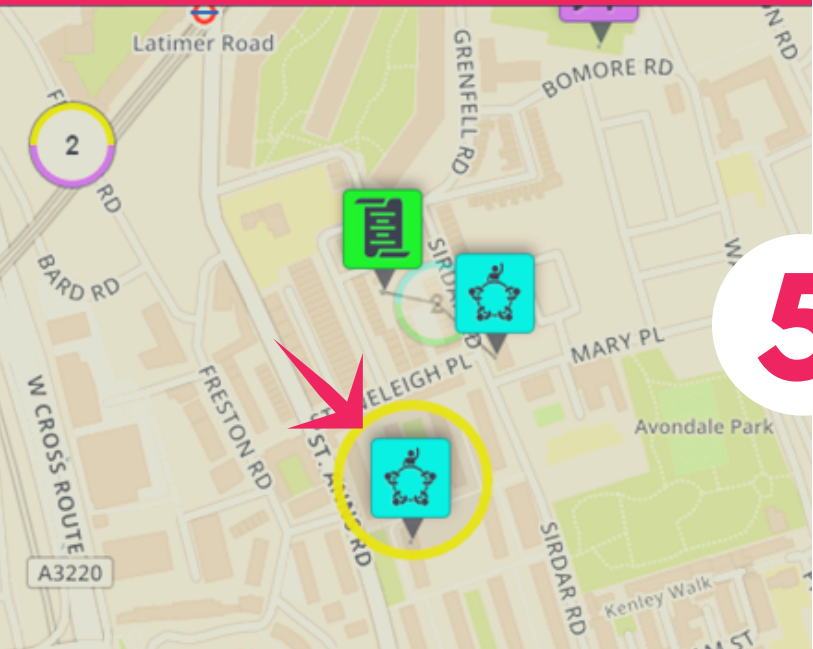
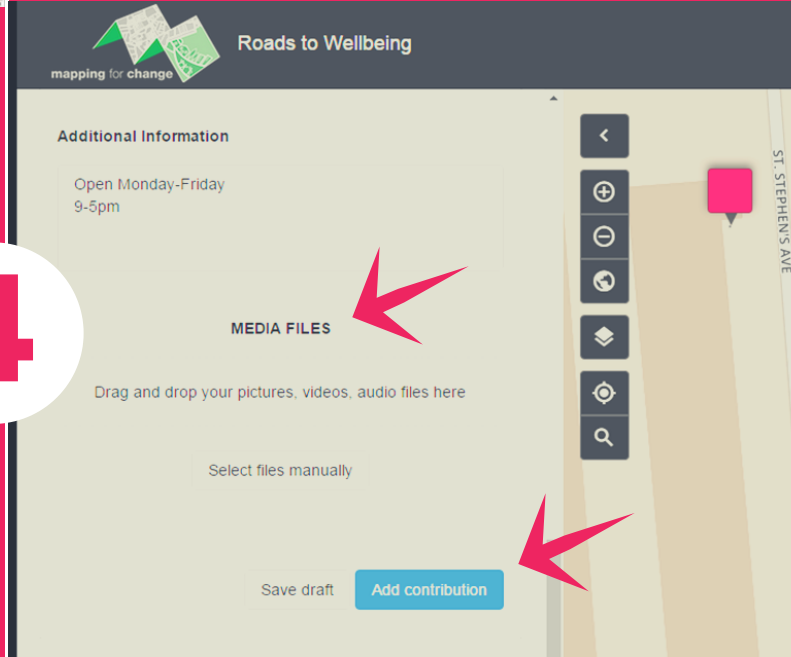
3

Once you have located the place you would like to add to the map, click the add contribution button. Ensure that you have completed all of the information boxes.

You can also add media files such as leaflets or fliers.

4

Click the add contribution button when finished



5

The activity will then be submitted for approval.

For one off activities please use the events section

Once accepted it will be public for everyone to see