

Quiz and Trivia Telephone Group Volunteer

Carers Network are a non-for-profit charity that support over 5,300 unpaid carers across the London boroughs of Westminster, Hammersmith and Fulham and Kensington and Chelsea. Our vision is that every unpaid carer in that the areas which we operate is recognised and leads a fulfilling life with control over their caring role.

During the coronavirus pandemic we have overhauled our services and volunteer programme to deliver activities through Zoom and our telephone conference package, Speaq. We have launched several telephone groups to reach out to our most socially isolated carers, whom either do not feel comfortable using Zoom or who do not use the internet.

Given the doom and gloom surrounding coronavirus, Carers Network are launching a Quiz and Trivia Telephone Group to focus on fun activities that help carers take a break from their caring role and meet other carers.

Through hosting a biweekly or monthly Quiz and Trivia Telephone Group, you will deliver fun games that can be done over the telephone, such as a quiz, trivia, guessing games, two truths and a lie, Desert Island Discs, guessing a song through a piece of music.

This is a completely new project and you will have a free reign on how you choose to run the group, but given that this is done over the telephone without any visual cues you will need to think outside of the box.

Join Carers Network to be part of a winning team, support an unpaid carer and gain a workplace reference. By volunteering for us you could truly make the world of difference to the life of an unpaid carer.

The role

- Host a biweekly or monthly hourly telephone group depending on your availability
- Create a competitive atmosphere that is also friendly and fun
- Moderate order of speakers and give all participants an equal opportunity to speak
- Work closely with our Volunteer Development Officer to monitor attendance figures, names of attendees and feedback on the session
- You may choose to do some preparation prior to each session for putting games and quizzes together
- As this role is telephone based you will not have any visual aids to guide you, so you may have to repeat yourself and thoroughly explain questions or activities

Person Specification

- Group facilitation- experience of facilitating a group is desirable but not essential
- No formal qualifications are required for this role, just a willingness to enhance the emotional wellbeing of unpaid carers
- Good communication and listening skills
- We welcome applications from black minority ethnic groups