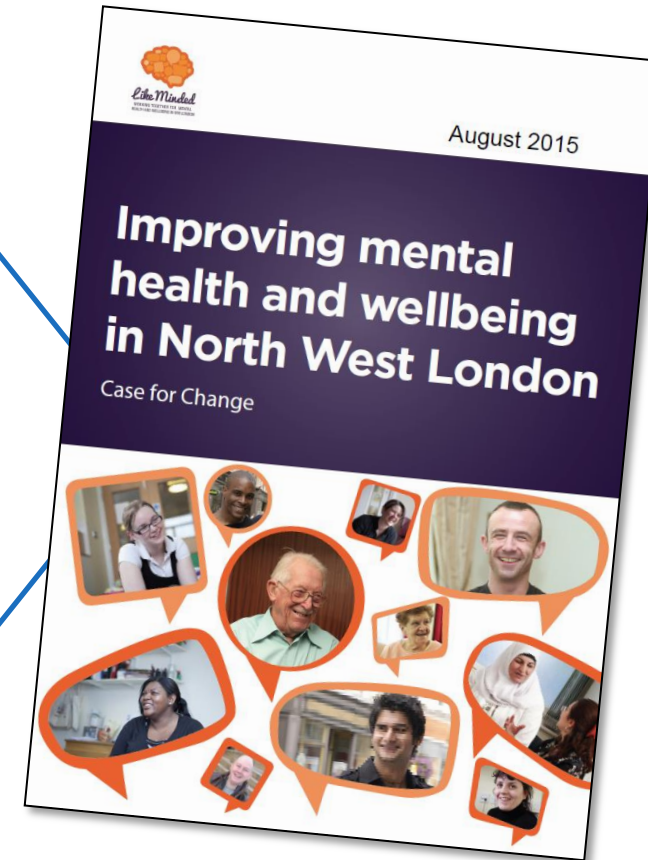


Like Minded overview: What is it?

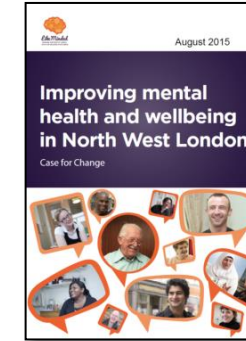
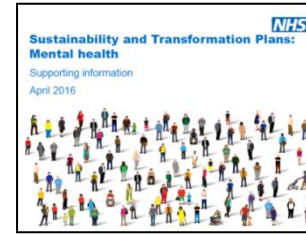
Like Minded is the strategy for establishing joined up care that leads to excellent mental health and wellbeing outcomes across North West London.

- Development is led by the NW London Collaboration of CCGs.
- Co-produced with service users, carers, health & care professionals, third sector & user-led organisations and other experts.
- Both Mental Health Trusts in NW London actively involved in developing the strategy.
- Case for Change published August 2015 – describing a shared picture of the issues and our shared ambitions.
- We are now working towards realising this vision.



***Like Minded* works across North West London – building on the local transformation and co-production work within each Borough, and on work led by our mental health providers**

Our Case for Change fed a number of existing workstreams – which have impact not just in mental health sector



Serious and Long Term Mental Health Needs

Ensuring we address physical and mental health needs simultaneously and reduce use of A&E/acute hospitals

Common Mental Health Needs

Work with frail elderly and on Long Term Conditions needs to reflect depression and anxiety



Children & Young People

Specialist Eating Disorder services now provided across NW London, & CAMHS redesign underway - paediatric pathways link to CAMHS

Perinatal

Acute Recon & Maternity wards via new services in WLMHT areas



Learning Disabilities and Challenging Behaviour

Local Services via people moving out of specialist LD beds and back into community in NW London

Crisis Care

Acute Recon, 7 Day Services & Local Services via Single Point of Access 24/7/365 for people needing crisis advice or referral



Wellbeing and Prevention

Links to Workforce, Local Services via work on Workplace Wellbeing

Enablers for Mental Health

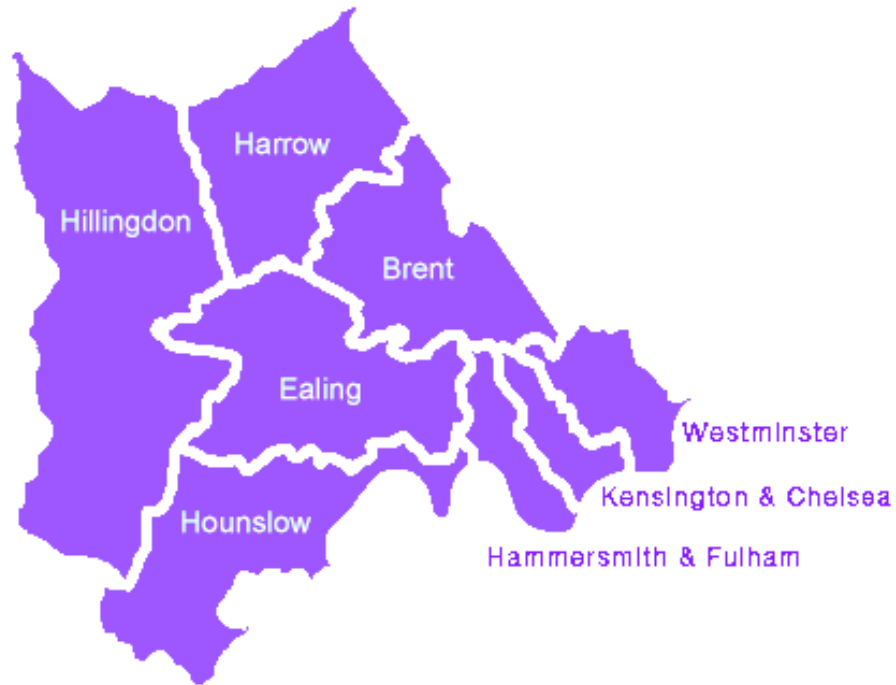
Workforce, Outcomes, Estates links through all our workstreams



Making A Difference Alliance



Like Minded
WORKING TOGETHER FOR MENTAL
HEALTH AND WELLBEING IN NW LONDON



Experts by experience working together with health and social care professionals in a process of shared decision making where each party's perspectives are valued equally.



Making A Difference Alliance

Purpose

Improving mental health services so people's wellbeing and quality of life is better by bringing lived experience into equal, partnership working with health and social care organisations at all levels.

Vision

Experts-by-experience will be integral in every aspect of mental health service design and delivery, working as equals with health and social care organisations.

Co-production will be the norm rather than the exception. It will enable collaborative working between organisations.

What is a Health Based Place of Safety? (HBPoS)

A health-based place of safety is a space where people detained and transported under Section 135/136 of the Mental Health Act 1983 can be managed safely while an appropriate assessment is undertaken (by a psychiatrist and an approved mental health professional).

What is section 135?

- Section 135 allows the police to enter your home and take you to (or keep you at) a [place of safety](#) so that a mental health [assessment](#) can be done. This could involve keeping you at home.

• What is section 136?

- Section 136 allows the police to take you to (or keep you at) a [place of safety](#). They can do this without a warrant if:
 - you appear to have a [mental disorder](#), AND
 - you are in any place other than a house, flat or room where a person is living, or garden or garage that only one household has access to, AND
 - you are “in need of [immediate care or control](#)” (meaning the police think it is necessary to keep you or others safe).

Lived experience research plan

Purpose of this research:

To understand what are the experience needs of people in mental health crisis when the police take them for help.

(rationale: the better people's experience the better their health outcomes)

To improve the service and environment at Places of Safety in North West London across the eight boroughs.

We need to know from people with direct experience of Places of Safety (s135/136) in North West London what they think is most important to meet people's needs in future.

:

What can you do?

- If you have direct experience please consider giving your time to take the survey.
- If you know someone with this experience, please let them know about the survey.
- If you would like to arrange to take the survey in a person-to-person meeting or over the phone please contact :
Samantha.holmes@rethink.org.
- Here is the link to take the survey online:
- <https://smartsurvey.co.uk/s/NWLplacesofsafety>

Thank you

Vittoria De Meo

M.A.D. Alliance

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