

## OLDER PEOPLE'S PROVIDERS NETWORK

Wednesday 10 March 2021 1:00pm – 2.30pm

## Virtual meeting via Zoom

**Chair:** Zara Ghods, Chief Executive, Kensington and Chelsea Over 50s Forum Minutes taken by: Zina Serageldin, KCSC

Item	Notes	Action		
1	Welcome from new Chair, Zara and introductions.			
	Agenda			
	Dhani Dhanoa (DD) introduced the new Chair of the Older People's Providers Network, Zara Ghods (ZG).			
	ZG introduced herself and thanked everyone for attending. She asked all present to complete the evaluation form at the end of the session to enable planning for future meetings.			
	All participants briefly introduced themselves and their organisations.			
2	Liz Dunsford, Senior Public Health Strategist – Adult Social Care, to give an update on situation with Covid-19 and the vaccine in both boroughs. Any questions for Liz?.			
	Presentation			
	Liz Dunsford provided borough updates on:			
	<ul> <li>Epidemiology Currently cases are low mainly to lockdown.</li> <li>Easing of restrictions A four-step roadmap has been introduced. Return to school has started and care home visits have also started. Roadmap assets: <u>https://coronavirusresources.phe.gov.uk/spring- response/resources/</u></li> <li>Vaccinations Group 8 have now been invited to book vaccinations. There is an undertaking to improve vaccine take up through training of Community Champions and those seen as trusted to ask residents to take the vaccine. Training is in place to get the voluntary sector to reach residents with this information. As with flu, where a new shot is given each year to account for changes in circulating flu viruses, something similar could happen for coronavirus shots.</li> <li>Testing information: <u>https://www.westminster.gov.uk/testing</u> <u>https://www.rbkc.gov.uk/coronavirus-covid-19/council-services-and- disruption-updates/covid-19-testing-and-tracing</u></li> </ul>			

	Results are achieved straight away from Lateral Flow Device (LFD) testing.				
	Key discussion points following on from the presentation included:				
	<ul> <li>Currently the voluntary sector are not on the priority vaccination list. Age group vaccination will be launched soon. While waiting for vaccination people must maintain Covid-19 secure working and get LFD testing twice a week.</li> <li>Pfizer and Astra Zenica vaccines have been found to work on original Covid-19 strain and Kent variant. They are not as effective against the Brazilian strain. Work will continue to adapt vaccines.</li> <li>Vaccines are 80% effective but do not prevent transmission.</li> <li>Engagement work is being done to work with communities that have concerns. The lack of technical access is also being looked at.</li> </ul>				
3	Breakout rooms to discuss this winter and what lockdown meant for older people's services – What worked? What didn't? What can be done to improve things? What was learnt from this lockdown?				
	Feedback was given following the breakout session:				
	<ul> <li>Calls were very much appreciated by service users. Most people had been inundated with surveys and messages and wanted to speak to someone. Isolation and language barriers as well as dementia have had an impact.</li> </ul>				
	<ul> <li>The expansion of online and phone groups had provided more opportunities for housebound and less mobile service users who had once been excluded.</li> </ul>				
	<ul> <li>Positive feedback was received from unpaid carers who had not had to travel long distances and were able to fit classes/sessions around their other responsibilities. There is a strong desire for services to remain in place as it works so much better for them.</li> </ul>				
	<ul> <li>Attendance for online services has however been lower than face to face. Online services should not be a replacement but run alongside face to face services.</li> </ul>				
	<ul> <li>Even though digital interaction worked well for some it also proved a barrier for others. There was an impact on those that had sensory loss.</li> <li>Those already isolated are becoming even more isolated. The impact is worse on those suffering with mental health already.</li> </ul>				
	<ul> <li>The divide has been heightened for those who are reticent to engage with technology. People not benefiting from the digital revolution are more isolated now than they should be.</li> </ul>				
	<ul> <li>Simple technology such as KOMP which Age UK have provided has helped to breach the divide.</li> <li>Some people have been over connected with contact from organisations</li> </ul>				
	<ul> <li>Some people have been over connected with contact from organisations while others who have not require as much support from services have fallen through the gap with infrequent contact. This group will require support especially as lockdown ends, as they do not have any other family or networks.</li> </ul>				
	<ul> <li>Support is needed for people as they come out of doors again, not just emotional support but physical support is needed.</li> </ul>				
	<ul> <li>The long dark nights were found to have an impact on mobility and mental health.</li> <li>An important area of homocare staff consistency needs to be looked at</li> </ul>				
L	An important area of homecare staff consistency needs to be looked at.				

	<ul> <li>It is hoped that the use of PPE and testing will allow for face to face conversations in people's homes.</li> <li>The RBKC hub worked well at referring people to hot food delivery services, foodbanks and prescription collection referrals. Certain isolated members were reached that had not been reached previously. Schemes such as telephone befriending had also resulted in more frequent contact than previous in person visits.</li> </ul>	
4	4 Evaluation Form	
	All those present were asked to complete the evaluation to indicate topics they would like discussed at future meetings.	

## **ATTENDANCE LIST**

Name	Organisation
Anna Porta	Westway CT
Carolina Castilla	Green Doctors
Caroline	RBKC
Deirlen Cano	One You Westminster
Dhani Dhanoa	KCSC
Elizabeth Dunsford	Public Health, Westminster
Emma Cohen	Open Age
Everine Shand	RBKC
Francis Ngale	Carers Network
Jackie Rosenberg	One Westminster
Jenny Greenfield	KCSC
John Fryer	Kensington and Chelsea Foundation
Julia Linfoot	Harrison Housing
Julie Foord	Resonate Arts
Justin Gaffney	MSH at Home CIC
Justine Dornan	RBKC and Green Doctors
Lesley Derry	Public Health, WCC

Pu	rvita Bhatt	Westway CT
Bu	oinder Verdi	RBKC
Sar	ndy Roberts	Carers Network
Sai	ra Murphy	KCSC
Sha	aron Hobbs	Salvation Army
Su	resh Gupta	India Welfare Society
Tas	sio Cabello	Age UK Kensington and Chelsea
Ter	esa Meekings	Community Massage London CIC
Tes	ssa Jelen	Breathe Easy Westminster
Var	nessa Farrow	Chelsea Theatre
Zar	a Ghods	Kensington and Chelsea Over 50s Forum

The information above will appear in minutes for this meeting which will be made available to all the attendees and published on KCSC's website.