

**Mental Health First Aid training in North Kensington
Open for Applications**

The North Kensington Self Care Programme provides access to local communities affected by the Grenfell fire to non-medical activities to support their overall health and wellbeing, by building confidence, knowledge and skills in managing their health care. This is part of West London Clinical Commissioning Group's (WLCCG) key priorities under the Health and Wellbeing Strategy for North Kensington.

Funding is available for a Voluntary and Community Sector (VCS) organisation or a partnership of organisations to provide mental health first-aid training or similar mental health training as part of a North Kensington Self-Care programme. WLCCG, working with Kensington & Chelsea Social Council (KCSC), plan to allocate up to £10,000 to a VCS organisation to deliver virtual training to communities and VCS organisations in North Kensington. Please state in your application if you would be open to working with another organisation and would like support making these connections.

Services we would like to fund:

A qualified Mental Health First Aid trainer/s or similar qualification to deliver:

- Mental health first aid training or similar training to local VCS organisations and residents (these could be delivered together or through separate targeted sessions)
- Mentoring for VCS organisations around dealing with difficult situations relating to service users' mental health

About the Mental health first aid training service

Target: People living or working in North Kensington and/or people who were affected by the Grenfell Tower fire

Delivery information:

- 12 - 15 x group training sessions (minimum of 15 participants per cohort)
- 2 x mentoring / supervisory session with 5 organisations

The lead organisation needs to ensure that the content is easily adapted to suit different service user groups i.e. younger people, older people, people with disabilities and people who English is not their first language – this could be done by partnering with other organisations.

Monitoring: The successful providers will be required to report on and evaluate their Project with the support of KCSC.

Funding: The allocated figures above should be used as a guide. KCSC can support organisations to work out their full cost recovery.

Applications: Applications need to be submitted no later than Monday 7 December.

[Click for the application form](#)

[Please see for more information about the North Kensington Self-Care programme and guidance notes for the completion of your application.](#)

Kensington & Chelsea Social Council is a local charity working to strengthen voluntary and community organisations in the borough. We offer a range of FREE services to local groups such as help with funding applications, health checks, training, governance advice, project planning and monitoring support. To find out more please contact support@kcsc.org.uk

If you need support completing this application, please contact james@kcsc.org.uk