



# HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

**Tuesday 16 April 2019, 10.00am – 12.30pm**  
**Committee Room 1, Kensington Town Hall, Hornton Street, W8 7NX**

**Chair:** Angela Spence, KCSC  
**Minutes taken by:** Alice Lowry, KCSC

Item	Notes	Action
<b>1</b>	<b>Minutes of meeting on 21 February and any matters arising</b>	
	Minutes from the previous meeting were approved and there were no matters arising.	
<b>2</b>	<b>Social prescribing: NHS long term plan, current WLCCG offer &amp; future vision – Kalwant Sahota, WLCCG</b>	
	<p>Kalwant introduced herself to the group and explained that her core role at WLCCG is working for the Integrated Health Team and her other role is with the North Kensington Recovery Team looking at Self Care. Social Prescribing is a model used across the country. It focuses on linking people into networks for practical and emotional support. WLCCG are focusing on making the referral process as simple and joined up as possible and ensuring that there are clear outcomes. KS gave My Care My Way as an example of social prescribing and the positive impact it has had on older residents (see Social Return on Investment <a href="#">report</a>). WLCCG are looking at how to embed social prescribing into the community of North Kensington. They are keen to ensure pathways are smooth and that information about services available is made clear to GPs. Social Prescribing is more personal than signposting – it’s about slowly going through what someone wants</p> <p>Kalwant reached out to the group and asked them what they think the challenges to the model are and what people’s thoughts on the access points are. Key discussion points included:</p> <ul style="list-style-type: none"> <li>• Assessment studies of social prescribing was discussed. KS has a fuller report.</li> <li>• There was a discussion about how much information GPs had access to it and the need for the relationship between link workers to be positive. The new Health Help Now app was discussed.</li> <li>• Group members said that there were vulnerable groups (such as the transgender community) with a lack of trust for services and GP’s. Other members said that this was a valuable role for grassroots organisations who can use their expertise to get clients into the system.</li> <li>• The use of link workers in community centres was discussed and training organisations so that they can act like the link worker.</li> <li>• Organisations said that training was a two way street with GP services and that it is important that reception staff are also kept informed so that they can keep communicate effectively.</li> </ul>	
<b>3</b>	<b>SASH Overview – Marilla Tolfree and Ella Frost, SASH</b>	

	<p>Marilla and her colleague ... gave the group an overview on the work that SASH do as an organisation. SASH is a service providing support and advice on sexual health issues. They are part of a partnership made up of five organisations (Naz, Turning Point, Metro, Marie Stopes and London Friend). Please see presentation attached for more information. They also touched on points made at the Sexual Health Conference on 28 March – please find link to the key discussions <a href="#">here</a>.</p> <p>If members have any questions about the service they can contact Marilla or Ella at <a href="mailto:Marilla.tolfree@sashlondon.org">Marilla.tolfree@sashlondon.org</a> and <a href="mailto:ella.frost@sashlondon.org">ella.frost@sashlondon.org</a>.</p>	
4	<p><b>MUSAWA BME Community Consortium</b> – Anneka Singh &amp; Philip, MUSAWA, BME Community Consortium</p> <p>Anneka and Phil introduced themselves to the group. The MUSAWA BME Consortium is based in North Kensington MUSAWA is comprised of 11 civil society organisations that primarily serve the BME community in and around Kensington &amp; Chelsea. Phi stressed that the BME community is keen to engage with other voluntary/community organisations and that the cultural and societal disconnect between them needed something to bridge the divide.</p> <p>Key questions and discussions which arose from the presentation included:</p> <ul style="list-style-type: none"> <li>• A group member asked what the Consortiums plans for the next year are. Anneka said that the Consortium is looking to engage with organisations in the sector and work closely with WLCCG. They want to ensure the network is well promoted amongst local decision makers so that better links can be created in understanding the needs of BME communities.</li> <li>• A group member asked whether any of the organisations involved offered mental health services in different languages. None of the organisations offer mental health counselling directly but do provide health advocates to get the particular person comfortable with counselling. A representative from Community Living Well (CLW) Mother Tongue counselling service said that CLW can support users to access effective and culturally capable one-to-one counselling in Arabic and Farsi.</li> </ul>	
5	<p><b>Feedback from other forums including:</b></p> <ul style="list-style-type: none"> <li>• Borough Voluntary Organisations Advisory Group</li> <li>• Main Voluntary Organisations Forum</li> <li>• Health and Wellbeing Board</li> <li>• WLCCG</li> <li>• Healthwatch</li> </ul>	
	<p><b>Borough Voluntary Organisations Advisory Group</b></p> <p>AS explained that this meeting was for the voluntary sector to meet with local Cabinet members from RBKC 3 or 4 times a year. Any topic suggestions for meetings can be sent to AS. AS also informed the group of a Voluntary Sector Day that RBKC is currently planning and is an opportunity to showcase the work of the sector amongst with officer of the council, the NHS and other statutory bodies – it is set to take place on Tuesday 17 September.</p> <p><b>Main VOF</b></p> <p>The Main VOF in June will focus on the future role of RBKC' Community Engagement team, implementing the Council Plan and the Grenfell Recovery Strategy.</p> <p><b>Health and Wellbeing Board</b></p> <p>Recent focus has been on the development of a new mental health strategy. The next</p>	

	meeting is in July.  <b>Healthwatch</b> Healthwatch have been holding discussions around the NHS Long Term 5-year Plan and are also circulating surveys for service providers.	
6	<b>Events and AOB</b>	
	<ul style="list-style-type: none"> <li>• Sylvia from KCSC has been working with groups to create an online training for Carers. This is a free training with 10 different modules and you get a certificate for completing it. Details to be uploaded on the Health &amp; Wellbeing page.</li> <li>• Social Cycling is providing practice groups in advance of the London Cycle which is taking place in August.</li> <li>• Equal People Mencap have launched a new project network for people affected by the Grenfell Tower Fire. They are using peer groups as a way to support them.</li> <li>• Citizens Advice are planning a campaign to improve report writing. They are organizing workshops to give people tools to write effective reports. For further information please contact <a href="mailto:research@kensingtoncab.org.uk">research@kensingtoncab.org.uk</a>.</li> </ul>	

## ATTENDANCE LIST

	Organisation
1	African Women's Care
2	Citizens Advice
3	Clement James Centre
4	Community Living Well-Mother Tongue Counselling-Brent, Wandsworth and Westminster Mind
5	Dalgarno Trust
4	Equal People Mencap
6	Hear Women
7	Kensington & Chelsea Social Council
8	Mad Alliance/NSUN
9	Midaye Somali Development Network
10	Notting Hill Methodist Church
11	Open Age
12	Paddington Development Trust
13	Peabody Housing Association
14	Royal Borough of Kensington and Chelsea

15	SASH
16	Spectra
17	The Health Forum
18	West London Clinical Commissioning Group
19	West London Zone

*The information above will appear in minutes for this meeting which will be made available to all the attendees and published on KCSC's website.*