



HEALTH AND WELLBEING FORUM

Tuesday 6 July 2021
 10.00am – 11.30am
 Virtual meeting via Zoom

Chair: Angela Spence, CEO, KCSC
 Minutes taken by: Zina Serageldin, KCSC

Item	Notes	Action
1	<p>Welcome and Introduction - Angela Spence, CEO, KCSC</p> <p>Agenda</p> <p>Angela Spence (AS), welcomed everyone and ran through the forum ground rules and agenda.</p>	
2	<p>Public Health update on Covid & Vaccine roll out – Natalia Clifford, Deputy Director of Public Health</p> <p>Presentation</p> <p>Natalia Clifford provided an update from Public Health including the latest case numbers for RBKC and WCC.</p> <p>NC highlighted the 5-point plan for Step 4 of the roadmap in effect from 19 July 2021. This included plans to ease restriction and the scheduled vaccination surge.</p> <p>Key discussion points following the presentation:</p> <ul style="list-style-type: none"> - The numbers of positive cases in schools and student having to isolate was raised. The Education Secretary has announced that from September there are plans to no longer require school children to isolate following contacts. No vaccines have been licensed for under 18-year olds. - Concerns were raised about potential conflict over face covering on public transport as this will no longer be legally mandated. - The testing facility at Kensington Leisure Centre is now closed. NC will feedback that signage is still in place signposting residents there. There has been a rise in people collecting test kits from pharmacies or ordering them online. The testing facility at Kensington Town Hall is still open. 	<p>NC will feedback that signage is still in place signposting residents there.</p>
3	<p>Safer Suicide Communities - Safia Khokhar, Senior Public Health Strategist</p> <p>Safia Khokhar (SK) provided an update on the Safer Suicide Prevention steering group meeting.</p> <p>The inequalities gap has widened with a resulting impact on determinants of health such as education, employment, debt and wellbeing.</p> <p>The steering group has produced an action plan:</p> <ul style="list-style-type: none"> • Reducing the risk of suicide in key high-risk groups 	

	<ul style="list-style-type: none"> • Developing a safer suicides community • Tailoring approaches to improve mental health in specific groups • Supporting those who are bereaved • Improving data collection and monitoring <p>Safer Suicides Community Training packages using the train the trainer model and run by Every Life Matters are being offered for delivery and development of Safer Suicide Prevention training to residents, business, voluntary and community sector organisations, local services and the Council.</p> <p>The successful provider will receive £30,000 per year for five years. They will be required to provide feedback to the steering group. Procurement is scheduled for late autumn, it will go out to tender in November and be out for delivery early next year.</p> <p>A consultation exercise was run in April that highlighted that it was critical to:</p> <ul style="list-style-type: none"> • Engage with BAME and hard to reach communities to understand barriers for them engaging with services. • Ensure promotional materials meet the needs of communities i.e. language, cultural awareness, cultural sensitivities and religious beliefs. • Adopting a partnership approach to deliver services not available in the community, ensuring engagement with residents. <p>Also raised at the Bi- borough scrutiny group was suicide prevention for men and the disproportionate numbers of middle-aged men being impacted. Areas where additional activity and outreach is required to support men will now be examined. If support can be provided to organisation or if organisations have scope around this agenda SK would be eager to hear them.</p> <p>The safer suicide universities update provided two key actions:</p> <ul style="list-style-type: none"> • Understanding trends around suicide and how this can be used to target campaigns and shape policies around students in universities. • Building on the police and university relationship and take a more strategic approach to how they work together. <p>Mental Health pathways were also discussed. The aim working across the bi-borough and with CNWL is to have an effective and efficient flow of information to enable quick learning and follow up actions.</p> <p>Key discussion points following the presentation:</p> <p>The policy was informed by the Professor Appleby study. A recommendation was made to work with a number of stakeholders, partners and organisations to raise the profile of suicide prevention and support people in crisis or even before that point.</p>	
4	<p>Strategic Developments in the NHS and the VCS response – Angela Spence, KCSC & Jenny Greenfield, KCSC</p>	
	<p>Presentation</p> <p>At the last Health and Wellbeing Forum John Pullin (Associate Director for Integration and Delivery, NWL CCG) spoke about NHS developments including the Integrated Care Partnership (ICP). Angela Spence (AS) provided an update on the changes and discussed the possible voluntary sector response.</p> <p>AS outlined the development areas within the VCS response.</p>	

	<p>There now exists a group of voluntary organisations that have come together called the third sector strategic group (3ST) from across the eight NW London boroughs aiming to understand what is happening within the NHS with the 8 CCGs merging into one at the North West London (NWL) level and the formation of the VCS group aims to reflect this change.</p> <p>The aims and governing principles of the 3ST were laid out. VCS members of 3ST who want to step into representative roles are being encouraged. Membership of 3ST will be open to all organisation based within the boroughs. 3ST are committed to ensuring that members are able to benefit from its activities and are able to participate.</p> <p>Engagement at local neighbourhood level will feed into 3ST and in turn feed into the NWL VCS leadership group which is part of 3ST. The aim is to ensure the development of 3ST at a strategic level, with the ability to influence decision making and be considered an equal partner.</p> <p>Jenny Greenfield (JG) introduced what KCSC is doing at local level. As well as representing the VCS on new bodies and attending 3ST meeting with RBKC representatives a new Bi-borough VCS group is being set up. This will be in collaboration with One Westminster. KCSC will continue to build relationships with GPs and Primary Care Networks (PCN) and share best practice across the borough. The development of the Community Health West London Community Interest Company (CIC) was highlighted. News about opportunities to participate in Health contracts will be brought to future meetings.</p> <ul style="list-style-type: none"> • The Bi-borough VCS Health and Wellbeing Providers Group Meeting will take place on Thursday 5 August from 10:00am to 11:30am. 	
5	Breakout rooms	
	<p>How is your organisation now responding to the ending of lockdown measures i.e. staff returning to the office and service provision?</p> <p>Are there any main issues/concerns in relation to the above or with issues facing your service users?</p> <p>Feedback from breakout rooms:</p> <ul style="list-style-type: none"> - VCS organisations that rent a building that isn't opening. How can orgs be supported in talking about this? A lot of VCS orgs have small spaces and small rooms, how can VCS organisation share space? - Supporting employees who don't want the vaccine and balancing this with providing a safe space for service users to come and feel comfortable. Employee/employer rights – employment law etc. - How can the VCS/community connect better with GPs/PCNs, they are not being heard? - VCOs planning a blended offer of some outdoor activities and inside face to face activities but are still considering social distancing particularly for older people's services. Older People's organisations like have found younger age groups compared to the older, more frail age groups are keen to come back. Older more frail people are less keen to go back to face to face and prefer online services. - Working will be part office part working from home. 	

	<p>- Staff will be encouraged to continue to wear face masks for face to face services. It was expressed that wearing masks still very important when working with the elderly.</p>	
6	<p>Homecare & Reablement Engagement – Phoebe Carpenter & Ruby Shipton, Westminster Council (Bi-borough)</p> <p><u>Presentation</u></p> <p>Ruby Shipton (RS) from the Bi-borough homecare and reablement team discussed the co-design and engagement activities being carried out. The team would like to engage the voluntary sector to get insight into the current challenges and see what is and is not working.</p> <p>Phoebe Carpenter (PC) highlighted the current reablement and homecare services offered, looking at the challenges faced.</p> <p><i>Reablement – short term intensive intervention or service using an enabling approach. Can be for any age group.</i></p> <p><i>Homecare – longer term practical and personal care delivered in the home.</i></p> <p><i>Personalisation – putting the person in the centre of their care package.</i></p> <p>RS talked through the challenges of the direct payments process and the effects of the pandemic on the system. RBKC and Westminster do not have a direct payment support team it is currently carried out by the social workers. The team will start a 12-month direct payment pilot in August with the aim of seeing an improvement on direct payments and service user wellbeing.</p> <p>PC and RS described the engagement plans for the year. They would like feedback from the voluntary and community sector.</p> <ul style="list-style-type: none"> • If you are interested in attending or know of residents who would like to take part in reablement events, please email pcarpenter@westminster.gov.uk. • If there is anything you would like to tell the Bi-borough about Homecare outside of these events please get in touch with: ruby.shipton@rbkc.gov.uk, 07929 850 591. • If residents would like to be involved in these engagement activities they can contact: ruby.shipton@rbkc.gov.uk. <p>The team are interested in learning the following from the VCS:</p> <p>What VCS experiences of supporting residents who receive reablement or homecare are?</p> <p>Reflections on current challenges and how the VCS sector may support these?</p> <p>Key discussion points following the presentation:</p> <ul style="list-style-type: none"> - Linking to ‘My Care My Way’ and integrated care services was suggested. 	
7	<p>Sharing events & updates</p> <p>Camilla Satow: On Thursday 8 July 2021 at 8:00pm, NHS England are hosting an Instagram Live event from the @NHSEnglandLDN account on the COVID Vaccine, pregnancy and women’s health.</p>	

	Hayley Turner: Social Prescribing Link Worker Networking Event - 9 July 2021 https://www.kcsc.org.uk/civicrm/event/info%3Fid%3D2623%26reset%3D1 .	
8	Any other business	
	<u>Next Meeting</u> Tuesday 2 November 2021, 10:00am to 11:30am Register here	

ATTENDANCE LIST

	Name	Organisation
1	Angela Spence	KCSC
2	Bee Burgess	Open Age
3	Bobby Juniper	The ClementJames Centre
4	Camilla Satow	NHS NW London CCG's
5	Dhani Dhanoa	KCSC
6	Ezra Ben-Yisrael	Turning Point
7	Hayley Turner	KCSC
8	Heidi Riedel	Woman's Trust
9	Jenny Greenfield	KCSC
10	Joe Batty	KCSC
11	Cllr. Judith Blakeman	BME Health Forum and Notting Dale councillor
12	Justin Gaffney	MSH at Home CIC
13	Kalwant Sahota	North Kensington Recovery Programme NHS NW London CCG
14	Karimah Bint Dawoud	Karimahs Cuisina
15	Lucie Prior	Queens Park Community Council
16	Michelle Poponne	IAPT (talking therapies) NHS
17	Millie Satow	West London Clinical Commissioning Group

18	Natalia Massucco	SASH
19	Phoebe Carpenter	RBKC and WCC
20	Roohy Shahin	Persian Care Centre
21	Sandie Roberts	Carers Network
22	Sarah Sutton	Checkmate!
23	Safia Khokhar	Public Health Bi-Borough
24	Sona Djerrahian	Maternity Champions K&C
25	Stephen Duckworth	Notting Hill Methodist Church
26	Tania Moore	Youth Action Alliance
27	Tasio Cabello	Age UK Kensington & Chelsea
28	Vicky Swann	RBKC and WCC
29	Zara Ghods	Kensington and Chelsea Over 50s Forum

The information above will appear in minutes for this meeting which will be made available to all the attendees and published on KCSC's website.