



HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

Tuesday 28 January 2020, 10.00am – 12.30pm
Committee Room 1, Kensington Town Hall, Hornton Street, W8 7NX

Chair: Jamie Renton (JR), ADKC
 Minutes taken by: Zina Serageldin (ZS), KCSC

Item	Notes	Action
1	<p>Minutes of meeting on Tuesday 19 November 2019 and any matters arising from the minutes</p>	
	<p>A round of introductions was made.</p> <p>The minutes of the previous meeting were approved.</p> <p>Action to be confirmed – Sharon Grant, Westminster City Council was to give exact figures for service users across the borough to Annie Redmile.</p> <p>Matters arising:</p> <ul style="list-style-type: none"> • The adult art therapy group at Clement James has come to an end. • Prepaid Kensington and Chelsea half day cards are now available. 	
2	<p>Update on Transformation project and K&C Community Enterprises – Jenny Greenfields, KCSC & Kalwant Sahota, WL CCG</p>	
	<p>Presentation: Transformation project and K&C Community Enterprises.</p> <p>Kalwant Sahota (KS) and Jenny Greenfields (JG) provided an update on Third Sector Transformation, see slides above.</p> <p>KS discussed the objectives and scope of the transformation programme and progress to date. Funding was provided by West London Clinical Commissioning Group (WLCCG) to KCSC, in its role as an umbrella group to support the third sector. KCSC represent all organisations at key strategy meetings. They will give smaller groups a voice in WLCCG and now North West London CCG. Terms are currently still changing. Learnings from Grenfell have fed through to ensure representation.</p> <p>JG provided background to the re-launch of KCSC’s Community Interest Company (CIC). The CIC has been set up as a ‘vehicle’ for delivering larger contracts. A ‘trading name’ (Community Health West London) has been agreed and a website providing a referral pathway and general information is in development. JG described the CIC’s governance structure. It has a democratic structure including a majority of representatives from local voluntary and community organisations on its Board and Advisory Council.</p> <p>Key discussion points:</p> <ul style="list-style-type: none"> • Set up of advisory group – if interested please contact Jenny@kcsc.org.uk 	

	<ul style="list-style-type: none"> The size of contracts that might be available was discussed – contracts will be available to small and large groups. The bidding/application process may vary with each contract. 	
3	Palliative Care update – Lena Coupland, NWL CCG	
	<p>Presentation: Palliative Care.</p> <p>Lena Coupland (LC) gave an update on Local Palliative Care services providing background on the work to date and talking through engagement and next steps for services, see slides above. Carrie Hirst (CH) facilitated small groups discussion about messaging around the subject.</p> <p>The session started with a definition of Palliative Care – the provision of patient services for respite, medication management or dying in a home, hospital or hospice.</p> <p>LC discussed the review of palliative care services and the recommendations of a review of services carried out by West London, Hammersmith & Fulham, Brent and Westminster CCGs.</p> <p>Workshops were carried out to provide feedback:</p> <ul style="list-style-type: none"> Care works best when patient is in the pathway. Care planning should happen early and should be transparent. Patients voice can be lost in early stages, process should allow families (with patient’s permission) to hear information in a timely manner not in a crisis. Not everyone knows what is meant by Palliative Care services. Not everyone knows where to go or what services are on offer. <p>The CCGs have received feedback from current services users, families and carers as well as other local stakeholders. After listening to their feedback potential solutions have been developed to address some of the challenges. They now want to test these ideas.</p> <p>February - There are plans for focus groups and local events. These are intended to raise awareness about local services; an opportunity to feedback on the four potential solutions as well as suggesting any additional scenarios the CCGs should consider.</p> <p>March/April - Engagement outcomes will be presented to the CCGs Governing Bodies followed by Mayoral Purdah.</p> <p>May - Any significant service changes will result in further engagement or consultations the more formal process including scrutiny committees.</p> <p>Ideas on how to engage are being sought: The services available are not currently being accessed by everyone who needs them. This includes access for family, carers and friends.</p> <p>The team are looking for feedback on:</p> <ul style="list-style-type: none"> Best way to get the message out to people. Understanding the best way for people to understand palliative care. How the team work with you to work with your community? What do you need from the team to help with those messages? How do you introduce the topic? 	

	<ul style="list-style-type: none"> • Connecting with families and carers getting message out to these groups as well. <p>The forum members were encouraged to get involved in producing ideas on messaging about Palliative Care. CH asked groups of two or three to discuss ideas.</p> <p>Terminology and understanding in the community was discussed.</p> <p>The term 'end of life' is out in the community it is more direct as we will all come to the end of life.</p> <p>Death cafes encouraging conversations about death and dying.</p> <p>'Health at the end of life' was suggested. To know a team of specialists are there for you at this time. This is also important for family and friends.</p> <p>'End of life care' a term that is simple to understand.</p> <p>A question about place of death decisions was raised. This decision is made by the individual and their GP.</p> <p>The palliative care team make sure what the individual wants is in place for example pain management. This is indicated in the care plan which is created once the place of death decision is made.</p> <p>The care plan records the preferred place of death and the preferred place of care.</p> <p>Are there opportunities to circulate questionnaires for feedback?</p> <p>Please e-mail nwlccgs@triborough.palliativecare@nhs.net with questions, suggestions and opportunities.</p>	
4	<p>Grenfell Tower wrapping – Lisa James & Sarah Hopping, Ministry of Housing, Community and Local Government</p>	
	<p>Lisa James (LJ) and Sarah Hopping (SH) from the Ministry of Housing, Community and Local Government (Ministry of Housing) provided an update on the Grenfell Tower wrapping.</p> <p>They explained that the Ministry of Housing took ownership of Grenfell Tower and its surroundings to enable survivors and bereaved to have some say into the future of the Tower. The team consists of; day management of the site itself, Grenfell Memorial Commission, the Advisory Panel and soil and environmental testing.</p> <p>The Grenfell Tower Memorial Commission are holding two drop-in events to let residents in North Kensington know about the commission and how to get involved.</p> <p>Grenfell Tower Memorial Commission – event flyer</p> <p>Dates: Monday 12 February, 4pm – 7pm, Kensington and Chelsea College, W10 5QQ Wednesday 12 February, 4pm – 7pm, Kensington and Chelsea College, W10 5QQ</p> <p>SH and JL informed the Forum that they are looking to form relationships with existing organisations in order to pass on updates to as many people in North Kensington as possible. They are hoping to access existing networks and are happy to attend events where appropriate. They asked for views on the best way to do this.</p> <p>Please contact them with any suggestions.</p> <p>SH provided an update on the next stage of the maintenance of the wrapping around Grenfell Tower. SH explained that the white wrapping and banner in place around the tower needs to be replaced every two years. The scaffolding and blue wrapping around the tower will remain in place while the white wrapping is replaced.</p> <p>Phase one of the replacement will begin over half term from 10 February starting with the side facing Kensington Aldridge Academy. The panel were provided with a flyer</p>	

providing an [update on the Grenfell Tower wrapping](#).

JL discussed the environmental testing programmes.

- Stage one looking at Land contamination has been completed.

JL explained that findings from air quality monitors that Public Health England have in place showed readings as expected in an urban area. Public Health England recommend no change in their advice for good hygiene including washing of fruit and vegetables.

- Stage two is about to start looking at Lead and Benzoate pyrene.

A specialist tender process has started with an appointment expected in March 2020. Detailed testing and a full risk assessment are expected. Samples will be taken from sites identified following engagement with the community and include schools and cover a radius of 500m and a 1000m radius in a North West direction.

Key discussion points:

- Enquiries were made about the air monitoring since the start of the fire. SH provided the following summary following the meeting:
Air quality in the area surrounding Grenfell Tower has been assessed and monitored since the start of the fire on 14 June 2017. Initial risk assessments carried out in conjunction with partner agencies focussed on the smoke plume which rose upwards rapidly and was carried in a northerly direction by the wind. This meant that there was a low risk of impact on local air quality from the fire. Assessment of data from The [London Air Quality Monitoring network](#) was used to confirm the initial risk assessment that levels of particulate matter were low, and remained so over the next 10 days. PHE started additional monitoring of air quality close to Grenfell Tower on 24 June 2017. See the [air quality reports](#) for further information.
- The Community Champions initiative was introduced to SH and JL as a valuable source of communication were highlighted. Lesley Terry (LT) who manages the programme offered to put the Ministry of Housing team in touch with two branches.
- Enquiries were made about the timeline for decisions on what happens to the tower were made. No timeline is in place. A decision by the secretary of state will establish what happens to the tower. This will be based on technical advice, advice on psychological and social effects and impact on any active reviews in place. In the meanwhile, maintenance and safety has to be maintained.
- The influence of the fire on social housing decisions was raised. The Ministry of Housing carried out a review to look at residents and social housing which did impact on policy at national level. More information about the report can be obtained from the [Ministry of Housing](#).
- The Ministry of Housing currently run drop in events at The Curve every Wednesdays between 10am and 2pm. Topics covered are site management, environmental testing and the Memorial Commission. A broader range of questions can be asked and information on how to find the answer can be provided.

LT

	<p>Please contact SH and JL if there are opportunities for them to attend events, they are trying to build a pipeline of events so that they can bring the conversation to people within the local community.</p> <p><u>Contact Details</u> Grenfell Tower Site Management Telephone: 0303 444 0011 E-mail: GrenfellTowerSite@communities.gov.uk Website: www.gov.uk/Grenfell-community-updates</p>	
5	<p>Feedback from other forums including:</p> <ul style="list-style-type: none"> • Borough Voluntary Organisations Advisory Group (BVAOG) • Main Voluntary Organisations Forum (VOF) • Health and Wellbeing Board • Clinical Commissioning Group (WLCCG) • Healthwatch 	
	<p>BVOAG – The next meeting will be on 12 February.</p> <p>Main VOF – Meeting took place in December 2019.</p> <p>Health and Wellbeing Board – Met last quarter.</p> <p>WLCCG – Eight Clinical Commissioning Groups’s (CCG) are now being formed into one CCG. How that will work is still being looked at. There should be an update at the next forum meeting.</p> <p>Healthwatch – Nothing to report. An update will be requested for the next meeting.</p>	
6	<p>Make Every Contact Count – Aleister Skinner, One You</p>	
	<p>Presentation: Make Every Contact Count.</p> <p>Aleister Skinner (AS) of One You, Westminster introduced Make Every Contact Count (MECC) training which is also taking place in RBKC. MECC is an approach to behavioral change using day to day interactions that organisations and individuals have with each other to support positive changes in physical and mental health and wellbeing. This is carried out through recognising opportunities, skillful conversations and signposting.</p> <ul style="list-style-type: none"> • Aimed at those who work with members of the public it is free to sign up to. See available sessions here. Training sessions take three hours and are delivered near Latimer Road tube station or at the offices of an organisation wishing to train more than six staff. • Topics include understanding barriers to lifestyle change, how information is registered and comprehended, identifying different kinds of motivation and practicing active listening in the following key areas physical activity, smoking cessation, eating well, drinking less and mental health and wellbeing. <p>AS also highlighted the signposting site MECC Link. This is part of a network supported by Public Health England which allows individuals to search different categories of health and wellbeing to find contact details for local support. The site enables searches by borough.</p>	

	<p>For more information contact: Aleister Skinner – Partnership and Training Officer E-mail – Aleister.Skinner@oneyou-Westminster.org.uk Telephone – 07740 739 088 Web pages - https://oneyou.westminster.gov.uk/ https://oneyou.rbkc.gov.uk/</p>	
7	<p>Any other business</p>	
	<ul style="list-style-type: none"> • Westway Trust are seeking expressions of interest from local residents wishing to be a member of the independent panel to decide the recipients of the Green Infrastructure Fund. They are particularly looking for industry experts. • KCSC will be holding a Social Prescribing and Self Care Event on Thursday 20 February at Kensington Town Hall. This is an opportunity for healthcare staff to meet community organisations. Contact sara@kcsc.org.uk if you would like to set up a stall at the event. • As part of KCSC's 60th Anniversary celebrations they will be highlighting a series of local organisations on the website. Any organisation interested in being interviewed and 'spotlighted' please contact sylvia@kcsc.org.uk. • Please contact hibo.yussuf@rbkc.gov.uk of Lancaster West Neighbourhood Team if you have ideas for workshops or services that can be provided especially in nutrition and emotional wellbeing. • Dadihiye Somali Development Organisation have a sewing workshop every Tuesday and are looking for organisations to speak its members about service available. Please contact Dahabo Isse info@dadihiye.co.uk. • Soifur Rahman from Notting Hill Genesis asked if any organisations would like to be added to the partnership database. The database is used to keep track of referral progress and outcomes. • Marina Kroyer of RBKC's Sustainable Travel Team highlighted the Social Cycling Programme being run. For more information e-mail cycling@rbkc.gov.uk. • Equal People Mencap highlighted two projects. <ul style="list-style-type: none"> - Free Grenfell Community workshops take place every other Wednesday at Bay 20 from 11am to 1pm. The next workshop will be on 12 February. Local people in particular makers and lecturers are needed to lead these workshops. - Volunteers are needed to support vulnerable members of the community with activities aimed at challenging isolation and loneliness as part of the Network Hope project are also being sought. - Equal People Mencap are also looking for Trustees. If interested please visit the website. • Resonate Arts introduced their 'Remembering Together' project which works with people living with dementia and their carers. 	<p>Sonia Timlett to send info for posting on KCSC website to zina@kscs.org.uk.</p>

	<ul style="list-style-type: none"> • Carers Network highlighted their 'End of Life' programme supporting unpaid carers who are over 18 years old. • The Clement James Centre will be running the following events please contact Bobby Juniper if you would like more information or would like to be added to the mailing list. <ul style="list-style-type: none"> - Wellbeing Event - Wednesday 1 April from 1pm to 5pm - Digital skills course • The Ministry of Housing, Community and Local Government hold two separate events for those bereaved and survivors of the Grenfell Tower fire. Please contact Sarah Hopping for more information. A trained bereavement specialist has been seconded on the team to help with communications. • Aisling Fegan of Latymer Community Art Therapy mentioned an increase in psychotherapy referrals and offered support if needed. Also highlighted was the new parent and baby group which is referral based. 	
	Date of next Meeting:	
	<ul style="list-style-type: none"> • Tuesday 28 April 2020 • Wednesday 8 July 2020 • Tuesday 17 November 2020 	

ATTENDANCE LIST

	Organisation
1	ADKC
2	Al-Hasaniya Moroccan Women's Centre
3	Carers Network
4	Child Bereavement UK (West London)
5	Community Living Well
4	Dadihiye Somali Development Organisation
6	Dalgarno Trust
7	Equal People Mencap
8	Kensington & Chelsea Social Council
10	Lancaster West Neighbourhood Team
11	Latimer Community Art Therapy
12	Notting Hill Genesis Housing

13	Open Age
14	Public Health, Westminster
15	Royal Borough of Kensington & Chelsea (RBKC)
16	Resonate Arts (Westminster Arts)
17	The ClementJames Centre
18	West London Clinical Commissioning Group
19	West London Zone
20	Westway CT
21	Westway Trust

The information above will appear in minutes for this meeting which will be made available to all the attendees and published on KCSC's website.