

## **HEALTH AND WELLBEING FORUM**

Tuesday 20 April 2021 10.00am – 11.30am Virtual meeting via Zoom

## **Chair: Angela Spence, CEO, KCSC** Minutes taken by: Zina Serageldin, KCSC

Item	Notes	Action
1	Welcome and Introduction - Angela Spence, CEO, KCSC	
	Agenda	
	Angela Spence (AS), welcomed everyone and ran through the forum ground rules and agenda.	
	At the last forum feedback highlighted a desire for more spaces in the agenda for networking opportunities. This has been reflected in the creation of spaces for networking on the agenda.	
	At the previous forum members requested more opportunities to meet and network so this meeting opportunities have been incorporated into the agenda.	
2	Formation of NWL CCG, emerging Integrated Care Partnership and development of Primary Care Networks – John Pullin, Associate Director Integration & Delivery, NWL CCG	
	John Pullin (JP) provided an update on the merger of the Clinical Commissioning Groups (CCG) across North West (NW) London and the developing care partnership.	
	Eight CCGS covering the whole of NW London have been pulled into one CCG that still covers the health and wellbeing of communities. CCGs are planning to cease to exist by December 2021.	
	They are now moving into the integrated care system hopefully removing the barrier between provider and commissioner. This is a novel approach by creating a different environment bringing together Imperial, Chelsea and Westminster CLCH and CNWL working together as one as well as the VCS.	
	Definitions: ICP – Integrated Care Partnership PCN – Primary Care Network ICS – Integrated Care Systems	
	At local level: Creating an integrated care partnership this may involve a separation being with RBKC and WCC. Led by a partnership of organisations that bring a strategic leadership.	
	Instead of being told what to do the question needs to be what can we do for you	

	PCN is the delivery point of social, community, Primary Medical care and self-care, a community resource. Local populations need to be referred to as the community rather than as patients.
	National priorities from NHS England are supporting staff needs, delivering the Covid vaccination programme, building on learning from the pandemic, restoring elective cancer care and mental health service demand.
	There is also an Emergency Department focus to reduce numbers turning up and the journey as a whole.
	There are 7 Key themes in RBKC and WCC: Mental health, air quality and associated clinical conditions, obesity, health inequalities, care homes, discharge from any setting, children and young people.
	Questions following the presentation:
	Anna highlighted the preventative approach that is embodied by Change4Life Services which link into the NHS priorities. Discussion are needed on how we can work together. This is an example of co-production and consultative.
	There were questions about the impact from the loss of local CCGs in terms of strong relationship and questions around how the voluntary sector being on the front line with communities can become an equal partner with big trusts?
	JP felt that changes are going to happen this is not unusual because of the natural evolution of staff within the NHS. This now needs to be organised in a different way but that it requires infrastructure to support for organisation and administration bringing the partnership together. There will be some consistency. VCS orgs will need to take on a different role in terms of being a partner on behalf of organisations within the partnership. Trying to see how equality of individuals and organisations can take place is one of the challenges being faced.
	Following the meeting a slide was created to summaries these points. - KCSC are still awaiting these slides from the CCG.
3	Health Update on NWL CCG and local VCS plans - Angela Spence, KCSC CEO
	AS discussed how the voluntary sector is responding and should continue to respond to the above changes.
	Now there is a North West London (NWL) Board with a range of sub boards and sub committees that meet.
	In 2019 a call out went out to VCS organisations across asking how a strategic group might be formed across the eight boroughs. It was important that the Voluntary and Community Sector (VCS) across the eight boroughs was able to come together to understand what influence and voice they could have at this level.
	30 – 40 organisations now meet on a quarterly basis to try to understand what is happening in NW London and how VCS organisations can be involved, working on the premise that there will be opportunities for the sector to deliver services.
	Members of the group are now sitting on some of the boards that were formed and NWL CCG now know about the strategic group and are keen to work with them.
	Integrated care partnership – how the VCS can influence and shape decisions at that level.

		1
	<ul> <li>How can KCSC will play a role in bring the VCS to understand what is happening with the ICP and how they can influence and shape this. A Health and Wellbeing Forum already exists but a separate structure is being considered at a local level to feed into the ICP. How to we as the VCS keep engaged. KCSC is looking to have a seat on the ICP and looking at how to keep the sector up to date and engaged for example information sharing.</li> <li>Next steps to hear from the VCS organisations in terms of what priorities should there be and how to we keep engaged in the whole movement as a sector and feed back into the IPC at a strategic level?</li> <li>Information will be shared at the local level. A website is being developed called Community Heath West London that we hope to be launch in the next few weeks. Details will be circulated when it is up and running. It would be good to get feedback once the site is live.</li> </ul>	
4	Networking 1	
	<ul> <li>Introduce yourself and what organisation you come from</li> <li>What do you believe should be the critical priorities of Integrated Care Partnership &amp; NWL CCG?</li> <li>How do you as the local VCS want to be involved in this process?</li> <li>Local ICP Priorities John mentioned</li> <li>Mental Health, Air Quality &amp; associated clinical conditions, obesity, health inequalities, quality and effectiveness of care homes, discharge and support from any clinical settings</li> </ul>	
	Key points shared follow the session:	
	<ul> <li>Distribution of information for partnerships is important to access information in a streamlined manner.</li> <li>Onus should be on partnerships to engage with organisations rather than the other way around.</li> <li>PCNs need more exploration, they aught to be a natural link with the sector but are unknown by many. There is a need to continue to build on these relationships.</li> <li>Infrastructure what will the funding decision making process look like in this model? No answer available right now, funding details are being worked out at this stage.</li> <li>A lot of information if coming out at once with many acronyms being used.</li> </ul>	
	AS mentioned an idea of setting up a strategic voluntary sector board to look at the specifics of the emergence of the PCN and IPC and their relationship with the sector. Those present agreed this would be a good idea.	
	The latest guidance around the vaccine was shared by Camilla Satow of NHS CCG engagement team across Westminster Hammersmith and Fulham and Kensington and Chelsea. – this information is now out of date please see latest information here <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/who-canget-the-vaccine/">https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/who-canget-the-vaccine/</a>	
	The 45 and over age group are being invited to have the vaccine. Walk in services are open in RBKC it is at the Science Museum. There is no guarantee with the walk-in	

7	Any other business	
	<ul> <li>Introduce yourself and the organisation you come from</li> <li>How is your organisation thinking about moving to face-to-face service delivery?</li> <li>How can we support residents to re-engage face-to-face services?</li> </ul>	
	Attendees were divided into groups of 4 and given an opportunity to discuss the following:	
6	Networking 2	
	North Kensington Self-Care Programme Funding <u>Health Coach Training</u> Deadline extended: 9 May 2021 <u>Breathwork Training Pilot</u> Deadline extended: 9 May 2021 For more information e-mail <u>camila@kcsc.org.uk</u>	
	<b>One You Wellbeing Webinars</b> : <u>Sign up</u> Friday 21 May 2021, 11:00am – 12:00pm Thursday 11 May 2021, 11:00 am – 12:00pm	
	Change4Life www.family-action.org.uk/Change4LifeService https://www.family-action.org.uk/what-we-do/children-families/change4lifeservice/	
5 Sharing events & updates		
	Supply issues have now been addressed.	
	Astra Zenica is not being recommended for anyone under 30. If you have taken does one already it is recommended to take the second. Pfizer is being recommended. The Moderna vaccine is not currently available in NW London.	
	service that you will be vaccine. Guaranteed appointments can be booked online and via GPS. Others under 45 who fall in the clinically vulnerable groups can also get the vaccines. Also included are unpaid carers, carers, learning disability.	

Yes	(11) 100%
No	(0) 0%
Not sure	(0) 0%
2. Which topics would you like to see at this forum?	
More time for networking	(7/11) 64%
More time for discussion/breakout rooms	(1/11) 9%
More information from RBKC Council	(4/11) 36%
More information from Public Health	(6/11) 55%
Other - Please write in chat	(0/11) 0%
Topics I am interested in are covered	(2/11) 18%

## **ATTENDANCE LIST**

	Name	Organisation
1	Abby Simpson	MSI Reproductive Choices
2	Amanda Clarke	Share and Care
3	Angela Spence	KCSC
4	Anna Porta	Westway CT
5	Annabelle Harding	One You Kensington & Chelsea
6	Camila Marin-Restrepo	KCSC
7	Camilla Satow	NHS CCG

8	Emily Nyoni	One You Kensington & Chelsea
9	Emma Cohen	Open Age
11	Folasade Babarinde	Abundance Arts
12	Hannah Witcomb	Change4Life RBKC and WCC
13	Hayley Turner	KCSC
14	Julia Hamilton	Age United Kensington and Chelsea - North Ken Social Prescribing Link Worker
15	Kalwant Sahota	North West London CCG, North Ken Recovery Team
16	Lily Moghadam	Shelter
17	Michael Stones	Kooth
18	Michelle Poponne	IAPT
19	Molly	Outside Edge Theatre Company
20	Natalia Massucco	SASH
21	Phoebe Beckett Chingono	Kamitan Arts CIC
22	Rosana Ordoubadi	Dalgarno Trust
23	Sam Cox	Peabody
24	Sonia Timlett	Equal People Mencap
25	Stephanie Scott-Linden	POhWER
26	Stephen Duckworth	Notting Hill Methodist Church
27	Tasio Cabello	Age UK Kensington & Chelsea
28	Teresa Meekings	COMMUNITY MASSAGE LONDON CIC
29	Vittoria De Meo	FOR WOMEN CIC
30	Vivien Davidhazy	BME Health Forum
31	Zach Hickmore	Eton Fives
32	Zina Serageldin	KCSC

The information above will appear in minutes for this meeting which will be made available to all the attendees and published on KCSC's website.