The Curve Community Centre Easter Programme April 2021

The Curve Community Centre is in North Kensington at the heart of the Grenfell and neighbouring communities.

We are a local community centre serving all residents across the borough but prioritise our communities in North Kensington. We are passionate about supporting the needs of local people, families and community organisations.

We are really excited to launch our online Easter events and hope you'll be able to join us for some creative fun on Zoom.

The Easter activities will be available from Tuesday 6 April to Friday 16 April 2021.

The following activities and events are taking place:								
Tuesday 6 April			Wednesday 14 April					
11.30am to 1.30pm	Lockdown Easter Cook up for everyone. Our popular cooking sessions are back, sharing delicious recipes for healthy and affordable meals.		11am to 1pm	Chat and Create (adults) A platform for creatives to come together to showcase what you're doing, network and collaborate with others.				
3pm to 5pm	Song writing session 1 (11-16 years) To inspire young people's creativity through song writing and explore techniques and build skills for song writing. Ideal to attend all three sessions.		Thursday 15 April					
			11.30am to 1.30pm	Lockdown Easter cook up family fun (parents/ carers and children) A popular family cooking session promoting healthy				
	Wednesday 7 April			eating, cooking together and family fun.				
11am to 1pm	Chat and Create (adults) A platform for creatives to come together to showcase what you're doing, network and collaborate with others.		2.30pm to 4pm	Kids science craft session with Janet An educational and enjoyable craft session for children with a focus on science. Maximum of 30 spaces. North Kensington				
Thursday 8 April				residents will take priority. This session must be pre-booked.				
11.30am to 1.30pm	Lockdown Easter cook up family fun (parents/ carers and children) A popular family cooking session promoting healthy eating, cooking together and family fun.		Friday 16 April 1pm to 3pm Street dance (children and teens) An enjoyable and skill building session for children					
	Friday 9 April			of all ages.				
1pm to 3pm	Song writing session 2 (11-16 years) To inspire young people's creativity through song writing and explore techniques and build skills for song writing. Ideal to attend all three sessions.		All activities take place online via Zoom. You can join the online Easter events via Zoom links on our website. Visit www.rbkc.gov.uk/grenfell-response-					
	Monday 12 April			and-recovery/curve/events-curve				
1pm to 3pm	Song writing showcase session 3 (11-16 years) Showcase your song writing skills and share your talent.	,	You can also email thecurve@rbkc.gov.uk if you would like more information or to book a space. We may have to make changes to the programme based					
	Tuesday 13 April			upon availability and demand, we apologise for any disruption in advance and will promote any changes				
11.30am to 1.30pm	Lockdown Easter Cook up for everyone Our popular cooking sessions are back sharing delicious recipes for healthy and affordable meals.		via the Council's social media channels. If you require any further information, please call us 020 7221 9836.					

Alternatively you can contact us: **Thecurve@rbkc.gov.uk 020 7221 9836**







What's happening at The Curve?

In addition to our Easter programme we have been delivering a programme of online events and activities during the Covid-19 pandemic.

We are now planning to reopen the centre in line with Government guidelines but will continue our normal weekly online events in the meantime. We can't wait to welcome you back.

Our current online weekly programme:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family Fitness Challenge 11am to 11.45am Have fun and get fit as a family.	Animal Flow 10am to 11am Online body weight exercises & animal style movements. Strengthen your core, improve joint stability and overall strength.	Move & Play 10am to 10.45am Fun Music and Movement classes for Under fives and their caregivers.	LBT 10am to 10.45am A great workout for the abs and lower body. Legs, Bums and Tums will tone, shape, burn fat and improve flexibility.		Family Box fit session with Fit for life Youth 10.10am to 10.45am Have fun and get fit as a family.
Zumba 6.30pm to 7.15pm Zumba is a fitness class that combines dance and fitness.	Arabic Class 4.30pm to 5.30pm Under 13s beginners class.		Arabic Class 4.30pm to 5.30pm Under 13s Intermediate class.		
Men Matter Wellbeing Group 6.30pm to 8.30pm A support group for local men exploring issues of interest with a focus on wellbeing.	Community Cookery Class 5pm to 7pm Online Plant- Based Community Cookery Class. Hosted by Kellie Weiss (qualified & accredited Nutritional Therapist & Cook) and Dehlia Tapper (a former restauranteur & passionate cook).	Cuban Salsa Class 6pm to 7pm – Footwork Take the opportunity to learn and perfect your Salsa Footwork. 7pm to 8pm – Partner work Practise your partner work (children over eight years old can be parent/carer's dance partner).	Family Cookery Class 4.30pm to 6.30pm Online Plant- Based Family Cookery Class. Hosted by Kellie Weiss (qualified & accredited Nutritional Therapist & Cook) and Dehlia Tapper (a former restauranteur & passionate cook).	Fit for life youth Family boxfit session 4pm to 4.45pm Have fun and get fit as a family. Zumba 6.30pm to 7.15pm Zumba is a fitness class that combines dance and fitness.	

If you wish to book a place for any of these activities, please email to request a place: **thecurve@rbkc.gov.uk**