

WORKSHOP:
HIV Conference
Presentation



METRO Boys & Young Men's Project

TODAY WE WILL:

- Know a little about **METRO's** Boys and Young Men's Project
- **Explore themes and narratives present in BYM Relationships, Sex and Identity work**
- Discuss masculine ideologies and the impact of these concepts in practice
- **Other services available**

About Us: METRO



METRO is a leading equality & diversity charity, providing health, community & youth services.

We work with anyone experiencing issues related to gender, sexuality, diversity or identity and promote health, wellbeing, equality & participation through five domains:

Sexual &
Reproductive
Health

Mental
Health &
Wellbeing

HIV

Community

Youth

Oli O'Donohoe: oliver@metrocharity.org.uk

- Wandsworth Outreach Mentor (Spectra)
- **Merton Boys and Young Men's Worker (METRO)**
- Sexual Health Professional
- **Youth Worker**
- Trainee Integrative Psychotherapist

Boys And Young Men's Project



METRO Boys & Young Men's Project

offers support and advice
around sex and relationships
for boys and
young men
aged 11-19
in Merton.



Funded by Merton Council

For more information please contact:
youth@metrocentreonline.org | 020 8305 5004

[@METROCharity](https://www.instagram.com/METROCharity) [f](https://www.facebook.com/METROCharity) METRO Charity
metrocentreonline.org



London Borough of Merton:

2 days a week

Medway:

2.5 days a week

**Support and advice around relationships and sex
for boys and young men aged 11-19; Workshops
& 121's.**

Confidentiality / Safe Space / Respect

Safeguarding

Recurring Themes



- Safety (physical/mental/emotional)
- **Emotional regulation ***
- **Money ***
- Violence
- **Retribution ***
- **Masculinity/Femininity ***
- **Sex/Sexuality ***
- **Relationships ***
- Careers
- Sexism/Misogyny
- **Power/Control ***
- **Freedom/Risk ***
- **Communication ***
- Domestic Violence
- CSE
- Consent
- Addiction
- Drugs/Alcohol
- **Homo/Bi/Transphobia ***
- **Absent fathers ***
- Fatherhood
- Education
- **Family ***
- **Self-esteem ***
- Religion
- Terrorism
- Radicalisation
- Equality/Diversity
- Trans
- **Internet/Social Media ***
- Suicidal ideation
- Racism/Xenophobia
- Health and Well-being
- Leadership
- Politics
- **Narcissism ***

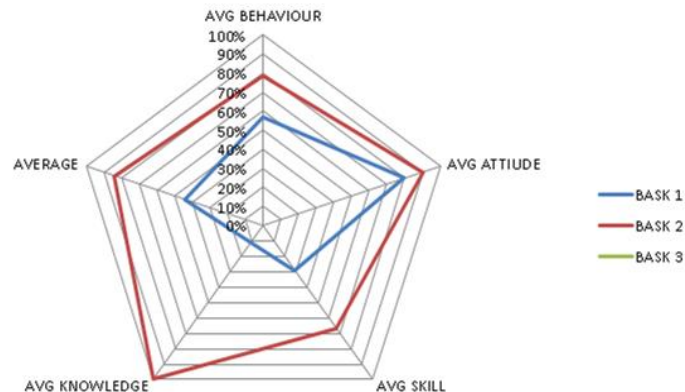
RIDDLE

A man and his son are in a terrible accident and are rushed to the hospital in critical care. The doctor looks at the boy and exclaims "I can't operate on this boy, he's my son!"

How could this be?

Measuring the Work

Behaviour
Attitudes
Skills
Knowledge



SCHOOL/ COLLEGE	Client name	
	BASK 1	BASK 2
AVG BEHAVIOUR	57%	79%
AVG ATTITUDE	80%	90%
AVG SKILL	29%	67%
AVG KNOWLEDGE	11%	100%
AVERAGE	44%	84%

Measuring the Work

Holistic Sexual Health:

Behaviour



"I make my own decisions and am not pressured into doing things that I do not want to" (Strongly agree - Strongly disagree)

Attitudes



"Girls can be friends and not just girlfriends" (Strongly agree - Strongly disagree)

Skills

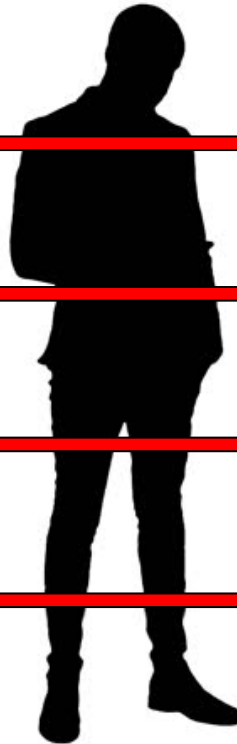


"I have been told or shown how to put a condom on correctly" (Strongly agree - Strongly disagree)

Knowledge



"I know where to find my nearest sexual health clinic" (True / Don't Know / False)



Measuring the Work

Key Questions:

Behaviour



“When I’m feeling down, I turn to food / alcohol / drugs / masturbation / porn / gambling to distract myself” (Strongly agree - Strongly disagree)

Attitudes



“When a man cries, it is a sign of weakness.”
(Strongly agree - Strongly disagree)

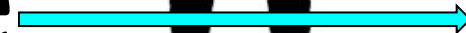
“If someone acts badly towards me, I should get my own back” (Strongly agree - Strongly disagree)

Skills

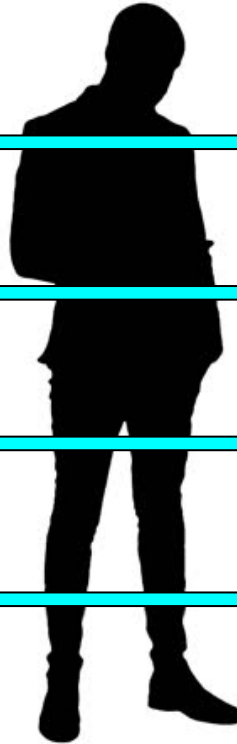


“I am able to talk with someone when things are worrying me” (Strongly agree - Strongly disagree)

Knowledge



“The most common cause of death in men under 45 is suicide” (True / Don't Know / False)



“BOYS WILL BE BOYS”

*“‘Boys will be boys’ also has a **self-fulfilling quality**, because boys possess not only the potential to rise to people’s expectations, but also the potential to sink to them...*

*...The argument that ‘boys will be boys’ actually carries the profound **anti-male** implication that we should expect bad behaviour from boys and men...” Jackson Katz*



Male Gender Stereotypes

A MAN SHOULD BE...

Tough
Strong
Leader
Hero
Warrior
Sexual
Player



A MAN SHOULD NOT BE...

Emotional
Cry
Gay
Girly
Wimp
Afraid
Loving



‘Musturbation’

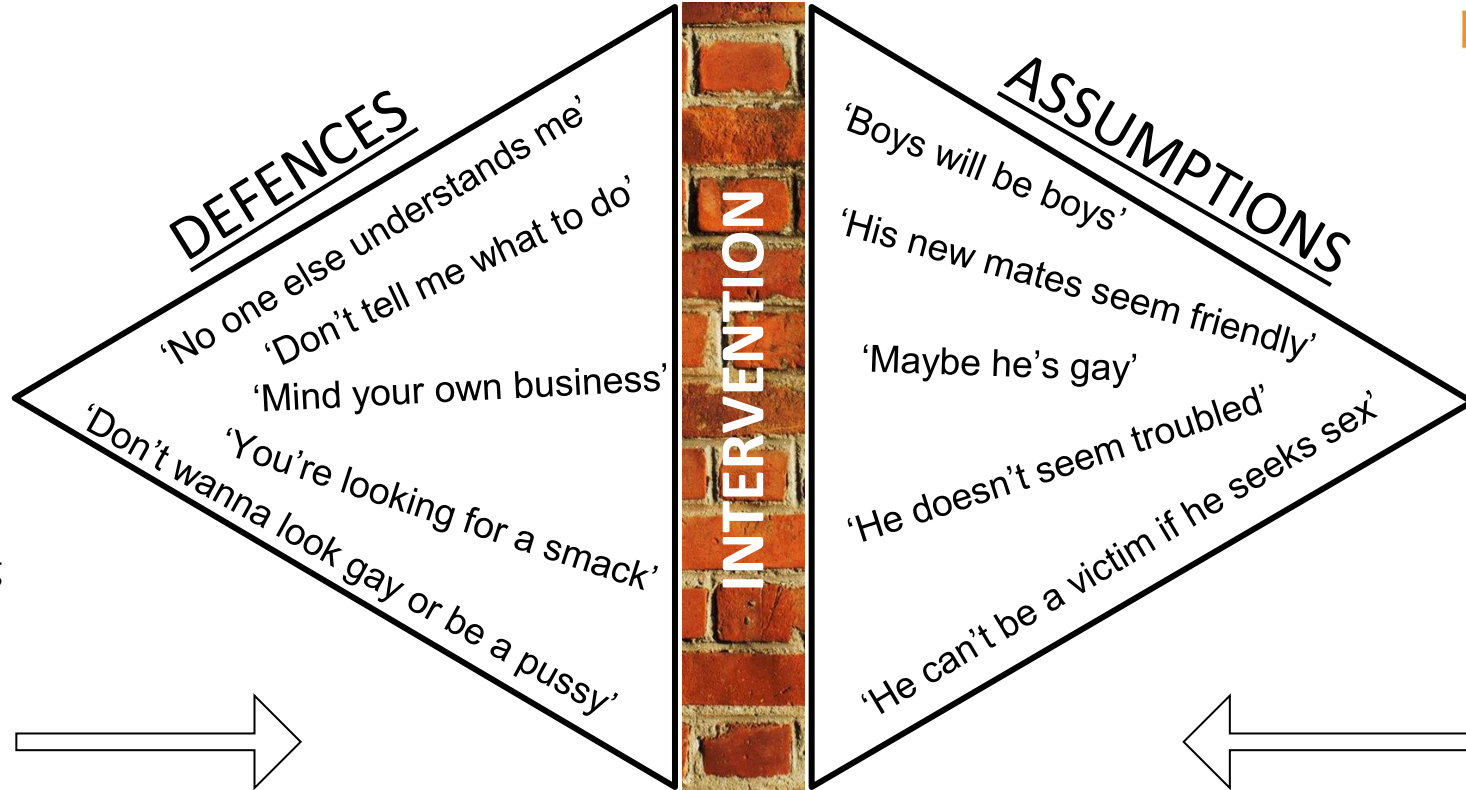
*“The vast majority of men are profoundly influenced by both the example and the **expectations** of the people around them...the rugged individualist man, the solitary soul who answers to no one but himself, is a myth and a prototype; he is not a real person...*

*...most abusive behavior is learned. If it is learned, it is also taught, and one key area where **abusive masculinity is taught is the popular culture.**”*

Jackson Katz, 2006



IMPACTS OF UNCONSCIOUS GENDER BIAS (CSE Example)



Boy / Young
Man



Adult / Parent /
Professional

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How could this be?

Answer: She's his mother



METRO in Kensington & Chelsea,
Westminster and Hammersmith & Fulham:

sash

Support and **A**dvice on **S**exual **H**ealth

Specialist sexual health promotion service that offers support and advice on sexual health.



SASH Youth work:

Providing confidential information, support and advice to **young people 15+ on all matters of sexual health, relationships and gender and sexual diversity.**

SASH support young people in making positive changes to their sexual health, signposting and chaperoning to sexual health clinics across the boroughs where and when necessary.

Offering 1-1 support at three levels of intervention:

- Short-term, goal-focused and educational
- Health and wellbeing coaching
- Counselling

Young person focused workshops on:

Healthy relationships, Safe sex, Consent and boundaries, Contraception advice and information, Sexually transmitted infections, Sex and Pleasure, Gender and Sexual Diversity

Other clients:

- MSM
- Residents living with HIV and their families
- Women and girls' sexual reproductive health needs
- Newly diagnosed with HIV
- LGBT, BAME and Faith based communities
- Sex workers
- Those affected by domestic abuse
- Residents wanting to change behaviours affecting their sexual health
- Young people (15+).

Referral information:

Referrals taken over the phone, online or in person.

Both self-referrals and referrals from other professionals welcome.

W: <http://wellbeing.turning-point.co.uk/sexualhealth/> E: info@SASHlondon.org

T: 02078512955

Marilla Tolfree – SASH young person's worker E: Marilla.tolfree@SASHlondon.org |







T: 07483133731

Men and Boys Coalition

*Over 50 of the UK's leading charities, academics, journalists and campaigners have come together to form the **UK's largest ever coalition to tackle gender-specific issues affecting men and boys.***

The following organisations and individuals are members of the coalition.

[Click here to see the full list](#)

 <p>ALL BOYS ROCK MEMBERS · ORGANISATIONS</p>	 <p>BAGGY TROUSERS UK MEMBERS · ORGANISATIONS</p>	 <p>A BAND OF BROTHERS MEMBERS · ORGANISATIONS</p>
 <p>THE BLAST PROJECT MEMBERS · ORGANISATIONS</p>	 <p>BLUE RIBBON FOUNDATION MEMBERS · ORGANISATIONS</p>	 <p>CAMPAIGN AGAINST LIVING MISERABLY MEMBERS · ORGANISATIONS</p>



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We are the Men & Boys Coalition; a network of organisations, academics, journalists, professionals and leaders committed to highlighting and taking action on the gender-specific issues that affect men and boys.

AIMS



NEEDS

Highlighting and tackling issues where the evidence shows the needs of men and boys are unmet



DISCRIMINATION

Highlighting and tackling the circumstances where the victims of unfair discrimination are men and boys



DISCUSSION

Helping create positive and constructive public discussion about men, manhood and masculinity

*The Men and Boys Coalition brings together organisations and individuals specialising in fields ranging from mental health and suicide prevention to education and parenting and was launched in Parliament on **Tuesday 15th November 2016**. The Coalition aims to collectively ensure that issues affecting men and boys are **fully recognised and tackled by Government, the statutory sector and society in general.***



OTHER BYM SERVICES:



<https://www.thecalmzone.net>



<http://workingwithmen.org>



<https://www.survivorsuk.org>

<https://www.menshealthforum.org.uk>



THANK YOU

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