



Community
LivingWell

Working together for your wellbeing



The Community Living Well Service: Update
Health and Wellbeing Voluntary Organisations
Forum Meeting
21st November 2017

Introduction

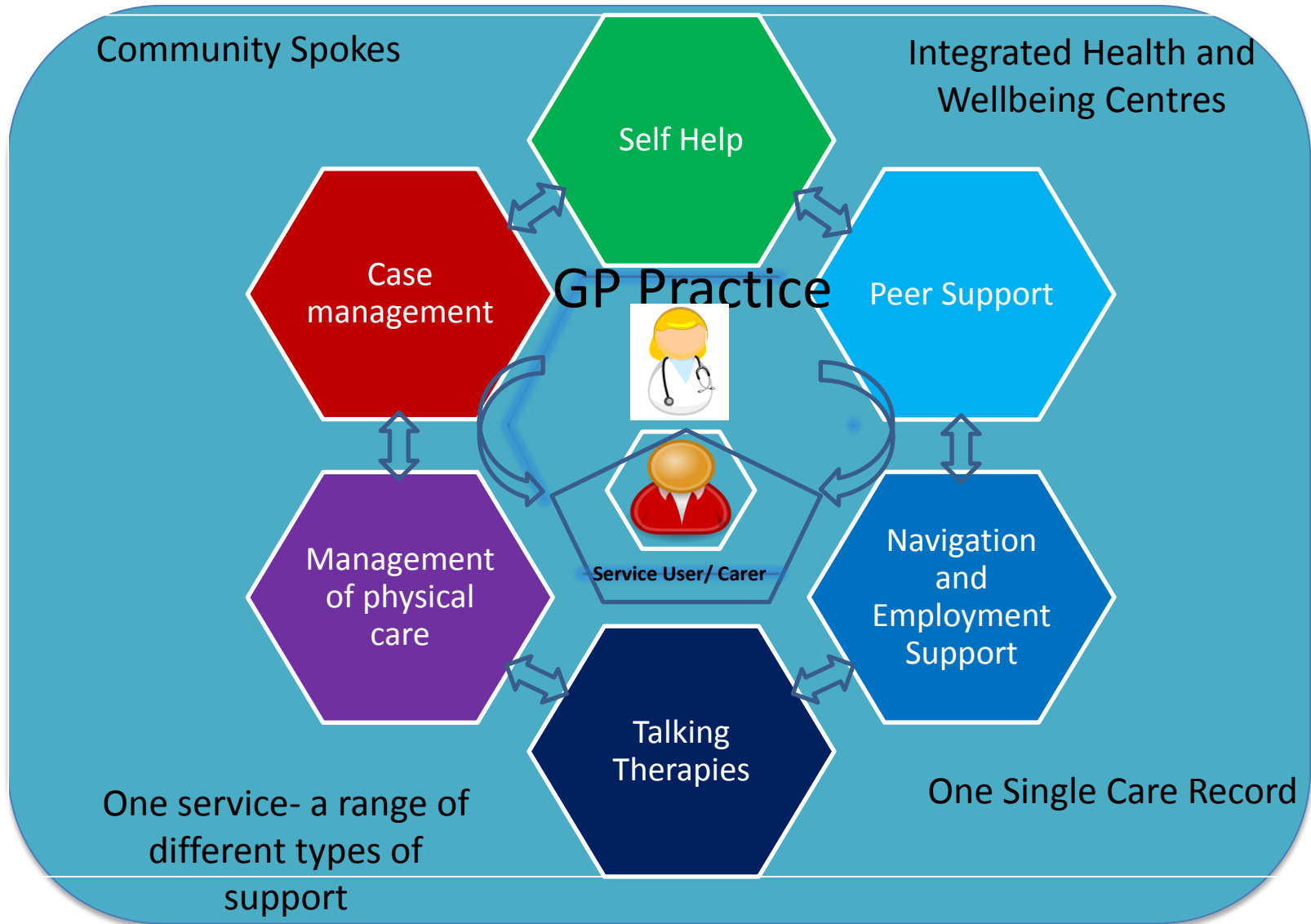
- Background to CLW
- Where we are now
- Wellbeing Services

Community Living Well Service

What is it?

- A service for people with stable serious long term mental health needs who currently are supported within primary care and their carers
- Brings together a menu of services to wrap around the individual and improve mental, physical and social wellbeing of those with long-term mental health needs
- Has GPs at its heart
- Offers hope, secures lasting recovery, resilience and wellbeing
- Pro-active, preventative and watchful care, based on membership rather than referral / acceptance models

The wrap-around offer



Progress to date

Partnership Agreement

- signed by all partners - commits to working as single integrated team

Services

- all services in place
- single point of access being finalised
- supporting staff to work as integrated team
- strong service user and carer involvement

Estates

- two hubs: St Charles and Violet Melchett

Branding

- new brand developed
- website and information

Wellbeing Services

- Employment Support
- Navigator Service
- Peer Support



Who do we help?

- registered with a GP in Kensington & Chelsea, and Queens Park and Paddington in Westminster
- 16 years and over
- stable, long term mental health needs
- supported in primary care only

And carers' of people who meet the criteria for the service



Employment Support

- help to find work
- improve employability skills
- support to **retain employment** if you are struggling at work or on sick leave



Navigator Service

- **practical support with a range of issues**

e.g. benefits, debt, housing options, access to health and social care services, rights and entitlements

- **access specialist advice and information**

- **support to take steps to improve physical and mental wellbeing**



Peer Support Service

- **peer led and peer facilitated activities**

To help people share and develop skills and strategies, to self-manage and maintain emotional and physical wellbeing.

- 1-2-1
- group
- workshops
- social
- online
- peer support training



Working together better!

- helping people to **more easily access services and support** within and beyond the CLW service
- Support to **improve your physical, mental health and wellbeing!**
- **no wrong front door!**



Get in touch....

Email: wlccg.clwwellbeing@nhs.net

Tel: 020 3028 7805

Community Living Well Hubs:

Violet Melchett Health Centre
30 Flood Street, London, SW3 5RR

St Charles Centre for Health and Wellbeing
Exmoor Street, London, W10 6DZ

Gertrude Street
15 Gertrude Street, London, SW10 0JN