



Mental Health Carers' Peer Support Forum

Open to anyone caring for or
supporting someone with mental
health needs who lives in
Westminster or Kensington &
Chelsea.

- 8 October 2026, North Kensington Library 4-6pm
- 19 November 2026, Church Street Library 4-6pm
- 21 January 2027, Brompton Library 4:15-6:15pm
- 18 March 2027, Pimlico Library 4-6pm
- 20 May, North Kensington Library 4-6pm

For more details, please contact:

Alexsandra Ifidon (K&C) Tel: 07712231148

Sarah Peel (Westminster) Tel: 07484073466

Email: cnwl.kandccommunitycollaboration@nhs.net