

## Stay & Play Sessions in RBKC



**Little Scrubs Playhut**  
Dalgarno Gardens,  
London W10 6AD  
Tel: 0208 969 7779

**Stay and Play**  
(Monday - Friday)  
9:30am - 11:30am  
1:30pm - 3:30pm

**Dad's group — Saturday**  
10:00am - 1:00pm

**St Marks Stay & Play**  
St Mark's Rd, London  
W10 6BZ  
Tel: 0208 158 5446

**Monday - Thursday**  
12:30pm - 4:00pm



**Meanwhile Garden Playhut**  
Set within the gardens  
Opposite unit 29 Elkstone Road  
W10 5NT  
Tel: 0208 960 7894

	AM	PM
<b>Monday</b>	Stay and Play 9:15 - 11:45	Messy Play 12:30 - 2:30
<b>Tuesday</b>	Messy Play 9:15 - 11:45	Messy Play 12:30 - 3:00
<b>Wednesday</b>	Music & Movement 9:15 - 11:45	Stay & Play 12:30 - 3:00
<b>Thursday</b>	Stay & Play Nature Focus 9:15 - 11:45	Play & Eat 2:45 - 4:45
<b>Friday</b>	Stay and Play 9:15 - 11:45	Music & Movement 12:30 - 2:30



THE ROYAL BOROUGH OF  
**KENSINGTON  
AND CHELSEA**



## North Locality Family Hub Timetable for Under 5s





**Holmfield House Family Hub.** 4-6 Golborne Road London W10 5PE  
Telephone: 0207 938 8400

**Clare Gardens Children Centre.** 349 Westbourne Park Road London W11 1EG  
Telephone: 0207 361 2725

**Would you like to talk about your child's well-being? Our Early Help Practitioners are available at our family hubs to support with all your family needs for children aged 0-19. Drop in to speak with us today**

# What's on in North Kensington & Chelsea Family Hub for under 5's **12th January – 2nd April 2026**

Sessions must be booked to secure a place please call **020 7938 8400 / 020 7361 2725** or email **familyhub@rbkc.gov.uk**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Sensory Stay &amp; Play @Holmfield House</b>  <b>10.00am—11.30am (Term time only)</b>  A dedicated session for children who may need extra support with their learning and development. This includes children with additional needs and disabilities and those awaiting a diagnosis. Provides a variety of resources and children-led play activities tailored to meet the needs of the group.</p> <p><b>Baby Massage @Clare Gardens</b>  <b>10:30am – 12:00pm</b>  <b>12th January - 9th February</b>  A 5-week course for babies aged 6 weeks to 6 months and their parent/ carer, to learn a soothing massage routine and the benefits which can be used in the home environment.  <b>Please call to book</b></p> <p><b>Musical Rhyme Time @Clare Gardens</b>  <b>1:00pm — 1:30pm (Term Time only)</b>  For children under 1 year of age.  <b>2:00pm—2:30pm (Term Time only)</b>  For children aged 1 to 5 years.  Fun session with music, rhyme and dance.</p> 	<p><b>Talking Steps @Holmfield House</b>  <b>10:30am – 12:00pm</b>  <b>24th February - 24th March</b>  A 5 week programme providing tips and advice for parents on supporting children's language development through play and everyday activities.  <b>Please call to book</b></p> <p><b>Keeping Your Child in Mind - Father's Programme @Holmfield House</b>  <b>10:00am—12:00pm</b>  <b>27th January—17th February</b>  A 4 week programme helping parents/ carers work together to support their growing children and build a calmer family life. Topics discussed include; Self awareness, Appropriate expectations, Boundaries and Empathy. Please contact <b>07812 484149</b> for more information.</p> <p><b>Baby Massage @Clare Gardens</b>  <b>10:30am —12:00pm</b>  <b>13th January - 10th February</b>  A 5-week course for babies aged 6 weeks to 6 months and parent/carers, to learn a soothing massage routine and the benefits which can be used in the home environment. <b>Please call to book</b></p> <p><b>Baby Zone @Clare Gardens</b>  <b>1:00pm — 2:30pm</b>  For new-borns to babies up to crawlers. It aims to improve family life by making the most of everyday learning opportunities, listening, talking , playing singing and sharing books and stories together  <b>Please call to book</b></p>	<p><b>Triple P Parenting Programme @Holmfield House</b>  <b>10:00am—12:00pm</b>  <b>27th January - 17th February</b>  A 4 week programme for parents to learn new skills and techniques to support with their child's anxiety, improve understanding and help build their child's self confidence (creche will be provided). Please call <b>0203 918 1567</b> to book</p> <p><b>Doula Hub @Holmfield House</b>  The Doula Hub is a safe space to connect and receive childbirth support and guidance in North Kensington.  <b>10:30 -12:30</b>  At Holmfield House  <b>Contact us on 07596919466 or visit our website</b>  <b>www.neighbourhooddoulas.org</b></p>  <p><b>We are a Breastfeeding Friendly Centre. We are available to support. Please ask in centre or call 0207 938 8400.</b></p> 	<p><b>Drop-in baby clinic with Health @Holmfield House</b>  <b>9:30am—11:30am</b>  Come speak to a health visitor, weigh your baby and discuss any developmental concerns.</p> <p><b>Stay &amp; Play (1-5 years) @Holmfield House</b>  <b>10:00am—11:30am (Term time only)</b>  A stimulating and exciting play session with your children. This includes, messy, creative &amp; outdoor play.</p> <p><b>Stay &amp; Play (Under 1's) @Holmfield House</b>  <b>10:00am-11:00am (Term time only)</b>  <b>For Under 1's</b> . This session is run by our Maternity Champions. For more information call <b>02089 603234</b>.</p> <p><b>Coffee Mornings @Clare Gardens</b>  <b>10:30am—12:00pm</b>  <b>15th January, 19th February &amp; 26th March</b>  Coffee mornings for new parents and anyone new to the area. Find out about the services on offer to families as well as those in the local area.</p> <p><b>Baby Massage @Clare Gardens</b>  <b>1:00pm — 2:30pm</b>  <b>15th January, 26th February, 26th March</b>  5-week course for babies aged 6 weeks to 6 months and their parent/ carer, to learn a soothing massage routine. <b>Please call to book</b></p> 	<p><b>Let get ready for Nursery @Holmfield House</b>  <b>5 week programme</b>  <b>10:00am—11:30am</b>  <b>27th February - 27th March</b>  This session is to support the next step into nursery for families entitled to the 2 year old funding place. We offer practical advice and support the transition to give an idea of what to expect when starting nursery.  <b>Please call to book</b></p> 