

### WINTER PROGRAMME OF ACTIVITIES 2023/4

Flashpoint Centre Worlds End Estate Blantyre Street SW10 OHE 020 7 349 9705 About Us

The Venture Community Association, is a registered charity established in 1959 to benefit the residents of North Kensington. Expanding its reach in 2020, we now serve communities in Chelsea. The association provides a variety of Community Activities, services for children and young people, and Carnival Arts programmes.

The centre is open 365 days a year, even throughout the Christmas and New Year holidays!





Here at Flashpoint our aim is to provide a range of community based activities for the whole family







Opening times: Monday 10:00AM - 2:00PM Tuesday 10:00AM - 2:00PM Wednesday 10:00AM - 2:00PM Thursday 10:00AM - 2:00PM Friday 11:00AM - 1:00PM Saturday 10:00AM - 1:00PM Sunday CLOSED

### Navigating this Booklet

This booklet is divided into colour-coded sections and each colour corresponds to an activity:

- Blue for Fitness
- Pink for Children's Activities
- Green for Creative Arts
- Red for Wellness Activities

Yellow for Events Orange for Advice

Days, times and prices are at the bottom of each page. All of our activities are free or low cost. Therefore, we rely on the support of our friends and neighbours to make donations. Look out for the donation badge throughout the programme.



Look out for the Community/Maternity Champions Badge! This means the activity will have friendly volunteers available to provide support.

MATERNITY Champions



Contact us: info@venturecentre.org.uk 0208 960 3234 venturecentre.org.uk Instagram: vca\_communitycentre Facebook: Venture Centre

# Meet the Team



Pattrina Quashie Ferguson Head of Operations



Melissa Richards Bacchus Children Development Lead



Camella Javier Maternity Champions Manager



Kelly Wicks Children's Development Assistant





Alban Koxha Community Engagement Worker

#### Community Engagement Worker



William Roberts Director



# Your Voice Your Venture



#### Connect, Dine, and Contribute to Our Community's Future!

Join us for a delightful evening of scrumptious food and lively community dialogue! This is a wonderful opportunity to get acquainted with our team over dinner and to express your thoughts on how we can further enhance our services to better serve you. Let's come together, share ideas, and shape a promising future for our community!

> Monday 20th November Monday 18th March Monday 24th June from 6.00pm - 8.00pm

# Women's only Zumba

Donations Welcome

#### Fun, energy building dance moves that will add a new spring to your step

#### Wednesdays

#### 11.30am - 12.30pm

To register email info@venturecentre.org.uk or call 020 8960 3234



#### Ease your mind and body with yoga.

### **Tuesdays** 11.30am - 12.30pm

To register email info@venturecentre.org.uk or call 020 8960 3234

# The Wellbein Programme 6 Weeks to nourish to better health and

Free Mindfulness Masterclass on 23/11/23

#### Wednesday

#### Time 10.00am-11.30am

To register email info@venturecentre.org.uk or call 020 8960 3234





Community

ingWell

# Come Join as in the MANNER Uelness Day

Free Massage | Free Barber | Free Pedicure | Free Warm Soup | Information Stalls

> Venue: Flashpoint World's End Estate, Blantyre Street London SW10 OHE 21st November, 2023 10.00am -1.00pm

For more info: email info@venturecentre.org.uk or call 020 8960 3234



Community LivingWell



#### **Thursday 28th December to Friday 5th January**

Notting Hill Adventure Playground W10 5YB 10.30am - 3.30pm





Flashpoint Playground SW10 0DS 1.00am – 4.00pm

Little Wormwood Scrubs Adventure Playground W10 6AD 10.30am – 3.30pm



#### Open access adventure play for Children aged 6 - 14 years

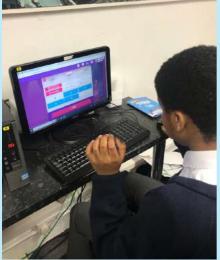
In addition to our play structures, we offer a wide range of activities including Board games, Cooking, Interactive games, Sports, Music and Arts and Crafts.



for more information <mark>please call 0208 960 3234</mark> email info@venturecentre.org.uk



# Homework Help







Our educational support services are here to assist your child, offering them resources that make excelling academically more achievable. Bring their homework along, or we can supply worksheets suitable for all age groups.

> Atom Learning leverages interactive questions, insightful help sheets, and engaging videos to craft a tailored learning journey for each and every child.

Ages 6 - 14 years old

Time: 4:30 - 5:30pm

Donations Welcome

Free **Fridays** 

# Arabic Learning Club





COMMUN

Free Arabic reading and writting class for 6–12 year olds.

A Healthy Snack will be provided

# FREE12 week programmeSaturday10.00am - 12.00pm

For more information contact info@venturecentre.org.uk or leonora.ghazal@smartlondon.org.uk call Leny 07557237967



# Meet and Eat Community Lunch

Come into Flashpoint to indulge in a free warm cooked meal and casual conversations with neighbours and friends

Food served at 12:30pm

Free Starting 22nd Januray Mondays 12.30am - 2.30pm Donations Welcome

#### Bring a bag or trolley for a no referral food distribution

Foodbank

if in need of further assistance please speak with our community engagement

team

#### No referals needed

During school holidays we will operate from Worlds End Community Centre

### Thursdays 12.00 noon - 1.00pm

For more information: info@venturecentre.org.uk or call 020 8960 3234

# Cook, Learn, Share



#### community cookery workshop

- Learn a healthy recipe.
- Take home a bag of ingredients.
- Recreate the meal at home!
- Call to book your place.

Donations Welcome

#### **Starting 25th January**

Free

Thursdays 11.30am - 2.30pm

### Photography and Filmmaking

Was

oin our photography and filmmaking workshop learn how to be good visual storytellers. using cameras and professional filmmaking equipment. No experience necessary!!

### to join one of the 15 Spaces available

To register email info@venturecentre.org.uk or call 020 8960 3234

Fridays

PRODUCTIO

11.00am - 1.30pm



Lets get together and enjoy board games and laughter whilst you indulge in refreshments

### **Starting Soon**

Tuesday 23rd January Time: 11.00am - 1.30pm

# Hair Care Workshop



Get hair care tips, products and advice, enjoy a styling workshop

Wednesday 15th November Wednesday 17th January 5.00pm - 6.00pm 5.30pm - 6.30pm

Donations Welcome to book your slot email info@venturecentre.org.uk or call 0208 960 3234

# Will Advise Services



Our free Will clinic covers a range of essential legal aspects, including Wills, Trusts, probate, and power of attorney. In these challenging times, making a Will or establishing a Lasting Power of Attorney are of utmost importance, and providing these services will give peace of mind.

### Friday 19th January 2024 11.00am – 3.00pm



Email: info@venturecentre.org.uk Call: 0208 960 3234



### **Venture needs Volunteers**

If you are interested in giving back to your community or taking part in any of the following events, Venture Volunteering is for you.

#### Venture Activities

Foodbank
Playground
Food preparation
Community Engagement

EMAIL: INFO@VENTURECENTRE.ORG.UK OR CALL 0208 960 3234 TO SIGN UP!

## **Advice in the Area**





### WE CA N help

WORLD'SEND[WE]|CITIZEN'SADVICE[CA]|NUCLEUS[N]



We offer free, confidential and impartial advice & help: Legal Advice Empowers Lives...

#### WHEN: TUESDAYS 12 - 6:30pm WHERE: Chelsea Theatre, 7 World's End Place, London, SW10 0DR

Our outreach service at Chelsea Theatre is specifically for residents of World's End and the surrounding area. WE are here to help you access services and appointments including help with issues related to housing, debt, benefits, family matters and employment.

Can't visit us on Tuesday, you can also get help by speaking to a specialist CA adviser on Advice line: 0808 278 79 82 Or Nucleus on 0207 373 4005 You can also access on-line help at <u>www.citizensadvicekc.org.uk</u> or <u>www.nucleus.org.uk</u>



Our winter giveaway clothes for men women children and babies

DISTRIBUTION

EVERYONE IS WELCOME TO

HINTE

clothes

coats/ jackets shoes toys accessories beddings children uniforms

baby items such as baby cot high chair and much more...

Bring your own bags please

SMART

WHERE: FLASHPOINT WOLRD'S END ESTATE SW10 ODS

WHEN: SATURDAY 23RD OF DECEMBER

2023

refreshment provided

#### TIME: 11AM-3PM

COMMUNIT

For more info: Call Leny: 07557237697 Email: leonora.ghazal@smartlondon.org.uk



### Thank you to our supporters!

