

North Kensington Health & Wellbeing Network

20 January 2021, via Zoom

Actions and Key Points

[Meeting Agenda](#)

- Hayley Turner – Updates:
 - North Kensington Self-Care Complimentary Therapies offer is now live, GP's and link workers are able to refer residents to services (currently online) e.g. online meditation, welfare calls, self-massage techniques and eventually face to face massage
 - Panels met in December and reviewed applications for nutrition and cooking classes, and mental health first aid training/digital skills training. Successful applications to be announced at the next meeting
 - There will be further funding adverts for North Kensington Self-Care soon, primarily open-funding bids based on community need and support for current organisation projects requiring support for increased referrals or service users.

- Lucy Knight (LCAT):
 - Range of online services now available from Henry Dickens Community Centre, information is to be on website and will be included in the e-bulletin
[Adults timetable](#)
[Youth Zoom Club timetable](#)
[Kids Zoom Club timetable](#)

- Zina Serageldin and Joe Batty:
 - Reminder about KCSC weekly bulletin, goes out on Wednesday with deadline for submissions the previous Friday. Organisations can put things on community noticeboard, email info@kcsc.org.uk or email ZS directly
 - JB is running training on the 3rd and 5th on community engagement, 50% of places taken already
 - One of the meetings on vaccination is being held this Sunday (24th), Al Manaar are hosting with various speakers including Joe and GPs
 - Link: <https://almanaar.org.uk/zoom-event-vaccination-questions-explored/>

- Jeff Lake – Public Health - [Presentation](#)
 - Reduction in Covid-19 rates over the last few days, suggesting a downward turn, as yet unclear if seeing a plateau. Reduction is true both locally and across London broadly, should lead to reduction in NHS pressure over the next few days and reduced mortality rates later.

- Outbreaks harder to manage in shared facilities (e.g. care homes/sheltered accommodation). New variant and increased transmissibility harder to manage, mitigated slightly by period routine testing of asymptomatic staff.
- Higher rates in the North East, particularly Barking and Dagenham, but high variation across capital.
- Covid-19 fatigue being experienced in communities, new variant increases importance of Stay Home> Protect the NHS> Save Lives
- Asymptomatic tests being promoted for those unable to work from home, results within 30 mins. Trialling an earlier start on Monday and Thursday, aiming to reach groups who cannot make usual hours
- Vaccine locations:
 - Earls Court Health and Wellbeing Centre
 - St Charles Centre for Health and Wellbeing
 - Violet Mechett
- 60% of Care Home residents have been vaccinated, over 50% of 80+
- Concerns about BAME community vaccine hesitancy, average hesitancy is 10%, BAME is 15-17%, could act as a driver of more disproportionate impact/Covid inequality. Particular attention being given to messaging for these communities.
- Rates are highest in areas of deprivation, areas where people have jobs that cannot be done at home, overcrowded accommodation, barriers to service access, language barriers.
- Golborne and Ladbroke Grove are particular concern areas, starting to decrease in recent days.

➤ Q&A:

- JB: At what point will we know what tiers are going to be (i.e. decrease of restrictions)
 - Decision expected to be taken for London as a whole. There is a big political concern. Thinks next phase will be interesting in terms of messaging, as a concern over vaccine being viewed as 'Immunity passport' and seen as a free pass to return to normal. Difficult to enforce social distancing and collective safety measures and concern around groups. Modelling suggests it will be hard to drop the R number low enough, reduction of restrictions will be linked to proportion of population vaccinated.
- HT: Will vaccine be effective for new variants?
 - No evidence that vaccine will be compromised by new variants, but no way to know for sure. More concern about Brazilian strain that has emerged. However less risky than the way flu mutates based on the evidence, so good chance of vaccine containing different variants. The fewer people infected, the fewer mutations. Good protection duration over the period tested so far, but less information about drop-off over the longer term, possible annual vaccinations.
- JB: If people have been vaccinated, will this provide immunity to something like the LA variation (reportedly vaccine resistant)?
 - No evidence of clear evidence of any vaccine resistant strain, but no vaccine is 100%. Mutations may lead to effectiveness changes, but unlikely to see big step changes. Vaccine is currently more effective than standard flu vaccine.
- Louisa: What is the possibility of service providers delivering face to face receiving vaccine earlier?

