

North Kensington Health & Wellbeing Network

20 January 2021, via Zoom

Actions and Key Points

Meeting Agenda

- Hayley Turner Updates:
 - North Kensington Self-Care Complimentary Therapies offer is now live, GP's and link workers are able to refer residents to services (currently online) e.g. online meditation, welfare calls, self-massage techniques and eventually face to face massage
 - Panels met in December and reviewed applications for nutrition and cooking classes, and mental health first aid training/digital skills training. Successful applications to be announced at the next meeting
 - There will be further funding adverts for North Kensington Self-Care soon, primarily open-funding bids based on community need and support for current organisation projects requiring support for increased referrals or service users.
- Lucy Knight (LCAT):
 - Range of online services now available from Henry Dickens Community Centre, information is to be on website and will be included in the e-bulletin Adults timetable Youth Zoom Club timetable Kids Zoom Club timetable
- > Zina Serageldin and Joe Batty:
 - Reminder about KCSC weekly bulletin, goes out on Wednesday with deadline for submissions the previous Friday. Organisations can put things on community noticeboard, email <u>info@kcsc.org.uk</u> or email ZS directly
 - JB is running training on the 3rd and 5th on community engagement, 50% of places taken already
 - One of the meetings on vaccination is being held this Sunday (24th), Al Manaar are hosting with various speakers including Joe and GPs
 - Link: <u>https://almanaar.org.uk/zoom-event-vaccination-questions-explored/</u>
- > Jeff Lake Public Health Presentation
 - Reduction in Covid-19 rates over the last few days, suggesting a downward turn, as yet unclear if seeing a plateau. Reduction is true both locally and across London broadly, should lead to reduction in NHS pressure over the next few days and reduced mortality rates later.

- Outbreaks harder to manage in shared facilities (e.g. care homes/sheltered accommodation). New variant and increased transmissibility harder to manage, mitigated slightly by period routine testing of asymptomatic staff.
- Higher rates in the North East, particularly Barking and Dagenham, but high variation across capital.
- Covid-19 fatigue being experienced in communities, new variant increases importance of Stay Home> Protect the NHS> Save Lives
- Asymptomatic tests being promoted for those unable to work from home, results within 30 mins. Trialling an earlier start on Monday and Thursday, aiming to reach groups who cannot make usual hours
- Vaccine locations:
 - Earls Court Health and Wellbeing Centre
 - St Charles Centre for Health and Wellbeing
 - Violet Mechett
- 60% of Care Home residents have been vaccinated, over 50% of 80+
- Concerns about BAME community vaccine hesitancy, average hesitancy is 10%, BAME is 15-17%, could act as a driver of more disproportionate impact/Covid inequality. Particular attention being given to messaging for these communities.
- Rates are highest in areas of deprivation, areas where people have jobs that cannot be done at home, overcrowded accommodation, barriers to service access, language barriers.
- Golborne and Ladbroke Grove are particular concern areas, starting to decrease in recent days.

≻ Q&A:

- JB: At what point will we know what tiers are going to be (i.e. decrease of restrictions)
 - Decision expected to be taken for London as a whole. There is a big political concern. Thinks next phase will be interesting in terms of messaging, as a concern over vaccine being viewed as 'Immunity passport' and seen as a free pass to return to normal. Difficult to enforce social distancing and collective safety measures and concern around groups. Modelling suggests it will be hard to drop the R number low enough, reduction of restrictions will be linked to proportion of population vaccinated.
- HT: Will vaccine be effective for new variants?
 - No evidence that vaccine will be compromised by new variants, but no way to know for sure. More concern about Brazillian strain that has emerged. However less risky than the way flu mutates based on the evidence, so good chance of vaccine containing different variants. The fewer people infected, the fewer mutations. Good protection duration over the period tested so far, but less information about drop-off over the longer term, possible annual vaccinations.
- JB: If people have been vaccinated, will this provide immunity to something like the LA variation (reportedly vaccine resistant)?
 - No evidence of clear evidence of any vaccine resistant strain, but no vaccine is 100%. Mutations may lead to effectiveness changes, but unlikely to see big step changes. Vaccine is currently more effective than standard flu vaccine.
- Louisa: What is the possibility of service providers delivering face to face receiving vaccine earlier?

- Planning on who is included in frontline health and care staff is being carried out. Questions over how it is defined nationally, regionally and locally, a degree of variation due to stock availability. Priority lists being made considering staff and vulnerable clients thorough exercises, aiming to extend beyond Local authority and NHS staff
- Any idea of decision timeline?
 - No clear deadline, some homeless shelters have already received vaccination, recognition that those staff need to be prioritised. Send a particular query to JL directly.
- > Other links shared in the chat
 - o https://almanaar.org.uk/zoom-event-vaccination-questions-explored/
 - Jeff Email: jlake@westminster.gov.uk
 - o https://www.nwlondonccgs.nhs.uk/coronavirus/nhs-covid-19-vaccination-programme
- Radhika CCG
 - Workshops are being run targeting community workers and volunteers working with community members to give information and ask direct questions to GPs. Questions and concerns picked up from community. Aim is to address rumours and misinformation about vaccines that are circulating and challenge misinformation and encourage people to take vaccine.
- JB: Suggestion for using NextDoor website to share leaflets to download and challenge myths
- Ann Goodger: Suggested leaflets could be left at Foodbanks. Dalgarno Trust had found this worked well for people who do not have access to online facilities.
- > KCSC:
 - To continue dialogue with relevant partners and disseminate information with organisations as it is received.

Registered List:

Organisations
KCSC
WLCCG
Community Massage London
North Ken Social Prescribing Worker
Open Age
One You Kensington and Chelsea
Volunteer Centre Kensington & Chelsea
Dalgarno Trust
Superhighways
Lancaster West Estates Residents
Association
ACAVA
NHS
Rugby Portabello Trust