



HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

**Minutes of a meeting held Tuesday 7th July 2015
Committee Room 1, Kensington Town Hall, Hornton Street, W8 7NX**

**Chair: Jamie Renton
Minutes taken by: Olivia Leu**

Attendance list attached

1	Welcome, Introductions and Apologies	ACTION
	<p>Jamie welcomed everyone to the forum and invited attendees to introduce themselves and their organisations.</p> <p>Apologies: Sarah Mitchell – Carers Network, Justin Gaffney - MSH Health & Wellbeing CIC</p>	
2	Minutes of meeting held 21st April 2015 and matters arising	
	<p>Minutes were agreed as a true record. Action points from previous meeting:</p> <ul style="list-style-type: none"> - KCSC and Westway Trust are still to have a follow up meeting to discuss health and wellbeing policies for VCOs - The Meet and Greet sessions for new homecare providers will be advertised shortly, as well as the Dementia JSNA Report - attached - The new Healthwatch priorities are: homecare, maternity, urgent care and mental health. <p>There were no matters arising.</p>	
3	<u>Like Minded Presentation</u>	
	<p>Eleanor Wyllie, Programme Lead for Like Minded, Strategy and Transformation Team – NHS North West London Collaboration of CCGs</p>	
	<p>Like Minded is a programme meant to develop an innovative 5-year system-wide strategy for mental health and wellbeing, across North West London. The current Case for Change is reflecting on what is working well within the system, and what needs to change across all populations from mostly healthy to socially excluded groups.</p> <p>Three workshops took place to identify and map the needs of underserved groups – homeless, migrant populations, children and young people.</p> <p>Early indications are that for the wellbeing/ prevention side the focus will be on healthy workplaces; parenting interventions for children with conduct/pre-conduct disorder; healthy schools initiatives; reducing social isolation and loneliness in older people. Other initiatives will be most likely focusing on living well in the community for people with complex mental health needs.</p> <p>Q1: working groups will be set up once the priorities are agreed to help progress the areas; broad representation is important to test any model of care that's being developed.</p> <p>Q2: links into the work that WLCCG has done with voluntary groups around whole systems for older people are needed to avoid duplications.</p> <p>Q3: looking into socio-economic factors that have an impact on mental health is a</p>	<p>EW to circulate the agreed priorities so groups can get involved</p>

	<p>priority within the limits imposed by the current cuts.</p> <p>Q4: dementia strategy is an existing programme of work, therefore Like Minded won't focus on it.</p> <p>Q5: the holistic framework and physical health aspect have been flagged up in the Case for Change; most probably they will link into the living well in the community area.</p> <p>Q6: the £200mil Public Health cuts announced by the government will have an impact on local authorities' delivery of discretionary services e.g. mental health and physical activities; RBKC Public Health Grants Programme won't be affected by the cuts.</p> <p>Q7: there will be a K&C Whole System pilot for all age groups (18+), as well as a Hounslow pilot. Healthwatch are pressing CNWL to organise a public consultation on the upcoming cuts in K&C.</p>	<p>PW to circulate the report produced by Public Health on Public Health Mental Health in the Tri-Borough area</p>
4	<p>Venture Centre Naami Padi, CEO – Venture Centre</p>	
	<p>The Venture Centre is a community centre established in 1960, based in the heart of Wornington Green. The regeneration project currently taking place in the area has had a significant impact on the centre – changes in senior management, low staff morale, being in the middle of a building site. 'Active Wednesdays' - project funded by the WLCCG Grants Programme 14/15 – has helped the centre boost numbers, embrace movement towards healthy living through a healthy lunch prepared by volunteers; Pilates/African Dance classes; health talks/checks; use of Playground for children; tackling social isolation; encouraging community cohesion etc. The increase in numbers is significant – from 20 to 80+ people.</p>	
5	<p>15/16 WLCCG Grants Programme Launch Angela Spence, CEO – KCSC</p>	
	<p>Funding is available for voluntary and community sector organisations to deliver patient and clinical engagement projects in Kensington and Chelsea, Queens Park and Paddington areas. The maximum allocation for any one project is £30,000. Organisations eligible for funding must demonstrate how they will support the WLCCG patient and public engagement objectives:</p> <ol style="list-style-type: none"> 1. Improving access to primary health care services 2. Supporting the West London CCG 'Out of Hospital Strategy': Better Care, Closer to Home 3. Collecting patient and carers feedback on health services to influence service re-design 4. Reducing health inequalities and empowering local people to take control of their own health conditions. <p>Projects can start as soon as funding is agreed in September 2015 and should be completed by 31 August 2016. All successful organisations must attend a workshop on how to complete the monitoring framework, prior to the start of the grant.</p> <p>Funding is also available for Smoking Cessation projects; and training is being offered to groups that want to bid in partnership for the RBKC Public Health Grants or need support with their monitoring & evaluation.</p> <p>Q: a future recommendation was made to extend the five weeks for applications, as the time is not long enough for groups to plan for funding.</p>	<p>KCSC to publicise the new round of WLCCG Grants and circulate details of future training sessions</p>

6	<p>Build your own discovery at Kensington Palace</p> <p>Rachel Crossley, Learning & Engagement Team – Historic Royal Palaces</p>	
	<p>Historic Royal Palaces is an independent charity that looks after the Tower of London, Hampton Court Palace, the Banqueting House, Kensington Palace, Kew Palace and Hillsborough Castle. Their aim is to help everyone explore the story of how monarchs and people have shaped society.</p> <p>The Learning & Engagement Team aims to enable audiences to create their own connections to the palaces, people and stories. Build your own discovery is a three-fold programme that includes:</p> <ul style="list-style-type: none"> • A half-day training workshop for adult group leaders and tutors • Group visits led by a trained group leader or tutor and supported by L&E team • Discount entry for participants to make a return visit on their own. <p>Upcoming opportunities Autumn 2015: Victoria Revealed training; Victoria Revealed ESOL training / resources.</p> <p>Q: the programmes is FREE for the groups in the Tri-Borough area, and takes place at Kensington Palace only. The site is fully accessible.</p>	
7	<p>South Hub</p> <p>Kate Brady, Project Manager – NHS West London Clinical Commissioning Group</p>	
	<p>The focus of the presentation was on trying to find out how to embrace the breadth of voluntary sector providers into the service model, and how to generate a wellbeing presence within the hub. The Out of Hospital model, unlike the older people Whole System model, covers all ages, hence the significant children services presence in the South Hub (SH) along with the community treatment services.</p> <p>Following a significant amount of appraisal work, Violet Melchett Health Centre is currently the most likely location for the SH. The new hub won't replicate the model at St Charles due to lack of space. The potential options for the voluntary sector to be considered are: regular sessional presence, colocation, pop-up space, visits, signposting, physical presence.</p> <p>Q1: total space 200-300sqm; no fixed boundaries at the moment.</p> <p>Q2: in the process of renegotiating the lease – subsidised rental for the voluntary sector to be replicated; pop-up space arrangements available.</p> <p>Q3: Violet Melchett Health Centre is a family oriented Community Clinic.</p> <p>Q4: signposting might be better than physical presence on the sight; the PCN role to be developed as part of the Whole System Hub.</p> <p>Q5: the role of the hub manager for the Whole System Hub is likely to expand to incorporate the interlinking – linchpin between health, social care and wellbeing. A self-care package will be also available.</p> <p>Q6: regular presence of the alternative therapies provided by the voluntary sector needed, as well as drawing the community in; groups coming together as a consortium to run a programme together, outside any other contractual arrangements; mapping the patient's journey as part of the holistic approach.</p> <p>Q7: Bromley By Bow Centre given as a good practice example.</p>	

	<p>Q8: expected to be up and running at the end of 2016, completely open by early 2017 – phased delivery.</p> <p>Q9: both clinical and community services as well as signposting and voluntary sector presence needed. The following groups showed interest in the South Hub: Depression Alliance, Trinity Hospice, WAND UK, Volunteer Centre K&C, Age UK K&C, Family Friends, Open Age.</p> <p>Q10: the centre can be visited, please contact Kate to arrange it.</p>	<p>KCSC to send KB names of interested groups</p>
8	<p>Presentation by Deafblind UK Sue Sinton Smith, Senior Outreach Officer London – Deafblind UK</p>	
	<p>There are approximately 356,000 deafblind people in the UK. Deafblind doesn't always mean completely deaf and blind. Deafblind UK offers personalised, membership based support including: information and advice line staffed by volunteers; Open Hand magazine available in large print; three social groups (Camden, Tower Hamlets, Newham); befrienders based on a waiting list; campaigning in partnership with other organisations; free caravan; two social businesses including a brokerage service open to people with any disability; digital befrienders; Deafblind manual card.</p> <p>Q1: Deafblind doesn't have resources to provide interpreting services for BAME. Q2: training for British Sign Language offered only to Deafblind volunteers.</p>	<p>KCSC to circulate referral form.</p>
9	<p>Attendance and feedback from other forums including:</p>	
	<p>1. WLCCG WLCCG successfully delivered the community Road Shows via the Community Health Champions project. 2,000 + people benefited. The purpose was to raise awareness on how to access primary care services at the right point of care. WLCCG AGM 5.00-7.00pm, 7th July. Groups were invited to get in touch with Abbas Mirza to provide feedback on residents' experience and knowledge of NHS services – Primary Care, Whole Systems and Like Minded.</p> <p>2. Borough Voluntary Organisations Advisory Group (BVAOG) BVOAG AGM held on 18th June received positive feedback. Topics for round table discussions included: Premises; Twitter; City Living Local Life – community grants programme; Planning and building issues; Effective Corporate Partnerships; Compact. There was also a presentation from Lev Pedro on the future design of local services in the context of fewer grants and more contracts.</p> <p>3. Main Voluntary Organisations Forum Main VOF held 11th June. Presentation by CEO of the Volunteer Centre Jessica Wannamaker updated on developments including revising volunteering principles for the compact, developing a volunteer management forum and health checks for organisations to support the management and support of volunteers. Presentation on post general elections and implications for the voluntary sector including impending continuation of welfare reform. Presentation on how to engage with the new parliament from someone from the houses of parliament.</p>	

	<p>4. Health & Wellbeing Board</p> <p>Discussion on NHS Five Years Forward View and implications for North West London – new models of care and new relationships with patients and communities. Healthwatch expressed concerns as more support is required from Adult Social Care for people in the community. More evidence will be gathered in July to assess the effectiveness of the new initiatives. Report on transition preparations for transfer of Commissioning responsibilities for 0 to 5 year olds. Update on the Better Care Fund – Community Independence Service; hospital discharge processes; commissioning of the new Homecare services; public engagement workshops to gather patient/consumer experience of the new self-care model.</p> <p>5. Joint Strategic Needs Assessment Steering Group</p> <p>Dementia JSNA came out and will be soon circulated. The focus is now on the end of life care and childhood obesity.</p> <p>6. Healthwatch</p> <p>Currently drafting the Work Programme for 2015/2016; interest in collaborating with other groups on maternity services. Three Borough Forums – first meeting in June on district nursing and assisting technology to support people at home. Dignity Champions Plan finalised; visits scheduled: CNWL Mental Health Inpatient services and St Charles. Healthwatch AGM to be held on 10th September at Westminster Cathedral Hall. Stroke Information Day event took place on 27th May and was very well attended. Youth Sexual and Mental Health event report to be finalised. The Patient Participation area group meetings in June gathered feedback and focused on the new Out of Hospital Strategy. HW will be at the Queens Park Festival in August.</p>	
10	<p>News exchange and updates</p> <p>Westway Community Transport – First Aid at Work training courses available Westway Trust will be launching an open Gym in the Little Scrubs space</p> <p><u>Upcoming events:</u></p> <p>7th July Housing Report launched by West London Citizens 9th July Kensington and Chelsea Advice Forum 9th July How to Unit Cost Your Services 14th July Sexual Health Providers Forum 15th July How can Health and Social Care Voluntary and Community Sector work differently to deliver better outcomes for communities across the Tri-Borough 19th July Golborne Festival 20th July RBKC Safer Neighbourhood Board 26th July Westway Summer Festival 28th July Earl's Court and Chelsea Forum 12th August Health Day at St Charles followed by an Art Exhibition KCSC in partnership with CASH Finance Advice Surgery every Wednesday 10.00-16.00</p>	
9	<p>Date of Next Meeting</p>	
	<p>10.00am, 20th October 2015, Committee Room 1, Kensington Town Hal Suggested agenda items: Dalgarno Trust - Healthworks Project; Trinity Hospice.</p>	

ATTENDANCE LIST

10.00am, Tuesday 7 July 2015

Committee Room 1, Kensington Town Hall, Hornton Street, W8 7NX

1. ATTENDANCE LIST

	Name	Organisation
1	Nicole Baron	Living Well
2	Christina Bengston	Depression Alliance
3	Kate Brady	West London Clinical Commissioning Group
4	Megan Cambridge	Trinity Hospice
5	Rachel Crossley	Historic Royal Palaces Learning & Engagement
6	Olivia Danso	Healthwatch Central West London
7	Stephen Duckworth	Notting Hill Methodist Church
8	Annemarie Freude-Lagevardi	Westway Trust
9	Maria Carmen Garrido Montoya	Healthwatch Central West London
10	Zara Ghods	Kensington and Chelsea Forum for Older Residents
11	Bezuayehu Haile	Dalgarno Neighbourhood Trust
12	Jan Halliday	Age UK Kensington & Chelsea
13	Gladys Jusu-Sheriff	WAND UK
14	Olivia Leu	Kensington & Chelsea Social Council
15	Abbas Mirza	NHS North West London
16	Ivan Moore	Healthwatch Central West London
17	Amelia Mustapha	SMART
18	Linda Ogbuehi	Response Community Projects
19	Naami Padi	Venture Community Association
20	Anna Porta	Westway CT
21	Catherine Pymar	Open Age
22	Jamie Renton	Action Disability Kensington & Chelsea
23	Kalwant Sahota	West London Clinical Commissioning Group
24	Priscilla Sarpong	Living Well
25	Sue Sinton Smith	Deafblind UK
26	Angela Spence	Kensington & Chelsea Social Council
27	Flora Taylor	Family Friends
28	Jessica Wanamaker	Volunteer Centre Kensington & Chelsea
29	Pete Westmore	Tri-Borough Public Health
30	Eleanor Wyllie	NHS North West London