

HEALTH AND WELLBEING VOLUNTARY ORGANISATIONS FORUM

Monday 17th October 2011, 12.00pm – 3.00pm
St. Charles Centre for Health and Wellbeing

Chair: Lev Pedro (Kensington & Chelsea Social Council)
Attendance list attached

1	WELCOME, INTRODUCTIONS AND APOLOGIES Mary Gardiner, KCSC	ACTION
1.1	<p>Mary welcomed everyone to the first meeting of the new Health and Wellbeing forum. She explained that following a review of the VOFs in 2010, KCSC noticed that there was a gap which didn't cater for health and wellbeing service providers, so to fill the gap the Health and Wellbeing VOF was set up. She also said the meeting was being held at St. Charles to encourage the voluntary sector to take back ownership of the premises and was glad that a number of VCOs were moving into the vacant spaces.</p> <p>Mary invited attendees to introduce themselves and the work they do.</p>	
2	HEALTHWORKS (<i>Presentation available on KCSC website</i>) Carolyn Jackson, Dalgarno Trust and Idil Hassan, Midaye	
2.1	Carolyn presented on Healthworks, which is a partnership project of 10 local organisations, led by Dalgarno Neighbourhood Trust. The project aims to enhance the health and wellbeing of BME communities by training members of the community to become health champions, as well as raising individual awareness.	
2.2	12 local volunteers have so far successfully completed the three day Level 2 Award in Understanding Health Improvement, organised by Royal Society for Public Health. Staff have also received feedback from individual health champions about their experiences.	
3	EARL'S COURT HEALTH CENTRE (<i>Presentation available on KCSC website</i>) Gemma Bruce & Nicola Ellis, Turning Point	
3.1	Turning Point is a leading health and social care organisation which provides services across England and Wales. It recently won the contract to run the Earl's Court Health and Wellbeing Centre and will play the leading role in a partnership with Greenbrook, NHS Dentists and the Terrence Higgins Trust.	
3.2	The centre will include a walk in clinic providing access to GPs and dentists as well as sexual health screening, testing and advice. Other extended services will include employment advancement support, mentoring and healthy living advice.	

3.3	<p>As well as the health and wellbeing services, the centre will offer a number of social initiatives, which includes a time bank, where people can volunteer their time in return for credit, which can then be traded in for various rewards. There is a mentoring scheme which will offer accredited mentoring training to participants, who will then be expected to support patients. The centre hopes to engage with residents and services users through community researchers. The centre will also offer space for community hire.</p>	
3.4	<p>Helen asked if residents will be charged to hire community space. Gemma replied there will be affordable hire rates, and that any surplus will be reinvested back into the centre.</p> <p>Lak asked who will be in charge of volunteers, to which he was told the Centre Manager, John Piesse will have that responsibility.</p> <p>Idil stressed the importance of having diverse representation at the centre and requested engagement with Somali speakers. Gemma said Turning Point is committed to diversity and will endeavour to ensure representation is diverse.</p> <p>Sue asked if there will be any remuneration for community researchers. Gemma replied they will be paid £9.00 per hour.</p> <p>Asked how many GPs and dentists will be based at the centre, Jonathan was told that there will be two GPs and one dentist, which will increase to two as needed.</p> <p>Dahabo asked how Turning Point will avoid the duplication of good services that are currently available. Gemma said Turning Point is building a database to better understand what services are already available. Mary added that KCSC has a good data base with details of organisations and services in the borough, and offered its use to Turing Point. She also commended a strong voluntary sector in Kensington & Chelsea and said that many good services are already running and suggested Turning Point should work with current providers.</p>	
4	<p>THE ROLE OF THE LOCAL VOLUNTARY & COMMUNITY SECTOR IN THE NEW HEALTHCARE LANDSCAPE <i>(Presentation available on KCSC website)</i> Claire Mundle, King's Fund</p>	
4.1	<p>The King's Fund is a charitable foundation which seeks to understand how the health system in England can be improved. Using that insight, they work with individuals and organisations to shape policy, transform services and influence change.</p>	
4.2	<p>Claire gave a presentation on the Health and Social Care Bill, and spoke about the government's desire to 'liberate' the NHS. She explained some of the key elements of the Bill and gave some insight into the structural changes the NHS is undergoing to comply with the Bill. Claire then spoke about the implications the reforms will have on the voluntary sector, highlighting challenges as well as opportunities, and concluded her presentation with key recommendations from the King's Fund. <i>(Please see presentation for details)</i></p> <p>Mary thanked Claire for her presentation and invited Steve Shaffelburg to join her to take questions from the forum.</p>	

4.3	<p>Mary commented on plans to tender contracts to the largest organisations saying that the groups best able to deliver to the communities are the often least able to demonstrate their abilities. Steve said in response that organisations that can't reach out to the right people will be expected to sub contract groups that can reach out to the right people.</p> <p>Cynthia asked which body the clinical commissioning group is accountable to. Jonathan said that it wasn't completely clear yet, but he informed the forum that the Health and Wellbeing Board is working with K&C LINK to establish patient representatives.</p> <p>Idil asked whether more money could be saved by directly funding local organisations to form a partnership to deliver services rather than funding a large organisation, who may then sub contract the smaller groups to deliver services to local people. Steve said that as commissioning teams are shrinking in size, it is easier for them to deal with fewer large contracts rather than numerous smaller ones, but local voluntary organisations can prepare themselves by forming consortia.</p>	
5	<p>CROSSROADS CARE Gabriela Soltysik, Crossroads Care</p>	
5.1	<p>Crossroads is a nationwide charity that provides respite for carers. Crossroads is able to provide free tailor-made flexible breaks for unpaid carers, allowing them some time-off and a break from their caring responsibilities.</p> <p>Crossroads has recently received funding from the NHS to provide bespoke respite breaks which can be day trips or longer holidays for carers of people with special needs.</p>	
5.3	<p>Cynthia said the NHS is really supporting carers at the moment and said feedback from participants suggest that the respite scheme works very well. She also mentioned that Age Concern K&C has funding to support carers of older people.</p>	
6	<p>UPDATES</p>	
6.1	<p>Lev gave a brief history of the K&C health consortium, and reported that KCSC is now setting up a trading company which will be able to bid for contracts and subcontract work to local organisations, and offer statutory commissioners a robust mechanism to contract with. The company will serve all types of organisations, not just health. Also, KCSC encourages organisations to prepare for tendering by gathering the data that is highlighted on KCSC's website www.kcsc.org.uk/pgq</p> <p>Mary announced that KCSC had applied for funding to support organisations to complete PQQs. She also mentioned the Adult Social Care mandate has been released and welcomed it as VCS friendly and encouraged members to read it carefully and forward their comments.</p>	
7	<p>ELECTION OF CHAIR OF FORUM</p>	
7.1	<p>Idil Hassan from Midaye Somali Development Network was elected as chair of the forum.</p>	

8	MINUTES OF LAST MEETING AND MATTERS ARISING	
8.1	N/A	
9	FEEDBACK FROM FORUMS	
9.1	N/A	
10	ANY OTHER BUSINESS	
10.1	<p>Helen announced there will be a men's activity taster day for men over 50 on the 14th November.</p> <p>Jamie said ADKC is offering free training and support to organisations to help them make their training more accessible to disabled people.</p> <p>Russell announced Pepper Pot will be offering external catering services and space hire to help generate income. He said catering prices were negotiable.</p>	
11	DATE OF NEXT MEETING	
11.1	Spring 2012. Date to be confirmed.	

ATTENDANCE LIST

Health and Wellbeing Voluntary Organisations' Forum Meeting
12.00pm, Monday 17th October 2011, St. Charles Centre for Health and Wellbeing

1. ATTENDANCE LIST

	Name	Organisation
1	Jill Watson	4 Minds
2	Redi Kowa	Age Concern Kensington & Chelsea (Inc Sixty Plus)
3	Lak Gill	Age Concern Kensington & Chelsea (Inc Sixty Plus)
4	Cynthia Dize	Age Concern Kensington & Chelsea (Inc Sixty Plus)
5	Madi Gilkes	Carers Kensington and Chelsea
6	Marimba Carr	Central London Community Healthcare
7	Gabriela Soltysik	Crossroads Care CNL
8	Carolyn Jackson	Dalgarno Neighbourhood Trust
9	Andrzej Wdowiak	Earl's Court YMCA
10	Ferrie Kuteesa	Happy Healthy Family Club
11	Maria Walker	Help Counselling Centre
12	Mohamed Farah	Hodan Somali Community
13	Mahdi Ali	Hodan Somali Community
14	Jonathan McInerny	Inner North West London Primary Care Trusts (NHS)
15	Susan Wolk	Kensington & Chelsea Forum For Older Residents
16	Paula Murphy	K&C Local Involvement Network
17	Lev Pedro	Kensington & Chelsea Social Council
18	Mohammed Miah	Kensington & Chelsea Social Council
19	Mary Gardiner	Kensington & Chelsea Social Council
20	Ambika Sharma	Kensington & Chelsea Social Council
21	Siobhán Sollis	Kensington & Chelsea Social Council
22	Nour-eddine Aboudihaj	Kensington & Chelsea Forum For Older Residents
23	Claire Mundle	King's Fund
24	Idil Hassan	Midaye
25	Steve Shaffelburg	NHS Kensington & Chelsea
26	Helen Leech	Open Age

27	Russell Lambert	The Pepper Pot Centre
28	Nicola Ellis	Turning Point
29	Gemma Bruce	Turning Point
30	John Piesse	Turning Point
31	Gladys Jusu-Sheriff	WAND UK
32	Anna Porta	Westway Community Transport

2. APOLOGIES FOR ABSENCE WERE RECEIVED FROM THE FOLLOWING

	Name	Organisation
1	Faith Ndirangu	Healthier Life 4 You
2	Margaret Asante	Next Steps (Chelsea and Westminster Hospital)
3	Everine Shand	TMO
4	Nafsika Thalassis	BME Health Forum